# HERIZONS





Aberdeen Boat Club 20 Shum Wan Road Aberdeen Hong Kong

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#### Car park Fee Label (\$1,500 per year)

New labels will be sent to all existing carpark label holders. However, should Members not wish to renew their carpark label or need to make changes to the Details on their labels, please contact Cobo on 2553/3032/

#### **Swimming Pool**

The Winter swimming pool opening hours Starting from Noecember 2010 until end February 2010 Monday to Tuesday 11:30am to 8:00pm Wednesday to Sunday 8:00 to 9:00pm

# COMMODORE



The Forty Fourth Annual General Meeting of the Aberdeen Boat Club was held on Tuesday 23 November 2010 in the presence of a small but enthusiastic group of members who achieved the quorum necessary by the due time. Although the turn out for the AGM is traditionally low compared to the scale of the membership this is perhaps an indication that members generally feel that the management and service offered is meeting your expectations. The AGM was preceded by a brief Extraordinary General Meeting to endorse procedural matters associated with the voting rights of members and registered partners.

This year has seen quite a lot of unexpected movement within the committee mainly due to members finding that they were unable to consistently provide the time necessary to contribute to committee work. This resulted in five vacant positions in the full General Committee strength of eighteen. Park Ng and Chris Pooley were re-elected to serve another term and I am pleased to announce that John Berry, Jon Zinke, Peter Wheeler, Ian Skeggs and Bart Kinman were elected to serve on the committee and fill the vacant positions.

Following the formality of the AGM I summarised the highlights of the year to members. I do not intend to recap on all of the issues here but would like to mention the main achievements associated with House and Building and Sailing and Marine. In House we will have completed by year end two major projects; the refurbishment of the swimming pool changing rooms in the first quarter and the renovation of the Four Peaks Restaurant in the fourth quarter. These projects were both long overdue and will

provide members with an enhanced level of enjoyment for many years to come. In Sailing and Marine we have added significantly to our fleet of dinghies to match the increased participation of members with the various courses and dinghy events on offer. We have also established a small but important fleet of J80 keel boats in order to allow the Club to compete in this new Hong Kong class. In addition we have continued to make improvements to our cruiser racing courses and management.

I have also established a new Development Committee to be chaired by the new Vice Commodore, David Tait. The objectives of this committee are to pursue the opportunities of short and medium term improvements to our best kept secret; Middle Island. I am aware of members concerns on staffing, water supply and boat storage and this new committee has a wide ranging brief to look at all issues where benefits can be realised.

Finally I would to offer my thanks to Jim Fulton and Matthew Johnson who have retired from their Flag Officer duties. Matthew has steered the House and Building Committee over the last two years and made a significant contribution to improvements in various areas. Richard Walker will take up the helm as Rear Commodore – House and Building.

Jim Fulton has stepped down after twenty five years as a Flag Officer. All but two of these have been as Honorary Treasurer with a two year time out to be Commodore. Jim will be staying on General Committee and will be available to offer his assistance to incoming Honorary Treasurer Yann Sandt.

Christmas is now upon us and I hope you will find the festive programme that Philippe and the team have put together to your liking.

Wishing all members a very Happy Christmas and a prosperous New Year.

Barry Hill Commodore

# ABC CHRISTMAS & NEW YEAR YOUTH SAILING PROGRAMME

Sat 18 Dec 2010 – Sun 2 Jan 2011



The Christmas and New Year school holiday can be one of the best times to sail; normally we can expect great conditions with good wind, making this time of year ideal for our more advanced courses. Naturally, its cooler and we remind students and parents of the need to wear appropriate warm clothes. However, often we have lovely sunny weather, so December sailing can be very rewarding! Our High Performance, Level 4 and Assistant Instructor Courses are also presently only offered once a year – so don't miss the opportunity!

Date & Time	Course	Age	Details	Cost
			(mem	ber) (Non-member)
Sat 18 Dec AM	Optimist Supervised Practice	7 - 14	Part of our on-going Supervised Practice sessions. Students must hold Optimist Stage 3.	240 / 320
Sat 18 Dec PM	Youth & Adult Supervised Practice	12 - Adult	Part of our on-going Supervised Practice sessions. Students must hold HKSF Level 2 or equivalent	280 / 375
Sun 19 – Thur 23 Dec AM	Optimist Sea Lion Stage 1	7 – 12	Entry level fun sailing for our youngest sailors!	COURSE FULL
Sun 19 – Thur 23 Dec PM	Optimist Sea Lion Stage 2	7 – 12	For those who have passed Optimist stage 1	800 / 1,064
Sun 19 – Thur 23 Dec	Beginners HKSF Lev 1 & 2	12 - 18	Basic entry level sailing for teenagers	2,400 / 3,200
Sun 19 – Tue 21 Dec	RS Feva Introduction Course	12 - 18	Hold HKSF level 2 plus some additional sailing experience	1,440 / 1,920
Sun 19 – Thur 23 Dec	Improver HKSF Level 3	12 – 18	Applicants need to have passed HKSF Level 2 and have a season of sailing practice since.	2,400 / 3,200
Sun 26 – Thur 30 Dec AM	Optimist Sea Lion Stage 1	7 – 12	Entry level fun sailing for our youngest sailor	rs! 800 / 1,064
Sun 26 – Thur 30 Dec PM	Optimist Sea Lion Stage 3	7 – 14	For those who have passed optimist stage 1 and 2	800 / 1,064
Sun 26 – Thur 30 Dec PM	Optimist Racing Course & Optimist Team Training	7 – 14	For children already racing Optimists or those who wish to start racing. Students must hold Optimist stage 3 certificate. must hold Optimist stage 3 certificate.	800 / 1,064
Sun 26 – Wed 29 Dec	ABC Introduction to High Performance Sailing	13 – 18	A 4 day "mini" course to introduce Spinnakers & trapeze based High Performance sailing. Ideal choice for students to gain experience if not yet ready or qualified to attend the complete HKSF Level 4 Course	1,920 / 2,560
Sun 26 – Mon 27 Dec	RS Feva Gennaker Intro Course	12 - 18	Students must hold an RS Feva Introduction Certificate	960 / 1,280
Sun 26 – Thur 30 Dec	High Performance Advanced Skills HKSF Level 4	13 – 18	5 day Advanced skills course including spinnaker, trapeze, boat handling, anchoring, introduction to navigation and meteorology. (Applicants need to hold Improvers HKSF Lev 3 and have one season of extensive sailing since)	2,400 / 3,200
Sun 2 Jan	1 Day Topper / Pico / RS Feva Supervised Practice	12 - 18	Ideal next step after a Beginners Level 2 course or just to get extra practice and improve skills.	480 / 640
Sun 2, Sat 8, Sun 9 Jan	ABC Assistant Instructor Course	14 -adult	Applicants need to hold HKSF Level 3 and have significant dinghy sailing experience in a variety of dinghies.	1,440 / 1,920

Further details and Application Forms for all courses are available at the ABC Main Clubhouse reception and on the ABC website, www.abclubhk.com. For more information, contact Angela Ho at SailingSecretary@abclubhk.com

#### **ABC High Performance & HKSF Level 4 Courses**

ABC currently only offers these courses once a year in December. We schedule them during the Christmas break as we can normally expect better sailing conditions with stronger winds. To pass a full HKSF Level 4 Course requires a year of sailing since passing your Level 3, and a significant amount of sailing hours recorded in your logbook. For those who wish to try their hand at more advanced sailing, including use of Gennaker and Trapeze, but don't qualify for the full Level 4, the ABC High Performance Course covers most of the same material over 4 days. These two courses are open to both youth and adult sailors, but for adults, they are priced at the cheaper youth rate.

#### **ABC Assistant Instructor Course**

The Assistant Instructor Course is one of ABC's highest level "in house" training courses, and provides a solid foundation for those who ultimately would like to go on and become Dinghy Instructors. The AI course acts as a "bridge" between volunteer helpers (we call them "Sailing Assistants") and those with a professional HKSF or RYA qualification. Normally, students on the Assistant Instructor course are well known to ABC, having spent some time volunteering and helping out on courses already. Practically, we expect Assistant Instructors to already hold an HKSF level 3 or equivalent, and have both a high level of sailing ability, as well as a calm and friendly personality. Interested candidates should contact our Dinghy Sailing Manager, Kevin Lewis, for further information.

#### **HKSF Level 3 Improver Course**

To qualify for a HKSF Level 3 course, students need to have passed an HKSF Level 2 course and have had a year of "logged" sailing since completing their beginner course. The Level 3 turns sailors with a basic ability into self-reliant, capable and versatile dinghy sailors. We usually try and introduce new boat types, and normally focus on the use of RS Fevas and single-handed Lasers.

#### **ABC Optimist Junior Sailing Programme**

All ABC Optimist courses are all run over 5 half days, usually 5 mornings or 5 afternoons. Our club has invested extensively in development of junior sailing, and actually subsidises our Optimist programme to keep costs at a very low level – so these courses are the cheapest we offer!

The Junior Scheme involves three basic "stages" that lead to a final Introduction to Racing Course. Stage 1 is the basic first step, and here we focus on helping the children gain confidence in the water and on the dinghy.

The stage 2 and 3 courses build on the interest that we hope to have developed in the first course. In stage 2 we expect students to sail single handed in their own boat, while at the end of stage 3 they should be confident enough to sail away from the shore, round a small triangular course and return back to the club safely.













# WATER FROM THE ROOF OF THE WORLD A TASTE OF THE TIBETAN HOLY LAND

The majestic Nianqing Donggula Mountains in Tibet store the very essence of its prehistoric glaciers.

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Flowing underground at 5100 metres, this Tibetan water is pollutant-free, balanced and mineralized.

Its esoteric mineral qualities make it undoubtedly one of its kind in the world.

### ADULT DINGHY SAILING

#### **Dinghy Supervised Sailing Sessions**

Open to members and non-members, these sessions are run by a qualified instructor who will tailor each session around those taking part. Help rigging and launching, a leisurely sail, setting out some buoys or even an introduction to basic racing will all be possible according to those taking part. To be eligible to attend, adults and teenagers need to have passed an HKSF Level 2 Course or equivalent;



for those younger Optimist sailors, they need to have already passed their Optimist Stage 3 course. We offer sessions on Monday afternoon, Tuesday morning, Saturday mornings and Saturday afternoons. A full schedule of dates, further information and application form is available on our website.

#### **Adult Laser 2000 Course - December**

Our next 2 day Adult Laser 2000 course takes place on 19 & 27 December. We particularly recommend these Courses, which are an ideal next step after a beginners course, or perfect for those who may not have sailed a dinghy for some time and want a quick refresher. Laser 2000s play a key role in our adult dinghy training and sailing, and here at ABC we think these boats are versatile and rewarding, accessible to those with limited sailing experience but still challenging and exciting when sailed at a higher level. Our club has ordered 3 brand new boats that will be delivered soon, bringing our fleet to 9 dinghies. Full details on our website, www.abclubhk.com

#### Adult HKSF Level 3 Course - January

Our weekends at Middle Island are very busy, and so we have few opportunities to offer more advanced courses, but January sees the opportunity for adults to enroll in a weekend Level 3 Improver Course when we can expect sunshine and great wind! To qualify for a HKSF Level 3 course, students need to have passed an HKSF Level 2 course and have had a year of "logged" sailing since completing their beginner course. Don't miss this opportunity! The course will run on 8, 9, 15, 16 & 22 January.



Bespoke Sailing Wear min order 10pcs. Polos, UV Tops, Shorts, Hats, Kit Bags, 2 in 1 Jackets, Fleeces, Rain Jackets and more. All in boat / club colours with full embroidery and printing if required.

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## LBC AIR CANADA ASIAN OPEN REGATTA























ABC once again supported our friends at Lantau Boat Club with their annual multi-hull regatta held on 13 & 14 November. There were ideal conditions with wind around 15 knots and some 50 entries including Dart, Hobie, Tiger, Nacra Infusion and even an impressive brand new Shadow. A total of 8 races were sailed, with the final one being an impressive two-lap long distance Island Race. Congratulations to Choi and Joe, LBC commodore, on winning the overall prize with 6 bullets out of 8 races, as well as taking first place in the F18 division. In the Hobie 16 fleet, it was Chris Steilberg and Ting who triumphed, with Richard and Michele winning in the Dart 18 fleet. LBC would like to thank our regatta commodore Stephen Wallace, Race Officer Brian Phipps and Safety Officer Kevin Lewis for preparing and organizing everything and supporting our most prestigious annual event. Air Canada returned once again as principal sponsor with support from Hemingways and 5100 Tibet Spring Water.





#### **Words & Photos: Kevin Lewis**

The Autumn in Hong Kong is very definitely regatta season, with major events taking place almost every weekend. ABC now supports and enters sailors in the majority of these Dinghy events, and this year's Laser Nationals on 27 & 28 November was blessed with perfect weather; clear blue skies and winds of 10-15 knots, with a few stronger gusts challenging some of the lighter competitors.

Five ABC Laser sailors entered the event this year, with a number of sailors from both our club and elsewhere missing out due to important exams. Overall entry numbers were down this year, with fewer adults in the Standard division, but a large growth in youth sailors, with some 17 competitors in the 4.7 class. This is very representative of the current efforts of the clubs and sailing centres in Hong Kong, who are all training and encouraging youth sailors at all levels.

With racing in outer Stanley Bay, the first race on Saturday proved too much for some, but experienced Laser sailors enjoyed the "champaign" sailing conditions, which continued throughout the weekend. In the youth 4.7 class, racing was extremely close, with only 4 points separating the first 4 places overall. Hebe Haven's Nagisa Sakai ended the weekend in front by only a single point, with James Johnson in second and also winning the under 16 category. Akira Sakai won in the Radials, beating RHKYC's Lars Schkade in second and Kwan Wing Ho from STA in third. ABC's Katriana Milne sailed hard all weekend and had some great starts, but struggled in the waves and finished sixth radial overall and second lady Radial sailor.

In the Standard class, the battle at the top was as close as it has ever been, with long-time Laser sailor David Early up against his slightly more youthful challenger Isamu Sakai. Throughout the championship the two were often no more than inches apart, with David making gains upwind while Isamu was consistently faster on the downwind legs. However, ultimately it was David Early's experience that gave him a slight edge with four bullets and two seconds, against Isamu's two wins and four second places. ABC's Simon Milne was consistent and showed how far he has come as a Laser sailor, finishing fourth in the Standard fleet of ten boats — a very worthy result, especially given the challenging conditions.





2010/2011 SPONSORED BY



2010

24 October

14 November

28 November

12 December

2011

13 February

27 February

13 March

03 April

Organised by the Aberdeen Boat Club www.abclubhk.com









## How to solve the Questions of Class

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Words: Win KaaKa Photos: Kevin Lewis

Sunday 28th was to be a very memorable Waglan 3 race day and not for all the right reasons.

With clear blue skies and nice east north east blowing a good 15kts the initial plan was to lay a course without a windward mark, the first mark of the course would to be Chesterman Bouy. But after a little discussion on the committee boat it was decided to have a windward mark and a 'J' flag, which should have helped our fleet to avoid the large dinghy regatta being sailed in Stanley Bay.

The start was slow with Elektra crossing the line first a good 5 seconds after the gun! All off and no dramas! The bigger boats all seemed to make good time to the windward mark. Kei Lun was coming up to the lay line and ready to tack when her steering cable broke. Mean-time several yachts sailed to within a boat length of Kei Lun calling









"starboard" before being warned to keep clear!!! They radioed for help but before it arrived they managed to socket the emergency tiller.

So at the end of the day, 2 yachts retired, 5 RAF, leaving only 3 yachts in IRC division A and 6 yachts in HKPN division A to collect points.

Now normally after the windward mark Round Island is left to starboard. But because flag 'J' was hoisted "all boats shall leave Round Island to port after the start and to starboard when finishing".

Many stories to be had in the bar afterwards, but all agreed that is was a great day sailing with good wind, clear blue skies and great competition! Thanks to all competitors and we hope for equally good racing for Waglan 4 and 5, scheduled for 12 December.

It turned out there were a few boats that had not read the Sailing Instructions! Rubian a new boat to ABC races, Redkite II and Yacht O all left Round Island to Starboard. Not good and required the Race committee for the Laser Nationals to delay there start sequence until the 3 yachts had passed. Finishing the race proved to be equally frustrating with Redkite II and Yacht O managing to pass Round Island the right way but yachts FG3, Thea and Jailbreaker returning the wrong side of Round Island! It was especially embarrassing for one J-Boat.



The other yacht to retire was Rubian with a broken seal on the backstay tensioner.



# HALLOWEEN PARTY Saturday, 30 October 2010













































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Shop No.2, Kingkey Palace Hotel, No.90, Yankui Road, Dameisha, Yantian District, Shenzhen, China











# FOOD & BEVERAGE DECEMBER

#### **REGULAR PROMOTION**

#### **Taittinger Champagne Madness**

Happy Champagne Hour at the Waglan Bar 2 Glasses for the price of one



#### Every Thursday from 6:00pmto 9:00pm

Please call Waglan Bar at 2553 3422 to make sure it is all chilled.

## Wok-fried noodle Station every sunday afternoon (except 26 December)

Afternoon from 12 noon to 2:30pm at the Patio Wok-fried noodle with salad bar \$80 Only noodle \$58

#### **Every Sunday Family Buffet**

at Four Peaks or Harbour Room

(except 26 December) All you can eat International Buffet

\$188 per adult \$105 per child under 12 years old

#### Feature:

Freshly shucked oyster; sashimi and sushi, roast craving station, ABC signature Hainan Chicken station, homemade dim sum, Chef Singh's Indian curry and more .....

Please call the Food and Beverage at 2553 3422 to reserve a table

#### Wine of the Month

#### Yalumba Y Series Pinot Grigio 2009

It is refreshing wine displaying aromas of pear and custard apple with a fine acidity, balanced by layers of lemon curd and a hint of marzpain. A light bodied wine, it has a slightly mealy texture that adds to the mouth watering and lingering finish.

\$180 per bottle \$38 per glass



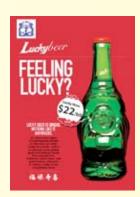
#### Yalumba Y Series Cabernet Sauvignon 2008

It displays exceptional varietal characters, with aromas of briar, black cherry, mint, eucalypt, and violets. These are complemented by hints of cinnamon, vanilla and chocolate. The palate offers flavours of black cherry and ceder wrapped in a medium bodied frame with velvety tanins.

\$180 per bottle \$38 per glass



#### Beer of the Month



Lucky beer @\$22 per bottle

#### Winter Cocktails



Mulled Wine (hot) @ \$36

#### Vanilla Mimosa @48

Vanilla liqueur, orange juice, sparkling wine

#### Ginger and Herbs Tea @\$35

Fresh ginger, lemongrass, camomile, Korean citrus, honey

# SPECIAL CHAMPAGNE PROMOTION

#### **Brut Rosé**

#### **Elaboration:**

Besserat de Bellefon uses grapes from the finest

locations in the region: Le Mesnil sur Oger, Chouilly, Cramant, Grauves, Fontaine-Denis, Bisseuil, Bassuet, Boursault, Venteuil, Reuil, Verzenay, Cumières, Vertus, Bouzy, Les Riceys. The three grape varieties are used to make this wine: Pinot Noir for body and power, Pinot Meunier for tender and fruity notes, Chardonnay which adds finesse and delicate aromas.

#### **Tasting notes:**

- The colour is a soft pink with salmon high lights. Fine froth forming a creamy ring in the glass.
- The nose is generous, intense and refined, with very marked notes of small red fruits, especially wild strawberry. It carries suggestions of almond and redcurrant jelly. As the wine opens up, there are notes of lime and hawthorn blossom.
- Good weight on the palate. Initial impact is slightly acid, then red fruits are back to the fore with blackcurrants and redcurrants. The finish is delectable and delicately spiced.

#### Wine Maker's advice:

Delicisou as an aperitif. Also ideal with desserts such as mousses or red fruit, brioche. Price per bottle: \$ 400

#### Brut

#### **Elaboration:**

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Le Mesnil sur Oger, Chouilly, Cramant, Grauves, Fontaine-Denis, Bisseuil, Bassuet, Boursault, Venteuil, Reuil, Verzenay. The three grape varieties are used to make this wine: Pinot Noir for body and power, Pinot Meunier for tender and fruity notes, Chardonnay which adds finesse and delicate aromas.

#### **Tasting notes:**

- Brilliant straw colour with copper highlights. Fine, persistent froth forming a noticeable ring.
- The nose is open, beginning with floral aromas (honneysuckle, acacia) and dried flower notes. The aromatic palette reveals more fruity fragrances such as white peach and mirabelle plum. As the wine opens up, hazelnut and praline notes appear.
- On the palate, the initial impact is fresh and lively, and the wine is full-bodied with a very silky structure, in full harmony with the complex aromas. Definite fresh fruit notes of apricot, pineapple, and bush peach. A long and assertive finish, boding well for this elegant and distinguished wine.

#### Wine Maker's advice:

To be enjoyed at all times. It will be at its very best with poultry, white meats, served with sauce.

Price per bottle: \$ 360



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# SPECIAL PROMOTION DECEMBER

Please see our Christmas booklet sent earlier or visit the Club's website. For booking and more information, please contact our Food and Beverage Manager, Mr Colin Fung on 2555 6216 or e-mail: fnb@abclubhk.com.

#### **Christmas schedule:**

Christmas Children's Party Commodore's Drink at MI Christmas Caroling HK Welsh Male Voice Choir Dong Zhi Festival

Christmas Eve Champagne Dinner Christmas Day Celebration Lunch Middle Island Turkey Lunch Boxing Day Brunch

Boxing Day Brunch Boxing Day Dinner New Year's Eve Party New Year's Day Lunch Saturday, 11 December
Sunday, 12 December
Wednesday, 15 December
Sunday, 19 December
Wednesday, 22 December
Friday, 24 December
Saturday, 25 December
Saturday, 25 December
Sunday 26 December
Sunday, 26 December
Friday, 31 December

Saturday, 1 January 2011

### SPECIAL DURING CHRISTMAS HK Welsh Male Voice Choir

Date: Sunday, 19 December

Venue: The Patio, Deck and Pool side

Time: 7:15 pm

Price: \$350 per adult, \$150 per child up to 16 years old

The Hong Kong Welsh Male Voice Choir has a repertoire of more than 80 popular songs, including many traditional Welsh melodies as well as a wide variety of timeless and contemporary numbers sung in English, German and even Swahili!

Proceeds from the night will go to "The Little Sisters of the Poor"

A welcome drink followed by a four-course dinner will be served during the show.

Remember to make your bookings with our Food and Beverage on 2555 6216 or e-mail to Mr Colin Fung at fnb@abclubhk.com

Note: 48 hours notice- no charge for the balance / 24 hours notice – 50% of the event price / cancellation on the day of the event – no refund



If you want to book our rooms for private Christmas functions, please contact our F&B department. Whether you need Christmas set menus or perhaps a Christmas buffet, the Club has got them all prepared for you to suit your needs. Please contact our F&B manager Colin Fung on 2555 6216 or email fnb@abclubhk.com

#### Christmas Set Menu A

(For parties or dinners) \$328 per head including party favors

Homemade goose liver terrine on a Champagne jelly
Or
Grilled pigeon breast with Port Wine Sauce

Bouillabaisse

A traditional French seafood broth

( severed with mussel, scallop, prawn and salmon in a saffron fish broth)

Herb butter and caramelized-onion basted turkey accompanied by traditional bread, herb and garlic stuffing served with a pâté chestnut and brandy sauce . roasted new potato tossed in garlic butter with sage bacon and green beans

Or

King prawns Thermidor with baby carrot and brussels sprout

Or

Grilled veal chop served with Marsala sauce potato steak and baby zucchini

Christmas pudding and warm vanilla sauce

Coffee, tea

Mince pie

Christmas cookies

#### Christmas Set Menu B

(For parties or dinners) \$288 per head including party favors

Pan-fried goose liver scented with Marsala wine on a
Chinese brioche

Or

Salmon terrine on rose wine dressing

Chestnut soup on Brie cheese dumpling

Herb butter and caramelized-onion basted turkey accompanied by traditional bread, herb and garlic stuffing served with a pâté chestnut and brandy sauce.

roasted new potato tossed in garlic butter with sage bacon and green beans

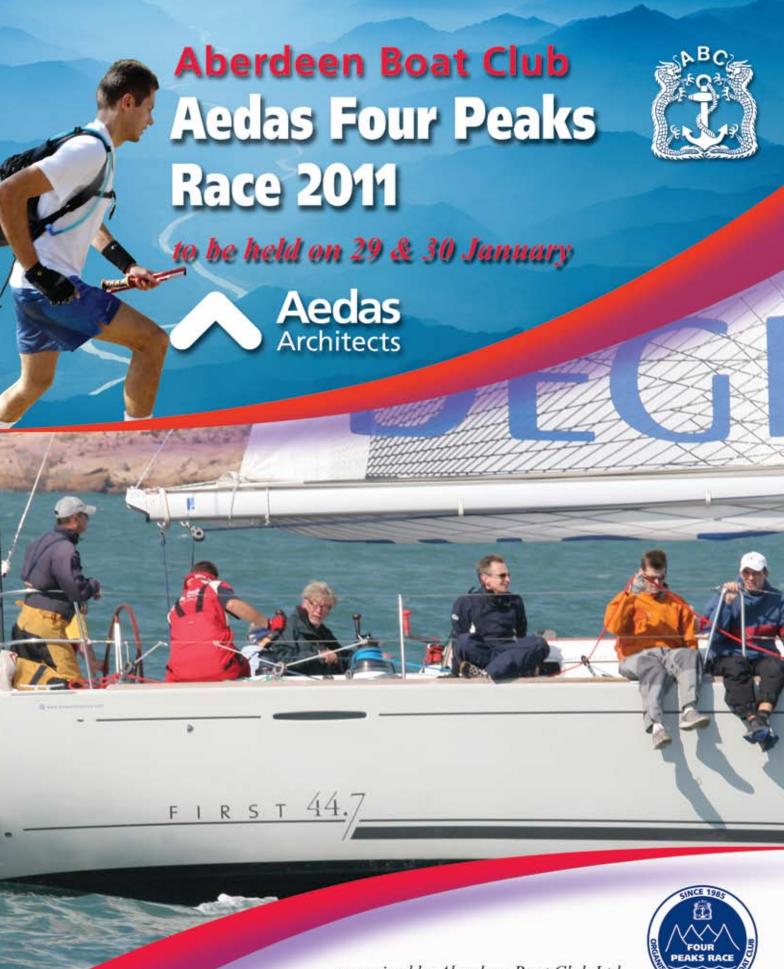
Or

Baked cod fish fillet served with tamarind chutney and \_\_\_\_\_ mint jus

Christmas pudding and warm vanilla sauce

Coffee, tea

Mince pie



organised by Aberdeen Boat Club Ltd
For racing instructions and entry form,
please contact Angela Ho, Sailing Secretary
on 25528182 Ext. 836
e-mail: sailingsecretary@abclubhk.com

