

HORIZONS

The magazine of the Aberdeen Boat Club Ltd

September 2010





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CONTENTS

<i>Commodore</i>	1
<i>Discover the World of Wines</i>	2
<i>News From Membership</i>	3
<i>RYA Yachtmasters' course / Novatec Yacht adv</i>	4
<i>Fishing News August 2010</i>	5
<i>The Voyage Continues 2010</i>	6-11
<i>Simpson advertisement</i>	12
<i>Adult Dinghy Course / Swimming Gala</i>	13
<i>Summer Youth Sailing Programme</i>	14
<i>Dinghy Supervised Sailing Sessions</i>	15
<i>Kingsway Marine advertisement</i>	16
<i>ABC Youth Sailing Teams Autumn 2010</i>	17-18
<i>ABC Sailors Compete at RS500 World</i>	19
<i>ABC October 2010 Youth Sailing Programme</i>	20
<i>Jebsen Marine advertisement</i>	21
<i>Moby Dick in Sweden</i>	22-23
<i>Food and Beverage</i>	24-25
<i>Mid-Autumn Festival at the Club</i>	26
<i>Beverage September</i>	27
<i>Upcoming Events in October</i>	28
<i>Home Wine Delivery</i>	29
<i>ABC Summer Photography Competition</i>	30

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COMMODORE

May I take this opportunity to welcome back those of you who have flown away for holidays in other parts of the world. The good news for us Hong Kongers is that having enjoyed holidays in some other location we now have the best 3 months of weather to enjoy.

I hope you have had the opportunity to capture a few photographs on your travels which you can enter into our Summer Photography Competition, the theme of which is simply 'Holidays'. The deadline for entries is 10 September 2010.

The Aberdeen Boat Club is very conscious of the fact that water sports, like a lot of other outdoor sporting activities, have an inherent risk level which can prejudice the safety of the participants. In organising our boating and sailing activities we do all we can to ensure that the safety of members is paramount. It is also necessary of course for members to take responsibility for ensuring their own safety whether it is the provision of adequate clothing, safety equipment or sufficient food and beverage when out on the water. Following a recent incident during a Summer Series Race when a fierce squall turned a previously benign Sunday afternoon into a blackened 30 knot howler, the Race Officer noted that one of the boats had not finished and had not notified him of their retirement from the race. Several members were then involved in a long search for the missing boat after the squall had passed only to find the crew and the boat safe and sound at anchor. I wish to emphasize the need for all race competitors to carry VHF and mobile phone communication devices and to make the Race Officer or the Club aware of any retirement from organised events such that all participants are accounted for as soon as the race has finished.

I am pleased to report that our two main objectives for 2010 of establishing a J80 fleet and refurbishing the Four Peaks Restaurant are progressing well.

Bruce Perkins and Elaine Morgan have been working hard on all the issues associated with the J80 programme. An excellent Open Day was organised at Middle Island at the end of July whereby interested members could take out the fast and sporty J80 for a test sail and talk directly to

the MJM Yachts representative on the finer points of this competitive yacht. We are continuing to work on issues associated with the programme and in particular optimise storage and maintenance arrangements for the boats.

Design work on the Four Peaks Restaurant is moving ahead with Ellen Zinke and Matthew Johnson working with an Interior Designer to provide the necessary balance between a fine dining ambience and a maritime theme. The initial concepts have been presented to General Committee and generally well received. Further details are being considered before proceeding to contract. The programme is to complete the project before the end of November in time for the Christmas festivities.

During the last couple of months we have reviewed and updated the Reciprocal Agreement between ourselves and Hebe Haven Yacht Club. The Agreement had not been amended since it was first initiated in 1999 and although there were no fundamental changes necessary it was considered appropriate to reflect the latest operating procedures of both Clubs. In addition, the intention is for both Clubs to capitalise on their strategic locations in terms of working together on issues which are of benefit to the members of each Club.

By the time you read this the likelihood is that the Opening Regatta will have been held but as of today preparations are well advanced and we hope to be blessed with blue skies and a steady 15 knots. A full report will appear in the October issue.

Safe sailing and fair winds.

Barry Hill
Commodore



DISCOVER the World of Wines



We invited you to join this trip to discover the world of wines in Aberdeen Boat club where we will experience the different wine regions of the world while enjoying a beautiful selection of wines from Watson's Wine Cellar.

All will happen in a friendly environment full of activities, group games and big wine surprises.

The training will be conducted by David Pedrol, who is a recognized WSET teacher with more than 10 years' experience in the wine business.

Coming from a wine growing region, he develops his knowledge from the work in the vineyards to the wine making process in some of the most prestigious wineries in the world. At the moment, he is in charge of Watson's Wine Wholesales from where he will delight us with a fantastic selection of wines.



The course will consist of 3 ninety-minute sessions with a final barbecue party for the participants, family and friends.

14th October - Session 1 (7:30pm – 9:00pm)

- Introduction to wine
- Introduction to wine tasting
- The service of wine
- Identify the key countries and regions for the production of wine and identify the main styles of wine produced

28th October - Session 2 (7:30pm – 9:00pm)

- Professional Responsibility
- Wine tasting II
- Food and wine matching
- Food and wine matching activity

5th November - Session 3 (7:30pm – 9:00pm)

- Review of learning
- Examination
- Big Barbecue Party to celebrate the end of the course

Don't miss this opportunity to enjoy and learn about wines in ABC.



Price for members : \$680 per person. Price for members' guests: \$750 per person
(includes course materials wine tasting and some fine wines, barbecue party with wines)
\$250 per person for only the barbecue party.

Please contact Food and Beverage Manager Colin Fung at 2555 6216 for more information.

NEWS FROM MEMBERSHIP

EXTENDED MEMBERS REWARD SCHEME (until December 2010)

The Club would like to encourage you to introduce new members to join the ABC through our "Members Reward Scheme"

YOU DO NOT HAVE TO PAY
your monthly subscription(s)

\$2,300
(TWO months subscription FREE)
if you introduce one new member

\$4,600
(FOUR months subscription FREE)
if you introduce two new members
within one month

\$6,900
(SIX months subscription FREE)
if you introduce three new members
within one month

ABC SPECIAL PROMOTION *From 1 September – 31 October*

YOU CAN
SAVE \$18,000
ON LIFE MEMBERSHIP
ORIGINAL ENTRANCE FEE

\$38,000
NOW \$20,000

What's more,
our normal monthly
F&B \$250 charge will be waived
for one year

*Limited to 20 Memberships
A first-come-frist-served basis*

NEW MEMBERSHIP TYPE

If you know any young
potential members between
the age of 18 to 30
tell them that they can join the Club
under our New Membership Type

"Young Associate Member"

ALL THEY NEED TO PAY IS

\$7,500 per year and
\$740 monthly subscription
\$250 minimum FNB per month

For more details, please contact our Membership Service Manager Cobo Liu on 2553 3032

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With more than 36,000 professionals in 500 offices across 120 countries, Aon is the world leaders of risk management, insurance and reinsurance brokerage, and human capital consulting. We have yacht specialists in Hong Kong, London, Rotterdam, New York and Fort Lauderdale, providing global access with local service to you.

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AON



R.Y.A. YACHTMASTERS' COURSE 2010 -2011

R.Y.A. Yachtmasters' "Offshore" twenty eight week shore based theory course is being held at the Mariners' Club, Middle Road, Kowloon for 2010/ 2011 at the R.Y.A. Training Centre. Hong Kong.

The course contains a new section dealing with way-point Navigation using the RYA/ Admiralty Electronic Chart Plotter to simulate vessel navigation in offshore and coastal waters. A lap-top will be needed.

This course is designed for the Yachtsman who wishes to manage his/her yacht with confidence in Offshore waters up to 100 nautical miles off the coastline.

This course is part of the R.Y.A. Offshore Yachtmaster Training Scheme.

Course starts on Tuesday 12th October, 2010.

Course Tutor : Nic Robinson.

Qualified R.Y.A Offshore Instructor.

Duration of course : 28 weeks for three hours per week, 6.00-9.00 p.m.
One day per week. Normally Tuesday evenings.
R.Y.A. structured course .

Qualifications : Applicants are normally expected to hold the Local Master's P.V. Licence Grade Two Master and Engineer.

Course fee : 28 weeks course H.K.\$ 9,950

Application. : Apply now for enrolment form to : www.pleasurecraft.com.hk

Payment : To ensure a place on this course please send a cheque for the course fee payable to :N. J. Robinson Co. Ltd.
Enrolment form contains the correct address.

Applications close on 1st October, 2010

Enquiries : Call **Nic Robinson.**
Tel **2711-2715.**
Mobile **9022-8301.**
Fax **2711-2999.**
Email **nic@pleasurecraft.com.hk**



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Princess 54(2007)
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Princess 58(2007)
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Princess 67(2007)
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Princess 67(2009)
US\$1,680,000

FISHING NEWS AUGUST 2010



Saturday the 30th July gave the usual weather forecast, but conditions were looking good, South wind and Southern waves of 1-1.5 m. We headed out expecting to have to go a long way out given the amount of rain we have had. As we passed the Limas in very brown water we came across a school of tuna feeding on the surface, out went the lines and after several passes we had no takers. We fished the area for approximately an hour seeing another school and a bait ball before bringing in the lines and heading out to look for the blue water. After passing the 30 mile mark the water improved enough to reset the lines, water was clear with slight tint of green. We traveled south crossing a number of good lines but we saw nothing. And so it was to be a skunk, the first of the year. Reports received showed that to be a similar case over a wide area, with three boats at the Riggs and only one catching 3 small grouper.

The following Tuesday we took time off fishing and took the family to the beach at Tai Long Wan. A great day, clean clear water, lots of sunshine, almost a holiday!

Friday 6th August Kidusi was out again but this time we had our first fish before all the lines had been set! A Mahi of 6 Lbs, in moderate seas, wind was force 4-5 East and 1-2 meter waves, also from the East lots of white caps making the lures difficult to see and no tide lines. We came across a number of schools of Kawa Kawa with several multiple hook ups; there were also a large number of birds working the area, which was a pleasant to see. We moved South to some 26 miles out coming across a number of ships anchored awaiting



to dock however they had not been there long enough to have fish under them. As the day wore on the tide changed and the lines began to form with more clarity, it was approaching one of these that a Sailfish fin was seen just above the sea surface but before we had time to move closer we had a strike which turned out to be a small Wahoo. Shortly after that we were hit by another strike this time something I have not seen in Hong Kong for a very long time, a Queenfish! Returning to the line and a double strike brought in two Mahi, one being the biggest on the day at 16lbs. Two more followed; unfortunately we were running out of time and had to return home.

Total for the day

6 Kawa Kawa Tuna	1 Wahoo
4 Mahi Mahi	1 Queenfish

If you are thinking of bringing bananas on your next trip.....DON'T



The Evils of the Banana

Bananas are a mainstay of most cultures and are the world's most popular fruit. However, these deliciously yellow treats have no place at sea. Since the 1700s, it has been widely believed that having a banana on board was an omen of disaster.

In the early 1700s, during the height of the Spanish's South Atlantic and Caribbean trading empire, it was observed that nearly every ship that disappeared at sea and did not make its destination was carrying a cargo of

bananas. This gave rise to the belief that hauling bananas was a dangerous prospect. There are other documented origins to this superstition as well.

Another explanation for the banana superstition is that the fastest sailing ships used to carry bananas from the tropics to U.S. ports along the East Coast to land the bananas before they could spoil," Chahoc said. "The banana boats were so fast that fishermen never caught anything while trolling for fish from them, and that's where the superstition got started.

Another theory is that bananas carried aboard slave ships fermented and gave off methane gas, which would be trapped below deck. Anyone in the hold, including cargoes of imprisoned humanity, would succumb to the poisoned air, and anyone trying to climb down into the hold to help them would fall prey to the dangerous gas.

And finally, one of the better known dangers of bananas at sea, is that a species of spider with a lethal bite likes to hide in bunches of bananas. Crewmen suddenly dying of spider bites after bananas are brought aboard certainly would be considered a bad omen resulting in the cargo being tossed into the sea.

Any of these scenarios could be the reason behind fishermen's mistrust of the yellow fruit, possibly all of them. Whatever the case may be, it is best that you don't attempt to bring any bananas on board your next seafaring excursion, just to be safe.

Tight Lines



THE VOYAGE CONTINUES 2010 CYCLADES ISLANDS

“The Voyage Continues” is the name given to an annual sailing week which began in 1988. Every year since the inaugural passage across the English Channel the crew has chartered a boat in a different location for a week in June. The 23 charters to date have accumulated 8000 miles and over 230 landfalls.

Greece has been the chosen cruising ground for all the TVC charters since 2002 and provides an excellent mix of spectacular scenery, superb sailing conditions, endless harbours and great hospitality. The recent economic woes affecting this country of 11 million people and 1400 islands have been well publicised of late with fierce clashes occurring between protestors and police on the streets of Athens. It is to be hoped that the severe austerity measures which are now necessary because of the impact of the Euro, the Olympics and general economic mis-management will be sufficient to get this resilient nation back on its feet.

This year the passage plan was to follow a clockwise route through the Cyclades Islands which are scattered across the southern Aegean Sea between the Peloponnese and Turkey; they are bordered by the Saronic Gulf Islands to

the west, the Dodecanese Islands to the east and Crete in the south. A week would only allow visiting a select few of the 39 in the group but the experience of previous charters helped with the choice of route.

The Cyclades have been inhabited since 7000 BC and were occupied in succession by the Minoans, the Myceneans, the Doreans and later, the Macedonians. In 146 BC the islands became a Roman province and trade links were established with many parts of the Mediterranean, bringing prosperity to the islands. They came under Turkish rule in 1537 and became neglected backwaters, prone to pirate raids. The labyrinthine, hilltop character of their towns dates from this period with the mazes of narrow lanes designed to confuse invaders.

In 1771 the Cyclades were annexed by the Russians during the Russian-Turkish War, but were reclaimed by the Ottomans a few years later. The Cyclades’ participation in the Greek War of Independence was minimal, but they became havens for people fleeing islands where insurrections against the Turks had led to massacres. During World War II the islands were occupied by the Italians.



Galileo Charter Yacht



Gone Fishing



Ice Run at Piso Livadhi

The fortunes of the Cycladic islands have been hugely revived by the tourism boom that began in the 1970s. Until that time, many islanders lived in abject poverty and many more gave up the battle and headed for the mainland in search of work.

Winters are never too cold in the Cyclades and snowfalls are rare, although Paros saw snow for the first time in many years in 1992. The islands lie right in the path of the summer Meltemi, a strong northerly wind that sweeps across the eastern coast of mainland Greece and down through the Aegean Sea. In addition to confining prudent skippers to shore side tavernas, it can create havoc with everything from ferry schedules to beach umbrellas. Average summer temperatures are 30°C and upwards.

The crew of 6 from Hong Kong, Jakarta, Singapore and the UK returned to the welcoming Saron Hotel in Souinon, an easy 45 minute drive from Athens Spata airport. Arriving a day early provides the opportunity to adjust to the new time zone, but more importantly ensures the handover and provisioning can be done in good time to allow a late afternoon departure. With only one week for the cruise, the best use of time is an essential pre-requisite for the trip. The lack of local guests at this simple hotel was a reminder that all is not well in the birth place of the Olympics.

Our departure port was Lavrion which, in days gone by, generated wealth from mining cadmium, manganese and lead. Nowadays the marina provides a good alternative to the massive complexes in Athens both in terms of access and charm. It is well located for heading southwards to the Cyclades.

The Ocean Star 51.2 is an excellent boat for Mediterranean cruising in terms of accommodation, performance and cockpit space as has been proven on previous charters. We were familiar with Perseus from last year and welcomed the addition of a cockpit plotter and several other improvements. As always our kit included a whole range of useful boat bits which may or may not be needed. Many years of chartering has taught us the benefits of packing a few extra items in the bag.

The provisioning crew went off to the supermarket to pick up a well proven array of supplies which were then delivered to the boat. The Greek salad produce is always inviting and with a good selection of cheese, hams and fruit makes an ideal alfresco lunch. Our routine is generally to make two landfalls each day to increase the amount of manouvering interest and see as many anchorages and harbours as the navigation plan will allow. The midday swim stop followed by the cockpit lunch spread has become a TVC tradition.



Cool Dude

After a hearty lunch in the market square, we left the confines of the marina and set a course for the 30 miles to Kithnos, a barren rocky island with a summit of 300 metres. With the sun setting on the first day we entered the secluded anchorage of Ormos Apokriosis, which we would share with the magnificent three masted schooner, the Sir Winston Churchill. At 41 metres and 333 tonnes, she has been elegantly refitted to provide luxurious accommodation for 12 guests on charters around the islands. The crew settled in for the first night on the hook whilst enjoying a fine dinner, a bottle of wine or two and catching up on tales from around the world. Glasses were raised to Ensign Bewes who unfortunately could not be with us this year.

The following day began early for the 35 mile run due east to Siros. Sails were hoisted and although the Ocean Star is not the most nimble of yachts we tacked our way out of the tight anchorage before freeing up for what would be the first of several great sailing days. Surprisingly, the wind was from the south west which was ideal for our course. Our lunchtime stop was Finikas, a delightful town on the south western side of the island. With the southerly wind making the main harbour untenable, we found a secluded berth adjacent to the naval base and took a stroll to the Limanaki Taverna for a long lunch overlooking the beach.

In the Middle Ages the Venetians, aware of the strategic importance of Siros along the Aegean trade route, occupied the island and enhanced its prosperity. In the seventeenth century the island came under the protection of the French and so escaped the Turkish occupation. In the steam age Siros became the principle port in the Aegean and a major coal bunkering station for ships on passage through the Cyclades. Its importance subsequently declined with the onset of oil for propulsion. The impressive working port of Ermoupolis is now a mercantile centre and major ferry hub. The island is famous for excellent Turkish Delight.

From Siros we set a course due south to Paros and enjoyed an afternoon of champagne sailing with 25 knots on the beam. Paros is my favourite island; this was to be my eighth visit and it never lets you down. If you only ever go to one island in Greece, go to Paros.

In September 2000, the ferry Samina Express hit the Portes rocks which guard the approach to the principle township of Paroikia. Eighty people died in the worst maritime disaster in Greece for 35 years. Paroikia has been noticeably tidied up over the years but the old world charm remains. The waterfront is now home to many delightful bars and tavernas which provide a good refuge from the midday sun to watch the constant coming and going of the ferries bringing the throngs of backpackers.



Paroikia on Paros



Make Way

Behind the waterfront, the thirteenth century old quarter is an intriguing place full of narrow winding alleys with dazzling white cubes of typically Cycladic houses and churches draped in bougainvillea.

Paros deserves several days but our passage plan only allowed a morning. Good eggs were found in a cool square and after replenishing supplies at the market and the superb bakery we cast off for the short hop along the northern coast to the picturesque village of Naousa. After a neat stern to in the small crowded harbour we were made up when the ice truck slowly manouvered along the quay to deliver large blocks to the fishing fleet. One was enough; payment was a couple of beers.

From here we set a course for Iraklia via the Naxos Paros Channel. The wind was freshening and Perseus tramped along at a steady 9 knots as the mountainous landscape of Naxos disappeared off the port stern.

Ay Yeoryios on Iraklia is one of those places that you only get to by boat. The small quayside was nearly full with a collection of charter boats and long term cruisers but we managed to land Perseus stern to at the second attempt after a first effort failed to achieve a good bite. There was lots of chat amongst the cruising folk and we gleaned some valuable information from a local skipper on the islands to come.

An early departure to Folegandros found the wind still in the west but with northerly's forecast later. We altered course to drop south of Sikinos and take a lunch and swim stop at the only anchorage on the south side. Here, we dragged in the strong gusts and had to re-lay the big CQR to get well dug in.



Loutra on Kithnos

The late afternoon approach in heavy seas to Folegandros was dramatic with the towering cliffs silhouetted against the sun. There was just enough time for a generous TVC gin and tonic in the cockpit before the bus arrived in the port for the dusty 15 minute chug to the chora at the top of the cliffs. The place was alive with holidaymakers and locals enjoying the simple but chic boutiques, art galleries, classy tavernas and spectacular views. We joined a good crowd of Germans in the Trikeri Taverna and watched their World Cup team run rings round Ghana. This was a great find and every bit as good as the more famous Santorini some 30 miles to the south east. As we headed north in the early morning light the true scale of the chora perched on the edge of the sheer cliffs became apparent. It must be quite an experience to be up there and staring into the teeth of a full blown meltemi. It's what it is now.

After a trouble free voyage we were hit with a double whammy in Loutra on Kithnos. In the middle of the night a short but violent storm came through and with a nasty surge in the harbour the crew had to harden up the anchor and stern lines in the driving rain. When leaving in the morning our anchor had been crossed and in releasing the offending anchor Perseus was blown across the chain of a large power cruiser. The cruiser crew eased their chain and all was well.



Sir Winston Churchill at Apokriosis on Kithnos



Stern to in Iraklia

THE VOYAGE CONTINUES 2010 CYCLADES ISLANDS

Total Distance - 268 nm



Our last night landfall was at Voukaria on Kea. It was twelve months to the day that we were last here but on this occasion there was no room at the inn and we had to anchor off like many others. A full moon bathed the anchorage as the waterfront tavernas hosted a jovial boating crowd with music and wine.

This year's cruise provided a week of champagne sailing with the highlight being our first visit to the cliff top chora on Folegandros. The Voyage Continues made 13 landfalls and covered 268 miles. Long may it continue.



Barry Hill
Skipper
The Voyage Continues



BENETEAU



Pictures : Gilles Martin-Raget

Premiere - Oceanis 58

To live aboard,
it is incredibly pleasant and relaxing.



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MARINE

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ADULT DINGHY COURSE



ABC ANNUAL SWIMMING GALA ~ DON'T MISS THE FUN!!! 25 SEPTEMBER 2010



This year the children Swimming Gala will take place from 11:00am on Saturday, 25 September 2010

Entry forms are available from The Galley.

Participants should gather at the pool by 10:30am to be ready for the first race at 11:00am.

Please contact Cobo on 2553 3032 for details

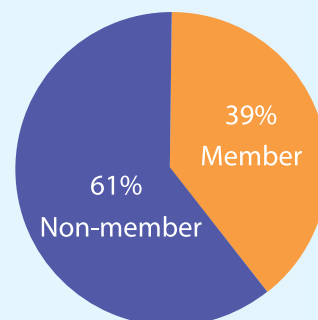
SUMMER YOUTH SAILING PROGRAMME



Once again ABC was busy all summer with 22 sailing courses and activities running out of our Middle Island Sailing Centre. As usual, our Junior Sailing Programme for our youngest sailors proved the most popular, but other courses included HKSF Level 2 and Level 3, RS Feva, Windsurfing, and a hugely successful Watersports Week. A big thanks to all the Instructors, Assistants and helpers as well as the Marine and F& B staff for making it all happen so smoothly.



We are often asked how many members and non-members participate in our courses, and so for this summer we illustrate here the growing trend of attracting more non-members to ABC. When the current Dinghy Sailing Scheme was launched in 2007 the majority of participants were club members, but as dinghy activities increase, the numbers of non-members taking part has grown too. The demand for Cadet memberships has also seen a big increase as our programme becomes known throughout Hong Kong and more people come to sail at ABC!



2010 Summer Youth Sailing Programme participants



DINGHY SUPERVISED SAILING SESSIONS

ABC is pleased to announce a new schedule of “Supervised Sailing” for Dinghy Sailors. Open to both youth and adults, these sessions are designed to offer a reduced cost opportunity to get more practice on the water following the completion of a sailing course. They are also ideal for members who may want to go for a sail, but may not have the confidence to do so alone, or may have forgotten some of the key techniques – or even may feel unsure of how to properly rig their boat.

Open to members and non-members, these sessions will be supervised by a qualified instructor who will tailor each session around those taking part. Help rigging and launching, a leisurely sail, setting out some buoys or even an introduction to basic racing will all be possible according to those taking part. To be eligible to attend, adults and teenagers need to have passed an HKSF Level 2 Course or equivalent; for those younger Optimist sailors, they need to have already passed their Optimist Stage 3 course.

We will start by offering 3 sessions:

Tuesday Morning Adult Supervised Sailing

These sessions are aimed primarily at those with children at school who may want to take the opportunity to meet together and spend a morning at Middle Island. Not just a ladies sailing session, open to anyone at all who has the morning free. We meet at the main ABC club at 9am.

Saturday Morning Optimist Supervised Sailing & Racing

We hope that Saturday mornings becomes a regular chance for our younger sailors to get extra practice, and also get a chance to start racing. Open to Optimist sailors only, these sessions aim to act as both an opportunity to get time on the water, as well as race practice with the aim of possibly qualifying for the ABC Optimist Team.

Saturday Afternoon Youth and Adult Supervised Sailing

For those who may have recently completed a Beginners course, this is the best time to get extra practice. Families may sail together as well, but note that both adults and teens need to hold an HKSF Level 2 or equivalent; these sessions are not open for younger Optimist sailors.

Numbers on each Supervised Sailing session are strictly limited and advance booking is required to be sure of a space. Those interested should check the ABC website that now has a dedicated page for Supervised Sailing, with the application form available for download and a list of available dates. Bookings should be made to Angela Ho at SailingSecretary@abclubhk.com. Note a reduced rate is available for monthly bookings.





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HOT SUMMER PROMOTION



Never Settle Until The Best

ABC YOUTH SAILING TEAMS AUTUMN 2010



In 2008 ABC launched its first ever Optimist Youth Sailing Team, followed quickly by Laser and RS Feva Squads. In the first half of 2010 we had 14 dinghy team members and to further support our competitive sailors, ABC has now employed Rory Godman, a Race Coach and Instructor from New Zealand. Rory will work with our Dinghy Sailing Manager Kevin Lewis, to expand the squads and improve our competitive performance. While still focusing on youth sailors, our Laser team is also open to adult sailors, and we would encourage adults to consider becoming involved and to take advantage of the race support ABC can provide.

This Autumn, we will be offering a programme of after-school coaching once a week, as well as professional fitness training, and this will be provided for our team members at no extra cost. Details will be circulated as soon as the schedule is set up. The regatta and training schedule is shown below, our teams will enter 5 regattas and also race in each ABC Club Dinghy Race, with a total of 16 sessions offered. As usual, applicants may select to attend the full 16 days or the reduced 12 day option.

Dates	Optimist Team	Laser & Feva	Activity
Sat Aug 28	✓	✓	Team Training
Sat 4 Sept*	✓	✓	ABC Opening Regatta
Sun 5 Sept*	✓	✓	ABC Opening Regatta & ABC Autumn 1 Dinghy Races
Sat 11 Sept	✓		Joint Club Training (Optimists only)
Sun 12 Sept		✓	Joint Club Training (Lasers & Feva only)
Sat 18 Sept	✓		Team Training (Optimists only)
Sun 19 Sept	✓	✓	Team Training & ABC Autumn 2 Dinghy Races
Fri 1 Oct*	✓	✓	HKSF International Regatta at STA
Sat 2 Oct*	✓	✓	HKSF International Regatta at STA
Sun 3 Oct*	✓	✓	HKSF International Regatta at STA
Sat 9 & Sun 10 Oct			HHYC Charity 24 Hour Race (no charge for this event)
Sun 17 Oct	✓	✓	Team Training & ABC Autumn 3 Dinghy Races
Sun 31 Oct	✓	✓	Team Training & ABC Autumn 4 Dinghy Races
Sun 14 Nov	✓	✓	Team Training & ABC Autumn 5 Dinghy Races
Sat 27 Nov*		✓	HKLCA Laser Class Championships (Laser team only)
Sun 28 Nov*		✓	HKLCA Laser Class Championships (Laser team only)
Sat Dec 4*	✓	✓	ABC South Side Regatta
Sun Dec 5*	✓	✓	ABC South Side Regatta & ABC Autumn 6 Dinghy Races
Sat 11 Dec*	✓		HKODA Optimist National Champs (Optimist team only)
Sun 12 Dec*	✓		HKODA Optimist National Champs (Optimist team only)
Sun 19 Dec			Team Training (Laser & Feva Team only)
* indicates attendance at regatta			



Such a commitment is not to be undertaken lightly, and those who join our teams should be prepared to attend as many sessions as possible. It is only through time spent sailing and making efforts to attend large regattas that our sailors can improve. It is also important that as a club ABC are seen to be joining national events and supporting Dinghy Sailing in Hong Kong.

The charge for the entire series is HK\$7,680 This includes use of dinghies, provision of instructors & coaches, any boat transportation costs incurred as well as regatta entry fees, team shirts, after school coaching and fitness training sessions. Note that those who can supply their own dinghy will qualify for a 20% discount. The reduced rate of HK\$5,760 applies for those who can not attend all sessions, and only opt to attend 12 instead of the full 16.

Applications to join our Teams should be directed towards our Dinghy Sailing Manager, Kevin Lewis, and are open to ABC members only. With limited resources we will accept only the most committed and enthusiastic sailors. Youth sailors will get priority, but adults are welcome to join our Laser team as well. Please get in touch if interested, contact Kevin at DinghySailing@abclubhk.com

ABC SAILORS COMPETE AT RS 500 WORLD

The RS500, a fast and exciting boat built for speed and full of surprises

Eight months ago we found out that the inaugural 500 worlds were to be held in Bruinisse, Holland. We were thrilled about this news and were determined to make an appearance in Holland. Some of you might know us, we are of course Justin Tse and Will Stephens, RS500 sailors.

The RS500 worlds, for us was a real experience. Despite only having limited training in the boat we managed to do fairly well and are satisfied with our performance. Our best result was a 6th and our worst was a 14th out of a fleet of 22 from five countries. The winds were very strong in the first race and we pitch-poled soon after hoisting. Our best race was race 8 where we covered GBR519 and had an amazing downwind. The worlds have certainly improved our sailing ability and knowledge of rig set up. We've learned so much in terms of tricks and tips on rigging a RS500. The social scene of the RS500 fleet was more than we expected, everyone was friendly and eager to help each other, it was clear that everyone was there to have a good time as well as race.

The worlds were an eye-opener to an amazing sailing circuit and hopefully we can make it to the UK next year to attend the RS500 Worlds 2011. Thanks to ABC and Coach Rory Godman for preparing us!

Justin Tse
HKG516

www.rssailing.org/rs500

Words: Justin Tse
Photos: Nils Jannichsen



ABC Welcomes Dinghy Coach Rory Godman

To support our expanding Dinghy sailing programme, ABC has now employed Instructor and Race Coach Rory Godman. Rory comes to us from New Zealand and holds both Instructing and Coaching qualifications. His personal sailing experience extends to competing in a large number of National and International events, with excellent results in World Championships in both the Hobie 16 and 49er classes. Rory has extensive Coaching experience and will play a key role running our Dinghy Sailing Squads, as well as supporting all areas of sail training at ABC.

ABC OCTOBER 2010 YOUTH SAILING PROGRAMME

Mon 18 October - Fri 29 October



Below we outline our selection of Youth Sailing courses and activities for younger sailors during the October school holidays. We have scheduled 2 weeks of courses to cater for those with different holiday dates. With such a short holiday, courses fill up fast, and we encourage you to apply early, at least three weeks before the course, to ensure you get a space. Details and all application forms are available on our website, www.abclubhk.com, for further enquiries please contact Angela Ho at SailingSecretary@abclubhk.com.

Week	OCT:	Junior Course	Course	Eligibility	HKS (member)	HKS (Non-member)
1	Mon 18 – Fri 22 Oct AM	✓	Sea Lion Optimist Stage 1	Age 7 – 11	800	1,064
	Mon 18 – Fri 22 Oct PM	✓	Sea Lion Optimist Stage 2	Age 7 – 11, hold Optimist Stage 1	800	1,064
	Mon 18 – Fri 22 Oct PM	✓	Sea Lion Optimist Stage 3	Age 7 – 12, hold Optimist Stage 2	800	1,064
	Mon 18 – Fri 22 Oct*		Beginners HKSF Lev 1&2	Age 11 – 18 (Limited places available*)	2,400	3,200
	Mon 18 – Wed 20 Oct		RS Feva Introduction	Age 12 – 18, hold HKSF L2 plus some additional sailing experience	1,440	1,920
	Thur 21 – Fri 22 Oct0		RS Feva Gennaker Intro Course	Age 12 – 18, pass RS Feva Intro course	960	1,280
	Mon 18 – Tue 19 Oct		Basic & Intermediate Windsurfing	Age 8 - 18	960	1,280
	Wed 20 Oct		Windsurfing Practice Day	Age 8 – 18, hold basic & intermediate	480	640
	Thur 21 – Fri 22 Oct		Advanced Windsurfing	Age 8 – 18, hold basic & intermediate	960	1,280
2	Mon 25 – Fri 29 Oct AM	✓	Sea Lion Optimist Stage 1	Age 7 – 11	800	1,064
	Mon 25 – Fri 29 Oct PM	✓	Sea Lion Optimist Stage 2	Age 7 – 11, hold Optimist Stage 1	800	1,064
	Mon 25 – Fri 29 Oct PM	✓	Sea Lion Optimist Stage 3	Age 7 – 12, hold Optimist Stage 2	800	1,064
	Mon 25 – Fri 29 Oct		Beginners HKSF Lev 1&2	Age 11 - 18	2,400	3,200
	Mon 25 – Wed 27 Oct		3 Day Supervised Practice			
			Topper Pico RS Feva	Age 12 – 18, hold HKSF L2	1,440	1,920

The RS Feva Introduction and Gennaker Sailing Courses

The RS Feva is ABC's newest youth sailing dinghy, and is an ideal step up for those younger sailors who want to sail a modern, high performance race-capable boat. For those who have passed a beginners course in our Picos, and have also some additional sailing experience, the Feva Introduction course is the next step. Once familiar with the boat students may then take the further "Gennaker" course that introduces the third, downwind Gennaker sail. Things then get very exciting and sailors who are keen can apply to join the successful ABC Feva Racing squad.

The Optimist Junior Sailing Programme

All ABC Optimist courses are all run over 5 half days, usually 5 mornings or 5 afternoons. For younger children we believe a series of half days is more appropriate to keep them interested, and also full days, especially during very hot weather, can be rather tiring for younger children. Our club has invested extensively in development of junior sailing, and actually subsidises our Optimist programme to keep costs at a very low level – so these courses are the cheapest we offer!

The Junior Scheme involves three basic "stages" that lead to a final Introduction to Racing Course. Stage 1 is the basic first step, and here we

focus on helping the children gain confidence in the water and on the dinghy. Boat balance and basic boat controls, together with capsizing recovery practice and lots of games aim to stimulate enthusiasm while not loading students down with too much theory.

The stage 2 and 3 courses build on the interest that we hope to have developed in the first course. In stage 2 we expect students to sail single handed in their own boat, while at the end of stage 3 they should be confident enough to sail away from the shore, round a small triangular course and return back to the club safely.



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MOBY DICK IN SWEDEN



Moby Dick at Kalmar Marina

Accepting the Commodore's challenge in the July issue of *Horizons*, I decided to share my experience aboard 'Moby Dick', a Bavaria 39 owned by Goren Rudelius, sailing along the South East Coast of Sweden in mid June.

After leaving Hong Kong and taking two planes, two trains and a bus I arrived in the small port of Karlshamn, Sweden to find Moby Dick tied up at the Karlshamn Marina. Very few boats were on the water this early in the season which meant the marinas were virtually empty. In addition to me and Goren, the only other crew member was Michael Tucker, a friend of Goren's from Puerto Galera. Michael's talent fortunately resided in the galley and he produced some excellent meals over the next few days.

Goren has ambitious plans to sail about 1500 miles over the summer up the east coast of Sweden to Stockholm, via Gotland, and then through the Gota Canal to Gothenburg, up the coast to the Norwegian border and then down the west coast of Sweden back to Neustadt, Germany, Moby Dick's home port. My portion of the trip would be fairly modest, sailing from Karlshamn to Karlskrona, then Stenon and finally Kalmar, Sweden, a total of about 100 miles.

Marina arrangements in Sweden are far more relaxed and affordable than most cruising destinations. We stayed in a marina the first and last day of my trip and the cost for each

night was only about HK\$200. For that, we got showers, rest rooms, laundry facilities, water and shore power!

On day two we cast off at 0805 and sailed outside the archipelago for most of the morning, ducking into a nice protected bay off Flakskar, a small rocky island, where we picked up a "SXX" mooring buoy laid down by the Swedish Cruising Club, arriving at about 1345. The Swedish Cruising Club claims to be the largest sailing organization in the world with some 41,000 members. Oddly, the bay in which we anchored, roughly the size of Deepwater Bay, could easily have accommodated many more "SXX" mooring buoys but there was only one in place – and we were the only boat in the bay! Once safely moored the first thing we noticed was the 'baaing' of sheep on Flakskar....but no people. This warranted some investigation so we lowered the dinghy off the stern davits and rowed ashore to check it out. Sure enough, there were about 20 sheep on the island but no 'shepherds' in sight! Exploring the island revealed two small shacks at one end, each with two double bunk beds in it but both securely locked up. On one shack there was a sign, in Swedish, which read "I leave my sheep on the island in the summer. If one of them looks sick, please call me at this number...." I am not so sure I could differentiate a sick sheep from a healthy one, but there you go.



Sunset off Stenso



Moby Dick at Karlshamn Marina



The source of the 'baaing'



Moored off Flakskar

At the other end of the island was evidence of a fairly large settlement, obviously long since abandoned as all that was left were the rocky foundations of a number of buildings and some rocky slip pilings where it appears fishing boats would have tied up. I can only imagine that the larger foundations were for some sort of fish processing works. In its heyday, it must have accommodated scores of inhabitants.

We were in Sweden just before the summer solstice so the days were long and the beautiful sunsets seemed to last forever. Happy hour on deck was followed by a delicious dinner of baked pork chops over sliced onions with small Swedish baked potatoes.

The following morning we had another early start and decided to motor through some very narrow channels around the back side of Flakskar into the open waters off Oland Island and up to Stenso. The waters between Oland and mainland Sweden have scores of wind generators spinning gently in the wind. We fortunately had a nice following breeze most of the day and flew the gennaker wing and wing with the mainsail. Storm clouds developed mid afternoon and the wind suddenly went from astern to directly on the nose so we dropped the sails and motored the last hour back into the archipelago. We arrived off Stenso at about 1545 and again picked up the only 'SXX'

mooring in sight! We had had some difficulties furling the gennaker that afternoon so sent the skipper up the mast in a bosun's chair to sort it out. Another happy hour was followed by a dinner of ham with curried sauce and more potatoes. A wee bit of whiskey helped the sun finally set late that evening.

The following day left us with a short sail from Stenso to Kalmer where we arrived at 1000 and moored at the Kalmer Marina, after refueling at the local marine fuel dock. This time we moored with our stern tied up to a buoy with the bow secured to the dock. Most of the boats in the marina appeared to be from Germany, or were at least flying German flags! Regrettably I had to disembark in Kalmer and take a train across Sweden to meet up with clients in Gothenburg.

My brief sailing adventure in Sweden only whetted my appetite for another sail on Moby Dick and I hope to join Goren again next summer for a few more days sailing in the Baltic.

Jon W. Zinke

FOOD & BEVERAGE

REGULAR EVENT



\$10 Dollar Oyster Every Wednesday Evening at Four Peaks Restaurant

Evening Wednesday evening at Four Peaks Restaurant
Freshly shucked import oysters at \$10 each
Served with homemade mango salsa, tomato salsa
and shallot vinaigrette or just on its own.

Order as many as you like! Make your reservation now if you would like to take up this offer as a limited number of oysters are available

Bring Your Own Bottle (Every Monday & Tuesday at Four Peaks Restaurant)

NO CORKAGE FEE
(maximun 2 bottles for each table)



Taittinger Champagne Madness

HAPPY CHAMPAGNE HOUR AT THE WAGLAN BAR
2 GLASSES FOR THE PRICE OF 1

EVERY THURSDAY FROM 6:00PM -9:00PM

Please call Waglan Bar at 2553 3422 to make sure it's all chilled.



Every Sunday Family Lunch Buffet at Four Peaks

All you can eat international buffet
with free-flowing Prosecco &
house wine

Feature:

- *Freshly Shucked Oyster*
- *Sashimi & Sushi*
- *Roast Carving Station*
- *ABC Signature Hainan Chicken Station*
- *Home Made Dim Sum*
- *Chef Singh's Indian Curry and more...*

Adult \$188 and \$105
Child \$128 under 12 years old
\$288 with free-flowing prosecco and
house wine

Please call the Four Peaks
Restaurant at 2553 3422
to reserve a table

FOOD & BEVERAGE

Chef Singh Special

Every Saturday Afternoon

12 noon to 2:30pm

Tortilla Wrap

\$68 per order



Hand Made U-Don Station 手打烏冬,拉麵站

Every Sunday afternoon

12 noon to 2:30pm

Homemade U-Don or Ramen with salad bar \$80

Only U-Don or Ramen \$58

(Wok fried or with soup)

Whole Lamb on Spit Evening

Date: Saturday 18 September 2010

Time: 6:30pm

Venue: The Patio

All you can eat tender whole Australian lamb on spit with salad bar

Only \$138 per adult & \$88 per child under 12

Please call the Coffee Shop at 2554 9494 to reserve a table



Impress All Members with Prime Rib Roast Dinner

Date: Saturday, 25 September

Time: 6:30pm

Venue: The Patio

All you can eat with salad bar and dessert corner

Only \$238 per adult with a pint of Carlsberg

\$138 per child under 12 without drink.

Trademark Grass fed Australian beef is nowadays known for its quality consistency, tenderness and flavour.

The natural way of breeding these animals in open fields brings back the original taste of beef as opposed to grain fed animals.

Our regular Prime Rib Roast nights are becoming one of the Club's favorite event. Booking is heavily recommended to avoid any disappointment.

Book now with our Coffee Shop staff on 2554 9494.

MID-AUTUMN FESTIVAL AT THE CLUB

Mid Autumn Festival Eve Poolside BBQ Dinner

中秋月圓人團圓

6:30 pm

Wednesday, 22 September

Enjoy our BBQ buffet with salad bar
& festival desserts.

Feature:

- *Freshly Shucked Oyster
- *Salad Bar
- *NZ Lamb Chop
- *Sausage
- *Sardine
- *ABC Signature Hainan Chicken
- *Salmon Filet
- *Chef Singh's Indian Curry
- *Moon Cake 中秋月餅
- *Winkles 田螺
- *Taro Cake 芋頭糕
- *Pumpkin Pancake 南瓜餅

Adult \$188 and
Child \$118 (3-12 years old)

For reservations, please call the
Coffee Shop at 2554 9494 to book a
table



中秋節快樂

Family Lunch Buffet at Four Peaks Restaurant

12:00 pm

Thursday 23 September

Come and enjoy our International Buffet

Feature:

- *Freshly Shucked Oyster
- *Salad Bar
- *Roasted Prime Rib
- *蠔油生菜鮑魚菇
- Braised Abalone Mushroom with Lettuce in Oyster Sauce
- *多子蟹肉扒雙蔬
- Braised Twin Vegetables with Crab Meat and Crab Roe Sauce
- *蝦子香燒伊麵
- Braised E-Fu Noodles with Shrimp Roe
- *海底椰百合露
- Sweetened Cream with Lily Bulb and Sea Coconut
- *Chef Singh's Indian Curry
- *Moon Cake 中秋月餅
- *Sweet Dumpling 湯圓
- *Taro Cake 芋頭糕
- *Pumpkin Pancake 南瓜餅

Adult \$208 and Child \$138 (3-12 years old)

For reservations, please call the Coffee Shop at 2553 3422 to book a table



BEVERAGE SEPTEMBER



Wine Tasting Evening

Date: Friday, 17 September

Time: 6:00pm – 8:00pm

Venue: The Galley

Free Admission

- Sauvignon Blanc Matua Marlborough-N Z.
- Chablis Premier Cru Louis Latour- France.
- Cabernet Sauvignon Errazuriz Max Reserva-Chile.
- Pinot Noir Wolf Bass Gold Label-Australia.

and more.....

Wine Tasting & Canapés

You are cordially invited to join our monthly Wine Tasting Evening. Come to taste and purchase from a wide variety of fine wines introduced by our suppliers. "MAXXIUM HK Ltd"

Wine of the Month

Australia

Wolf Blass

White Label Cabernet Merlot 2009

Deep red and almost crimson in the glass. The nose shows lifted berry and plum characters supported by spicy oak. Rich berry and plum flavors continue through the well-structured medium bodied palate, with fine-grained tannins offering a long finish.

HK\$30 / Glass HK\$ 150 / Bottle

MAXXIUM
HONG KONG



Wolf Blass

White Label Unwooded Chardonnay 2009

A light straw colour with a hint of pale green in the glass. Summery tropical fruit aromas of mango, melon and peach drift to the nose and then develop into lively varietal fruit characters on the palate. These fruity flavours are balanced by clean acidity and good length of flavour.

HK\$30 / Glass HK\$ 150 / Bottle



Beer of the Month

Crown Lager Beer

\$22 per bottle



Cocktail of the Month

Water Melon Fizz

Gin, fresh watermelon, liqueur de watermelon, gingle ale,

\$40 per glass

Peachy & Passion Smoothies

Fruit yoghurt, orange juice, passion and peach puree

\$32 per glass

UPCOMING EVENTS IN OCTOBER



Family Buffet at Four Peaks Restaurant 12pm, Friday 1 October 2010

All you can eat international buffet with free-flowing
Prosecco & house wine

Features:

- *Freshly Shucked Australia Oyster*
- *Sashimi & Sushi*
- *Roasted Carving Station*
- *ABC Signature Hainan Chicken Station*
- *Home Made Dim Sum*
- *Chef Singh's Indian Curry and more.....*

Adult \$208 and Children \$138 (3-12 years old)
For reservations, please call the Four Peaks Restaurant at
2553 3422

LET'S GET TOGETHER TO WATCH THE FIREWORKS AT VICTORIA HARBOUR

1 October - boarding time 5:30pm

Details of the event will be uploaded into the Club's
website or please contact Cobo on 2553 3032 for further
information.



Saturday, 30 October Halloween Party

Join us for a night of creepy fun and games. Enjoy
the bouncy castle, have your face painted, get a tattoo,
enjoy great food and dance the night away. This has
traditionally been a popular event for the entire family
and should not be missed. So book early, dress for the
occasion and come join us!

Please call Cobo 2553 3032 or
e-mail at mbs@abclubhk.com for details



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HOME WINE DELIVERY

September

Sparkling Wine, White & Red	Bottle \$	Quantity	Amount
Hugel Gentil 2008 - France Gewurztraminer, Riesling, Pinot Gris, Muscat, Pinot Blanc Elegant and fresh, floral aromas, green apple and white peach. Crisp and irresistibly easy to enjoy. Aromatic finish.	\$ 85		
Matua Marlborough Sauvignon Blanc 2009 - New Zealand Tropical fruits, intense and generous; good acidity supporting rich powerful fruit that envelops the whole mouth.	\$ 85		
Campagnola Pinot Grigio Chardonnay Veneto IGT 2008 - Italy Slightly aromatic, fruity white wine with a crisp finish, delightful citric flavor. Lively and easy to drink.	\$ 128		
O'leary Walker Polish Hill Riesling 2008 - Australia Floral perfume and hint of bath powder. Very nice textured with hints of orange rind with great purity of fruit and crisp balanced acid finish.	\$ 205		
Louis Latour Chablis Premier Cru 2008 - France (Chardonnay) Round and full herbal fruitiness that complements the crisp acidity leading to a satisfying finish.	\$ 238		
I Grotti Chianti DOCG 2007 - Italy Ample Sangiovese flavours with soft tannins and a persistent and satisfying finish.	\$ 95		
McHenry Hohnen 3 Amigos red 2006 - Australia Shiraz, Grenache, Mataro Red berries flavours, floral and tobacco undertones. Roundness and balance. Earthy characters with a lingering rustic tannin core.	\$175		
Errazuriz Max Reserva Cabernet Sauvignon 2007 - Chile Aromas of ripe red and black fruits with a balsamic, spicy edge. Juicy and well-balanced with firm tannins. Chocolate notes from its oak aging. Ends on a pleasingly balanced finish.	\$ 140		
Wolf Blass Gold Label Limestone Coast Pinot Noir 2008 - Australia Sweet fruit, strawberry and rhubarb character, round and very enjoyable, finishing with long, supple, ripe tannins.	\$ 175		
Septima Gran Reserva 2007 - Argentina Floral, oaky, strawberry jam and dark chocolate flavors. Elegant & balance. Pleasant sensations.	\$ 175		
*minimum order-12 bottles and mixed case available			

Member Name: _____ Membership Number: _____

Tel No:(Office) _____ (Home)_____

Delivery Address: _____

Delivery Date: _____ Member Signature: _____

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 25556216 or Fax: 28732945

Free delivery for order of 12 bottles. Please allow 3 working days for delivery.

All wines are subject to availability

ABC Summer Photography Competition

“Topic - Holidays”

Submission Deadline: 10 September 2010



Rules

1. The competition is open to all members of any age except the judges.
2. A maximum of three entries per contestant.
3. Image no smaller and no larger than 500kb, in jpeg format
4. Entry must be taken or created by the contestant
5. Entries must be submitted in electronic format by e-mail to gmsec@abclubhk.com
6. Cropping and resizing is permitted.
7. Entries should be titled and reflect the competition theme of 'Holidays'

Judges

Barry Hill; Kevin Lewis; Philippe de Manny; Mark Hardy

Judging and Selection Process

The Judges shall select the top 15 entries from the submitted photographs. These shall be the Final Shortlisted Photographs and will be displayed on the Club website and in the Main Clubhouse.

Members will be invited to vote for their favourite photograph between 18 September to 25 September 2010. Members may sent their votes directly to gmsec@abclubhk.com or fill in the voting form available at the Galley.

The photographs receiving the most number of votes will be awarded first, second and third prizes. In the event of a tie the Judges will have the casting vote. The Judges decision will be final.

The Winners will be announced on the Club's website and in Horizons.

First Prize - Compact Camera

Second Prize - Two tickets to ABC New Years Eve Party

Third Prize - Decorative Globe