



2014/12

[www.abclubhk.com](http://www.abclubhk.com)

# HORIZONS

THE MAGAZINE OF THE ABERDEEN BOAT CLUB

Strong Winds Fan the  
2014 ABC Ladies Race

The 24-hour Charity Race:  
Sailing through the Night

Scouts Sort Out Middle Island





# FAIRLINE

Squadron 42  
Timeless designs, endless enjoyment



A member of the Jøben Group • CONSUMER • INDUSTRIAL • BEVERAGE • LUXURY • Cruise • Hong Kong • Macau • Taiwan • Korea



**Jøben & Co. Ltd., Marine Division** 捷成洋行有限公司游艇部

Unit 5, G/F, Aberdeen Marina Tower, 3 Shum Wan Road, Aberdeen, Hong Kong 香港香港仔海旁道3号深湾游艇俱乐部地下5室

Tel 电话: (852) 3190 3189 Fax 传真: (852) 2805 6867 Email 电邮: info@jebesenmarine.com

(2/F, East Ocean Centre, No. 618 Yan An Road East, Shanghai, 200001, P.R.China 中国上海市延安东路618号东外滩金融中心12楼

Tel 电话: (86) 21 6032 3860 Fax 传真: (86) 21 6032 3861 Email 电邮: chinainfo@jebesenmarine.com

# HORIZONS ISSUE 2014/12

**Published by:**  
PPP Company Ltd  
Unit 713, Level 7, Core E,  
Cyberport 3, 100 Cyberport Road,  
Cyberport, Hong Kong  
Tel: +852 2201 9719

**Copyright:**  
Aberdeen Boat Club

**Printed by:**  
Toppan Printing Co., (H.K.) Ltd.  
in Hong Kong

ISSN: 2222-9582

**Editorial Contact:**  
Ann White  
ann.white@ppp.com.hk

**Advertising Sales Contact:**  
Jo Allum  
jo.allum@ppp.com.hk

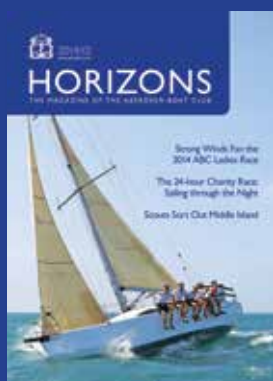
Published by PPP Company Limited. The publication is sold on the understanding that the publisher, advertisers, contributors and their employees are not responsible for the results of any actions, errors or omissions taken on the basis of information contained in this publication. The publisher, advertisers, contributors and their employees expressly disclaim all and any liability to any person, whether a purchaser of the publication or not, in respect of any action or omission or the consequences of any action or omission by any such person, whether whole or partial, upon the whole or part of the contents of this publication. All rights reserved. 2014 PPP Company Limited. No part of this work, covered by the publisher's copyright may be reproduced in any form by any means, graphic, electronic or mechanical, including photocopying, recording, taping or information storage and retrieval, without the written permission of the publisher. Any unauthorised use of this publication will result in immediate legal proceedings.

- P2 From the Top:**  
Club news from Commodore John Berry, Rear Commodore – Sailing Chris Pooley and General Manager Philippe de Manny
- P6 The ABC's December events and holiday food and beverage specials**
- P14 Racing Ladies Take the Helm**
- P18 ABC Sailors Put the Fun in Fundraising**
- P22 Hong Kong Takes the Bronze at Asian Para Games**
- P26 Swim from Stanley to Deep Water Bay**
- P28 West Island School Scouts Clear Path to Middle Island's Top**

*Cover photo by Kevin Lewis:*

*Wicked in the Ladies Helm race, 19 October 2014, helmed by Lucy Bruzzone*

*Horizons welcomes ABC member contributions of articles and photos.  
Please contact the editor at ann.white@ppp.com.hk*



Aberdeen Boat Club  
20 Shum Wan Road  
Aberdeen, Hong Kong  
**香港仔遊艇會**  
**香港仔深灣道二十號**  
www.abclubhk.com  
Fax no: 2873 2945  
General Line : 2552 8182

## Flag Officers

John Berry • Commodore  
David Tait • Vice Commodore  
Chris Pooley • Rear Commodore – Sailing  
Richard Walker • Rear Commodore – House  
Matthew Johnson • Hon. Treasurer  
Nick Bodnar-Horvath • Hon. Gen. Secretary

## Management & Staff

### General Manager

Philippe de Manny  
Tel: 2553 3231  
genman@abclubhk.com

### General Manager's Personal Assistant

Selina Mak  
Tel: 2552 8182 Ext 812  
gmsec@abclubhk.com

## Membership Service Manager

Cobo Liu  
Tel: 2553 3032  
mbs@abclubhk.com

## Financial Controller

Leslie Chan  
Tel: 2552 5220  
fin@abclubhk.com

## House Manager

Steven Ng  
Tel: 2552 8182 Ext 800  
hsp@abclubhk.com

## Marine Manager

Ah Kee  
Tel: 2552 8182 Ext 834  
marine@abclubhk.com

## Food and Beverage Manager

Alok Kumar  
Tel: 2552 8182  
fmb@abclubhk.com

## Dinghy Sailing Manager

Kevin Lewis  
Tel: 2552 8182 Ext 833  
dinghysailing@abclubhk.com

## General Enquiries

Tel: 2552 8182

## Four Peaks Restaurant

Tel: 2553 3422

## The Galley Coffee Shop

Tel: 2554 9494

## Night Guard

**Emergency Contact**  
Tel: 9154 0426



## Commodore's Letter

**A**s I write, we plan the AGM, to complete the 2013-2014 committee year. The General committee has more candidates than vacancies, so look for updates in the next *Horizons*.

I thank our committee members who have so unselfishly and continuously contributed to the Club in so many ways. The Club would not be what it is without these volunteers who give freely of their time, or the cheerful efficiency of our fine management and staff.

In October, the Club submitted the land application for Middle Island development. Submissions will follow to Home Affairs

Bureau and others. The Hong Kong Sailing Federation and many sailing bodies have given us strong support.

The 2014 Southside Regatta, to be held 6–7 December, will be a ranking regatta for the Hong Kong Optimist Association and the final race in the Hong Kong Laser Class Association ladder. It will also be good training for sailors heading for the 2015 Australian Youth Championships.

I wish you and your families the very best over Christmas and New Year. See you at the Commodore's Drinks on 14 December and around the Club.



**John Berry**  
Commodore

## Flag Officer's Report

**I**t's certainly been a busy year afloat to date, for cruisers, dinghies and marine support craft. Much of this is recounted in the report for the AGM, available as of 25 November, covering events up to the start of the Waglan Series.

So to avoid repetition ... what, instead, is brewing? Well, starting with dinghies:

The annual Southside Regatta will be hosted by the ABC over the weekend of 6–7 December. This is one of the dinghy highlights of the calendar, with an excellent chance of great wind and always a lot of entries.

Our Optimist and 29er squads will head to Australia over Christmas and New Year to take part in the Australian Optimist and 29er Championships. These are keenly anticipated as qualifying races for HKSF nominations.

The dinghy subcommittee is now reviewing the storage of members' boats, kayaks, etc., at Middle Island. It's rather sad that there are a few craft there that appear to have been abandoned, or at least never used.

Members are very welcome to apply for hardstanding space at Middle Island but, once approved, we do request that you use your boat regularly – it needs love and attention!

Cruisers are in the thick of the Waglan races, with good attendance so far, in line

with the growth in levels of support all this year.

By the time you read this, Waglan 3 will have been completed and ABC's newest event, the Round Island Autumn Beach BBQ on 29 November, we hope, will have generated many enthusiastic requests for a repeat next year. As with all such initiatives, members' responses and comments are very much encouraged.

Following Waglans 4 and 5 in mid-December, we have another new event, this time from COA, a four-club, four-leg race (more a rally) with a joint finish pursuit, and a party finish on Saturday 13 December. Then, a revival of the ABC's Christmas Pursuit fun race to a restaurant on Sunday, 21 December. Watch for news.

Meanwhile preparations for the annual ABC special Four Peaks Race over the weekend of 31 January are in hand. The call is going out to last year's corps of helpers, and via this letter to any/all other members, especially those new to the Club who would like to help out in any way to enjoy a unique event and ABC fellowship. Contact the ABC office or any SailCom member.

In support of all this activity much effort has been put in by staff to upgrade and re-engine our support craft, to good effect. And at last I am able to report



that the Club has committed to a new Committee and general support boat to be built by Cheoy Lee. Delivery is expected by June 2015 for this standard 13.7m launch powered by a 500 HP Caterpillar engine.

Given the arrival of this new vessel (a first for ABC) and the rejuvenation of the other support craft, a new name, theme and colour scheme would be refreshingly fitting. To this end the GM will support a competition with prizes for the best suggestions SailCom receives, with a top prize for the ultimate selection. So kids of all ages, creativity caps on!

And so to Christmas with best wishes to all members for the season and in particular, the sailing season.

**Chris Pooley**  
Rear Commodore – Sailing



# Waglan

SERIES

2014/2015

SPONSORED BY



JEBSEN  
MARINE

**2014**

5 October  
2 November  
23 November  
14 December

**2015**

4 January  
18 January  
15 February  
15 March

SUPPORTED BY



Organised by the  
Aberdeen Boat Club  
[www.abclubhk.com](http://www.abclubhk.com)

## General Manager's Letter

On behalf of all the ABC staff, let me wish you all a merry Christmas and a happy new year to come.

**Access control:** Members are now well-aware that access to the pontoon and to our facilities is controlled after normal working hours, being for members only. The General Committee has decided that, while the pontoon access gate is indeed effective, we will employ security guards to prevent intruders from accessing Club and member property. Later, we shall move the gate closer inside the carpark to ease members' access to the Club. We hope these steps will boost control of access while limiting the effect on members.

**Maids in the Club:** Sadly, this issue recurs time and again so stronger actions will be taken. Please remind your guests about the rules and respect the staff who enforce them.

**Gym:** Upgrading of this increasingly popular facility has begun with new

treadmills, bicycles and a cross-trainer. We expect delivery soon of more new equipment, including a bench press and squat press.

**Pool:** Winter operating hours now are in effect: noon to 8 pm on Mondays and Tuesdays, and 8 am – 9 pm the rest of the week. "Splash hours" will resume in March with the warmer weather.

**For your diaries:**

- 1 – 21 December, collection of Christmas gifts for Po Leung Kuk
- 6 – 8 December, food drive for Feeding Hong Kong
- Sunday, 14 December, Commodore's drinks on Middle Island after the Waglan race
- Saturday, 13 December, Casino Fatale dinner theatre
- 3 January, Members' Day on the ABC junk

**Carpark labels:** If you wish to cancel your 2015 carpark label, please advise Membership Service Manager Cobo Liu at [mbs@abclubhk.com](mailto:mbs@abclubhk.com) before 15 Dec 2014.



**Simpson Marine:** I would like to thank Simpson Marine for sponsoring the ABC Four Peaks race for 2015 and the following two years. I hope that the relationship will develop into a very long and happy partnership to promote sailing and boating all over Hong Kong.

**Philippe de Manny**  
General Manager

## ABC Member Wins "La Route du Rhum"



**The race:** Created in 1978 by Michel Etevenon, the Route du Rhum is an epic journey of over 3,500 nautical miles across the furious Atlantic Ocean for a fleet of over 100 mono- and multihulls, from 39 ft to the planet's largest super-fast racing machine. Held every four years, the route runs from Brittany's Saint-Malo to Guadeloupe's Pointe-à-Pitre in the Caribbean.

**The ABC members:** In 2007, we made honorary ABC members of two illustrious world class sailors visiting Hong Kong, Lady Ellen MacArthur who won the Route du Rhum in 2002, and Loick Perron, the thin one here, who raced it six times in 1986, 1982, 1990, 1994, 2002 and 2014. We can proudly announce that Mr. Perron won this year's race, in fact breaking the 2006 race record by 2 hours, 1 minute. He did 4,199 nautical miles in 7 days, 15 hours, and 8 minutes at an average speed of 23 knots. Kudos.

**The boat:**

Official Name: Maxi Trimaran Solo Banque Populaire VII  
Architect: Cabinet VPLP  
Length: 31.50m, width: 22.50m  
Weight: 18,000 kg, draft: 5.70m, mast: 33.50m  
Built-in carbon-Nomex  
Sail m2: 411 m2, with 678 m2 spinnaker



香 港 仔 遊 艇 會

**ABERDEEN BOAT CLUB**

**Southside Regatta**

南區公開風帆大賽

**2014**

**Venue :  
Middle Island**

**December**

**06**

**and**

**07**

Notice of Race and Entry Forms  
Available from [www.abclubhk.com](http://www.abclubhk.com)

For Enquiries Contact:  
[SailingSecretary@abclubhk.com](mailto:SailingSecretary@abclubhk.com)

**Entry Deadline:  
Friday 28, November**

**This is a Ranking Regatta for  
Hong Kong Optimist Sailors**  
這次活動是香港Optimist風帆選手的排名比賽

**Separate race area for 29er  
and multihull classes**  
29er 和雙體船有獨立比賽區域”







## December F&B Promotions



### **Festive Menu Promotion**

A special set holiday menu will be available daily, 1 – 31 December, in all the ABC restaurants, except for on Christmas Eve in the Four Peaks, and Christmas Day lunch and all day Boxing Day and New Year's Eve.

A starter of scallops, mango and avocado salad is followed by butternut squash soup, roast turkey and gammon ham with all the traditional trimmings, or grilled codfish with ratatouille and mashed parsnips, Christmas pudding and cookies. \$298 per person.

### **Featured wine from France**

#### **Jean Loron Mâcon Villages Blanc 2011**

By the glass, \$52, by the bottle \$250

#### **Jean Loron Moulin A Vent 2011**

By the glass, \$55, by the bottle \$265

### **Featured beer from the U.S.**

**Brooklyn Lager IPA**, \$38 per bottle

### **Featured Champagne**

#### **Taittinger Brut Reserve**

By the glass, \$105, by the bottle \$520

#### **Taittinger Nocturne Sec**

By the bottle \$660

### **Featured cocktails**

#### **Mulled Wine**

Red wine, cinnamon, nutmeg, fresh orange, cloves and Grand Marnier

By the glass \$45

by the bowl (16 glasses, 4 litres) \$700

#### **Sparkling Pomme**

Calvados, Orange Curaçao and sparkling wine

By the glass \$59

#### **Christmas Tropicana Punch**

Fresh fruit, tropical fruit purée, grapefruit juice, cranberry juice and soda

By the glass \$35

by the bowl (16 glasses, 4 litres) \$450

#### **Ginger Herb Tea**

Fresh ginger, camomile tea, lemongrass and Korean citron

By the glass \$40

#### **Green Ginger Toddy**

Green ginger wine, fresh ginger, lemon, cinnamon and cloves

By the glass \$45





## December and January F&B Events

### 'Tis the Season

15 – 30 November	Thanksgiving takeaways available
27 November	Thanksgiving dinner at the Club
6 December	Santa's Visit
13 December	Dinner Theatre: Casino Fatale
14 December	Commodore's Christmas Cocktails on Middle Island
21 December	Dong Zhi 冬至 Chinese Set Dinner
31 December	ABC New Year's Eve Party – Hollywood in Black and White: the Roaring Twenties
1 January 2015	New Year's Day Brunch
2 January	ABC Chefs' Show
3 January	Members' Day on the Junk

### 2014 Christmas Programme

1 – 31 December	Christmas takeaways available
24 December	Christmas Eve Dinner with unlimited bubbly and live piano performance
25 December	Christmas Day Celebration set lunch
25 December	Middle Island Christmas Buffet
26 December	Boxing Day Brunch



## Sailing Diary: What's on across Hong Kong

#### Cruiser & Keelboat events:

ABC Waglan 4 & 5: Sunday, 14 December  
ABC Christmas Invitation Pursuit Race: Sunday, 21 December  
ABC Waglan 6: Sunday, 4 January  
ABC Waglan 7: Sunday, 18 January  
ABC Four Peaks Race: Saturday, 31 January & Sunday, 1 February

#### Dinghy Races & Regattas:

ABC Southside Regatta: Saturday 6 & Sunday, 7 December  
Joint Club Dinghy Races Autumn 7 & 8 (Laser, Optimist & Open) Saturday, 13 December  
Joint Club Dinghy Races Autumn 5 & 6 (29er, Double-handed & Moth): Saturday, 20 December  
Joint Club Dinghy Races Winter 1 & 2 (29er, Double-handed & Moth): Sunday, 11 January

Joint Club Dinghy Races Winter 1 & 2 (Laser, Optimist & Open): Sunday, 18 January  
RS Feva Club Championships (ABC): Saturday 24 & Sunday, 25 January  
29er National Championships (RHKYC): Saturday 24 & Sunday, 25 January

#### Other Adult Dinghy courses and activities:

Dinghy Sailing Trip: Sunday, 14 December  
Adult Improver HKSF Level 3 Course: January 2015: 4, 10, 11, 17 & 18

#### J/80 Keelboat courses and activities:

Sailing Trip: Saturday, 13 December



# ABC 2014 Seasonal Greetings Takeaway Order Form

		Weight/ Unit	Price	No. of people to be served	Quantity	Amount	Remarks
<b>Salads</b>							
S1	Caesar Salad	Tray	380	8 – 10			
S2	Greek Salad	Tray	360	8 – 10			
S3	Nicoise Salad	Tray	360	8 – 10			
S4	Avocado and Prawn Salad	Tray	420	8 – 10			
S5	Waldorf Salad with Chicken	Tray	380	8 – 10			
<b>Canapés</b>							
C1	Vietnamese Rice Paper Rolls with Soft-shell Crab	Doz.	208	/			
C2	Smoked Salmon Rosettes with Cream Cheese and Crab Roe	Doz.	208	/			
C3	Crispy Risotto Balls	Doz.	158	/			
C4	Mini Beef Wellington	Doz.	228	/			
C5	Sausage Rolls	Doz.	168	/			
C6	Seafood Vol-au-Vent (5-inch)	Doz.	218	/			
<b>Main Dishes</b>							
A1	Roast Turkey	5 to 6 kg	680	8 – 10			
A2	Roast Turkey	6 to 8 kg	800	12 – 16			
A3	Roast Turkey	8 to 10 kg	1000	18 – 22			
A4	Turkey with Homemade Stuffing and Cranberry Sauce	5 to 6 kg	800	8 – 10			
A5	Turkey with Homemade Stuffing and Cranberry Sauce	6 to 8 kg	1000	12 – 16			
A6	Turkey with Homemade Stuffing and Cranberry Sauce	8 to 10 kg	1300	18 – 22			
A7	Brussels Sprouts, Parsnips, Carrots and French Beans	1 kg	280	6 – 8			
A8	Homemade Chestnut and Herbs Stuffing	1 kg	200	8 – 10			
A9	West Australian Rack of Lamb (7 Ribs)	1.8 kg	420	4 – 6			
A10	Roast Leg of Lamb with Mint Jus	2.8 kg	480	8 – 10			
A11	Roasted Prime Rib with Jus and Condiments	6 kg	1600	10 – 12			
A12	Roasted Pineapple Ham with Applesauce	7 kg	1350	12 – 16			
A13	Honey-glazed Bone Ham with Pineapple Sauce	9 kg	1250	18 – 22			
A14	Gammon Ham with Honey Gravy	4 kg	650	8 – 10			
A15	Roasted Whole Goose	4 kg	800	8 – 10			
A16	U.S. Beef Wellington	3.6 kg	980	8 – 10			
A17	Lasagne with Mozzarella, Fresh Basil and Tomato	Tray	360	8 – 10			
A18	Oven-baked Tandoori Salmon and Condiments	1 kg	420	8 – 10			
<b>Christmas Sweets</b>							
D1	Whole Strawberry Tart 8"	1.2 kg	360	8			
D2	Christmas Cake	1 kg	380	8			
D3	Christmas Yule Log (vanilla/chocolate/Grand Marnier)	1.2 kg	380	8			
D4	Christmas Fruit Cake	1 kg	360	8			
D5	Minced Pie (60g)	Pc	18	/			
D6	Minced Pie (40g)	Pc	15	/			
D7	Minced Pie (60g)	Doz.	208	/			
D8	Minced Pie (40g)	Doz.	168	/			
D9	Christmas Pudding	kg	198	/			
D10	Christmas Stollen	500 g	46	/			
D11	Homemade Berry Jam	250 g	58	/			
D12	Christmas Cookies	kg	288	/			
D13	Christmas Cupcakes (80g)	80g/pc	9	/			
		Total					

Member's Name: \_\_\_\_\_ Membership number: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Collection date: \_\_\_\_\_ Time: \_\_\_\_\_

Signature: \_\_\_\_\_

Please fax back to 2873 2945 or e-mail to [chef@abclubhk.com](mailto:chef@abclubhk.com).

For further information, please contact our F&B Manager Alok Kumar on 2555 6216







# Festive Season Home Wine Delivery

## 15 November – 31 December 2014

### Champagne

#### Taittinger Brut Reserve N.V. with gift set of two Champagne glasses



Medium lemon with persistent fine bubbles. Open and expressive with aromas of fruit such as white flower, peach and a touch of honey. Long finish.

Reims, France

**Price: \$435**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

#### Taittinger Prestige Rosé with free cooler bag



Bright pink with consistent bubbles; on the palate, fresh and young with red fruit aromas of wild raspberry, cherry and blackcurrants. Balanced and full-bodied finish.

Reims, France

**Price: \$460**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

### White Wine

#### Domaine Louis Michel & Fils Chablis "Vieilles Vignes" 2012



Opening with notes of concentrated milk, acacia, flowers and licorice. In the mouth, sea breeze aromas lead to a warm finish with jam and peach, cooked apples and fruit tart.

Chablis, France

**Price: \$196**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

#### Maison Michel Redde & Fils Pouilly-Fumé "La Moynerie" 2011



Medium lemon, with a rich character that adds fruitiness such as bright apples and citrus. It has a strongly mineral texture with a long finish.

Loire, France

**Price: \$196**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

#### Taltarni "T" Series Sauvignon Blanc 2012



A very pale lemon with fresh grapefruit and lime blossom on the nose. The refreshingly zesty natural acidity is perfectly complemented by persistent sweet fruit and is fresh on the palate. This is an easy-to-drink wine.

Victoria, Australia

**Price: \$120**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

#### Nautilus Estate Sauvignon Blanc 2012



Intensely aromatic and complex on the nose, displaying multi-layered characters of blackcurrant leaves, passion fruit skin and elderflower, with subtle notes of pink grapefruit. The palate is mouth-watering and intense with a strong textural component.

Marlborough, New Zealand

**Price: \$176**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Membership Number: \_\_\_\_\_

## Red Wine

### Domaine Lafond Côtes du Rhône Rouge 2011



Medium ruby with aromas of ripe fruit, cherries, and blackcurrant. A hint of sweet spice and very smooth, with good concentration on the palate.

Rhone Valley, France

**Price: \$110**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

### Jean Loron Fleurie Château De Fleurie 2013



Ruby in colour. Intense red berry and floral pastille aromas are complicated by smoky minerals and spices. Offers gently sweet raspberry and cherry flavours with a hint of candied rose. Silky tannins with a long finish.

Beaujolais, France

**Price: \$196**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

### Taltarni "T" Series Shiraz 2011



This wine is a vibrant crimson colour with hints of spice and red fruit on the nose. The palate is succulent with chocolate, mocha and forest floor fruits coming through, allowing hints of toasty French oak. It exhibits lovely silky tannins and an elegant structure, offering the perfect drink for all occasions.

Victoria, Australia

**Price: \$120**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

### Rochford Pinot Noir 2009



Medium ruby with aromas of ripe fruit, cherries, and blackcurrant. A hint of sweet spice. Very smooth with good concentration on the palate.

Victoria, Australia

**Price: \$215**

Qty: \_\_\_\_\_ Total: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Membership Number: \_\_\_\_\_

Tel: (Mobile) \_\_\_\_\_ (Home) \_\_\_\_\_ Email Address: \_\_\_\_\_

Expected Delivery Time: (tick as appropriate): 10am – 2pm ( ) 2pm – 6pm ( )

Member's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### How to order:

- Order may be made by mail, fax or in person. Contact the Food & Beverage Department at 2555 6216 or Fax 2873 2945.
- Please note that wines are subject to availability of stock.
- Deliveries free for order of 12 bottles. Please allow three working days for delivery.
- The total bill will be charged to the member's account.







# *The ABC's Very Special 2014 Christmas Bubbly Selection*



## **Piper Heidsieck Limited Edition Bottle 2012 X Cannes Edition**

Piper, for decades the official Champagne of the Cannes Film Festival, offers this limited edition. Pale-gold in colour, aromatic with spring blossoms such as hawthorn and summer fruit (apple, pear and citrus) and hints of toastiness, the palate shows passion, gentleness, lightness and spontaneity.

**\$410**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



## **Bottega Rosé Brut N.V. 2009**

This wine is brilliant and an intense pink with a nose of golden apples and wild berries (mainly raspberries and currants) with slightly spicy touches. On the palate, it is soft, fresh and lively with a flowery aftertaste. Ideally served at 5/7°C.

**\$160**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



## **Bottega Prosecco N.V. 2007**

A clean and bright yellow colour, with fine, numerous and persistent bubbles. The nose is flowery and herbaceous, with hints of apple and pear. On the palate it is dry and crispy with light acidity. Good balance and length. A perfect match with any seafood, sushi and tempura.

**\$160**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



## **Bottega Prosecco Gold N.V. 2010**

This fashionable golden bottle of Prosecco is light-straw yellow, with a steady stream of fine bubbles. The nose is clean and fresh citrus, flowery and herbaceous, with hints of honey, apple and pear. Rounded and with a complex taste, this is a fine Prosecco with a lovely finish. A perfect match for seafood, especially sushi and oysters.

**\$280**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Membership Number: \_\_\_\_\_



### Simonsig | Kaapse Vonkel Brut Rosé 2012

With its exquisite pale-salmon colour, this rose showcases a fine mousse of shooting stars. Dancing aromas of strawberries and luscious red berries with an elegant twist abound on the nose. A bouquet of rose petals creates a layer of finesse and decadence, whilst the crisp, well-balanced acidity transforms these delicate flavours into an unforgettable sparkling sensation.

**\$154**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



### Champagne Soutiran | Cuvée Perle Noire Brut NV

Pale gold and crystalline in appearance, with an intense nose of fresh mushrooms and a fragrance of white truffles with notes of brioche. On the palate, a good acidity supports its vinous aromas. It has a remarkable length and is surprisingly fresh for a Blanc de Noirs Champagne.

**\$655**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



### Champagne Zoémie De Sousa | Millesime 2000

The Pinot Noir gives full-bodied and fruity flavours, the Chardonnay freshness and fineness. This Champagne shows a perfect balance between the power of Pinot Noir and the fineness of Chardonnay.

**\$847**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_



### Champagne Franck Bonville | Rosé Brut NV

A blend of white and red grapes from Grand Cru terroir, this Rosé wine cuvée charms by the fineness of Chardonnay and the aromas of red berries of the Pinot Noir from Ambonnay. Delicately perfumed with small red berries, this cuvée is harmoniously balanced and combines fineness and corpulence.

**\$505**

Qty: \_\_\_\_\_ bottle

Subtotal: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Membership Number: \_\_\_\_\_

Total Order: \_\_\_\_\_ Signature: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Pick-up Date: \_\_\_\_\_ Pick-up Time: \_\_\_\_\_

#### Pick-up from ABC Waglan Bar; available until 31 December.

The total amount will be charged to the Member's account. Orders may be made by mail, fax or in person.

Contact the Food & Beverage Department at 2555 6216 or Fax 2873 2945.

Please allow three working days between order and collection. All Champagnes are subject to availability.







# NEW YEAR'S EVE PARTY THE ROARING 'TWENTIES: HOLLYWOOD IN BLACK AND WHITE

————— **Wednesday, 31 December** —————  
**8 pm 'til late**

What an exciting time the 1920s were!

Hollywood beckoned, flappers were everywhere,  
and illicit gambling and speakeasies were open secrets during  
Prohibition. Feather boas and spats abounded and cigarette holders  
were flourished by film stars and G-Men chasing real mobsters.

You and your guests are invited to a black and white-themed evening  
of 1920s glamour. Sophisticated music and dancing and  
free-flowing drinks are yours for the evening.

\$798 per adult including canapés, buffet selections,  
standard drinks and Champagne at midnight.

Without drinks, \$688 per adult.

\$318 per teenager (ages 12 – 16)

\$218 children (3 – 12)

Free for children under age three.

See inside for details.



The Farr Side, skippered by Natalie Berry

# 19 October ABC Hosts 2014 Ladies Helm Race

By Chris Pooley, photos by Kevin Lewis and Philippe de Manny

If the current Waglan Series can produce the favourable winds that greeted the Ladies Helm on Sunday, 19 October, we will have many happy sailors at the end of the series.

Six boats made the start for a memorable day's sailing, in strong and sometimes gusty winds. There was no need for a windward mark, and it was straight off the start line into an east-northeasterly breeze.

The forecast was for Force 5 winds, occasionally at Force 6. Well, it was actually Force 6-7 south of Stanley Bay and during the approach to Castle Rock, and a steady Force 6 for much of the race.

The RO set an interesting course (number 27 in the SSI), sending the fleet south of Castle Rock, to provide a beat through the Beaufort Channel and up to Fury Rock.

Then it was foot down for the kite run to the (somewhat elusive) Tai Tam Club mark. A gibe 'round back to Castle Rock, too shy for full kites, until the rock was rounded, then kites up again for the run home past Chesterman buoy.

A very close finish, with all but one boat home within 13 minutes of each other, over 2 hours and 40 minutes, helped by the ebb on the way out and flood on the way back (well done, RO!).

### Choppy seas

Lots of fun on the way with the ladies whipping their crews into line and flexing rapidly growing biceps as they wrestled their helms against the choppy seas and strong breeze. Fun, too, watching other boats broaching wildly, but then they too said they had observed the same on the author's boat!





Wicked, helmed by Lucy Bruzzone



Zephyr, skippered by Vincy Wong



FG3, skippered by Elaine Morgan



Redeye (photo by Philippe de Manny)






The Farr Side, skippered by Natalie Berry

*Redeye* found a novel way to sail and save money by dispensing with the mainsail on the beat, and still managed line honours under the jib and occasional gennaker. That called for a special prize from the back of the cupboard for "racing spirit."

Overall winners were *FG3* in IRC and *The Farr Side* in HKPN, with respective helms of Elaine Morgan and Natalie Berry. But it was a close-run thing, and so each lady received a prize of a facial cream and a sailing brooch; and each boat a bottle of wine. Bribes, you might say, to encourage others!

For full results for all boats, please check the ABC website, where you will also find excellent photos from Kevin Lewis, leap-frogging the waves in the rescue boat.

For all those who missed the Ladies Helm race, set your sights on October 2015. 

## ROOSTER SAILING GEAR NOW IN HONG KONG



Exclusive Distributor Monster Marine

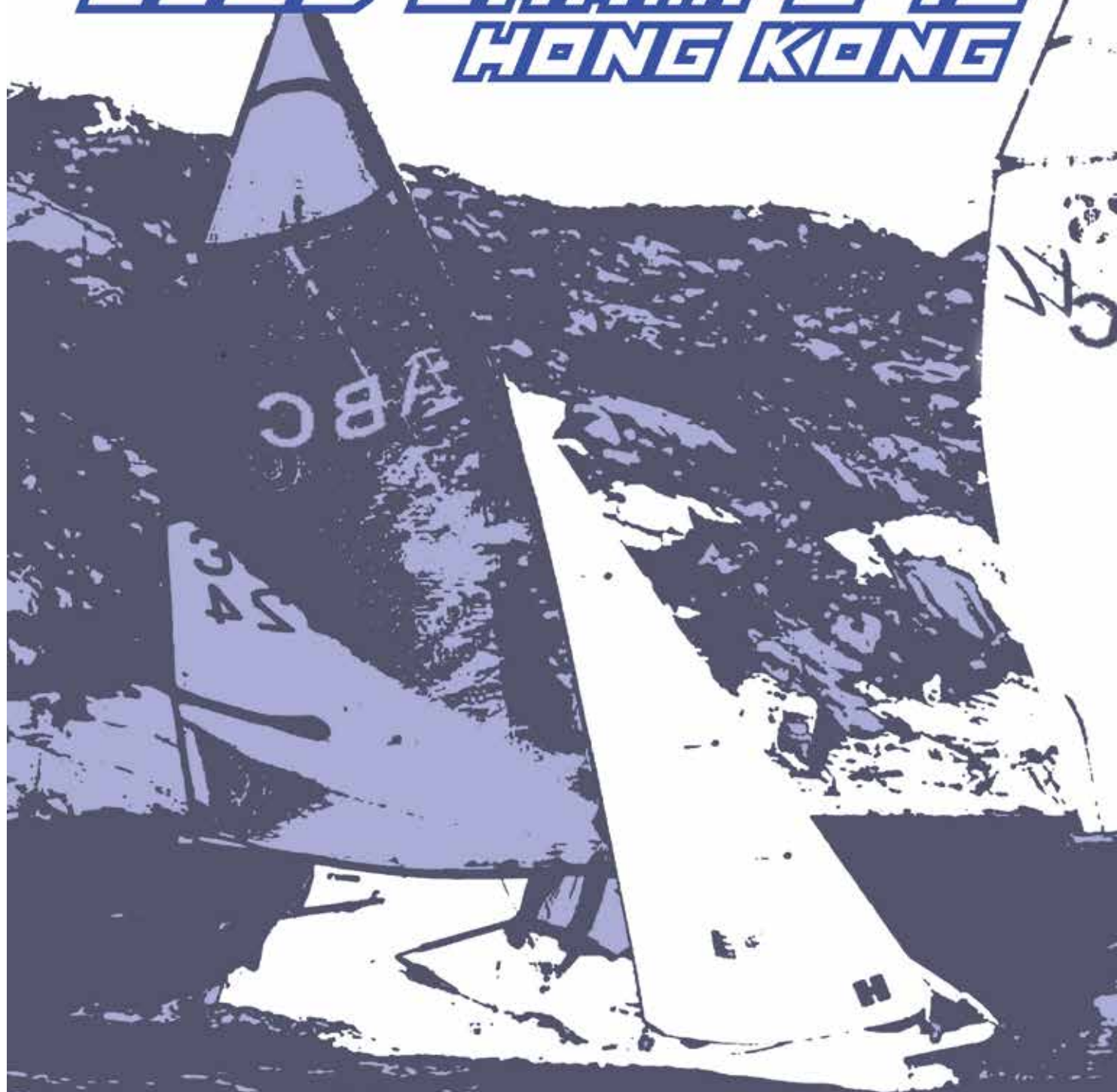
T: +852 25118337 E: [monstermarine4rooster@gmail.com](mailto:monstermarine4rooster@gmail.com)

Please visit our on-line store [www.monstermarine.com.hk](http://www.monstermarine.com.hk)

**Monster  Marine**

**RS**  
*Feva*

# **CLUB CHAMPS'15 HONG KONG**



## **24<sup>th</sup> & 25<sup>th</sup> Jan**

Entry deadline – 16 Jan 2015

For further information, please email  
[sailingsecretary@abclubhk.com](mailto:sailingsecretary@abclubhk.com)

NOR & Entry form available at  
[www.abclubhk.com](http://www.abclubhk.com)





## Competition report



Madeleine Walker and Scarlett Lorin (seated)  
(by Terence Wong)

# 2014 Hebe Haven 24-hour Charity Race ABC Sailors Team Adventure with Fundraising

By Harriette Edmonds, photos by Alison Treasure and Terence Wong

It was a beautiful morning on 1 November, the first day of the 2014 24-Hour Charity Dinghy Race at Hebe Haven Yacht Club. The sun was shining and the sails and flags were flapping in a breeze of around 10 knots. A buzz of excitement was in the air, with people rushing around and getting their boats ready for the 2 pm start.

Many teams and schools from all over Hong Kong had entered, along with a team from Macau.

For readers new to the event, the Hebe Haven 24-Hour Charity Dinghy Race is an annual event where different teams sail as many laps as they can manage over a 24-hour period of a simple square-shaped course. For every lap we complete, we raise more money for local charities. The per-lap sponsorship money goes to charities, which this year were the Children's Cancer Foundation, Treats, Enlighten, Ideal and Sailability.

The ABC entered two teams – the Wayfarers and Laser 2000s. First to sail were sailors Scarlett Lorin and Madeleine Walker in the Laser 2000 class. In the Wayfarer class, we had Matthew Wright, who normally sails on the ABC High Performance squad, and

Malo Kennish, who normally sails with the Optimist squad.

Apart from a couple of bumps from other boats, the two ABC boats got away smoothly at the start line. For the first two hours the ABC Laser 2000 team with Scarlett Lorin and Madeleine Walker held second position overall. Unfortunately, as the afternoon progressed, they lost this place, dropping to 21st overall.

With this race, there is always a lot of waiting around for shifts and boats, and thankfully we ABC sailors were able to base ourselves on a junk that was moored up at the end of the furthestmost pontoon. We enjoyed great views of the course and a gentle breeze that kept us nice and cool. We spent most of our spare time here, although we did make an effort to visit and chat to friends from other clubs and teams in order to fight off our tiredness.

Breakfast for some; none the worse  
for wear (by Alison Treasure)



## The penny board dropped

As for our late-night adventures, we had fun trying to avoid cockroaches on the pontoon, climbing aboard Kevin Lewis' speedboat to check the course, searching for cheaters who needed to do penalty turns, and swimming late at night. We also managed to lose a penny board, like a smaller version of a skateboard, when it fell off the quay. This was followed by a long discussion, whilst peering into the water, about whether it was sensible to swim down and get the penny board in the middle of the night. It wouldn't have been easy as it had sunk between two walls covered in barnacles and, furthermore, we were without a light! After a phone call to parents we abandoned the idea and said goodbye to the penny board, probably still lying in silt at the bottom of the marina.

## Waiting and drifting

When it came to Russell Aylsworth's and my shift, from 2:30 am to 4 am, we spent nearly 1.5 hours waiting for the boat from the previous shift to arrive back at the pontoon – so we actually only got into our boat to start our shift at 4 am!

By this time, fellow ABC sailors Alexander Hahn and Scarlett Lorin, in the other ABC boat, had already swapped over and were moving towards the first mark. When I say moving, I mean they were drifting, in two knots of "wind."

Finally, when the Wayfarer rounded the bottom mark and arrived, Russell and I hopped in and bobbed slowly towards the first mark. At this point we realised

that Scarlett had taken her phone on her boat to listen to music. Since I had also had my phone, we decided to call her, which was fun and a nice distraction in the darkness with little sailing to do.

## Progress, backwards

The one lap seemed to take a lifetime but as we finally approached the bottom mark we estimated that we were moving at a reasonably steady pace, given there were only two knots of wind. However when we took a transit on a nearby junk we realized that we had started moving backwards.

Horried, we ran through all our training techniques and tried to work out just what we were doing that was so wrong. The options were many but the most likely ones were that either the boat was full of water or we were sitting too far back.

Eventually we concluded that the current was very strong and the boat was full of water. Sadly, we had lost all of the places previously gained on the upwind leg of the course, and were no longer moving at all, in any direction whatsoever. Finally after what seemed like hours of torture, bobbing around in the same spot, a "gust" of around five knots of wind hit us and we managed to slowly round the mark and swap with the next pair of sailors.

After our shift ended, at around 5:30 am, Russell and I went back to the junk to join the rest of the squad.



*Sleeping sailors (by Alison Treasure)*

It had taken us 1.5 hours to get just one lap done! Back at the junk, we all sat around talking, but remembered to nudge people awake when it was time for their shift.

During the whole 24-hour period, the only people who managed to get any sleep were Taylor, Andrea, Penelope, Anatole, Julian, Russell and George. I only managed to get a half-hour snooze in, waking at 7:50 am, only 10 minutes before my next shift.

After the race ended when the 24 hours had finished, we had to de-rig all of the boats. By this point, it was obvious that the Wayfarer that Russell and I had sailed had a problem, and we weren't at all surprised to find that it was full of water. Once we towed it up onto the slipway, it took us a full five minutes to drain it.

After all the boats were packed away, we left Hebe Haven Yacht Club and headed home for a nice long sleep. Although some of us, adults included, were slumbering before we even left the carpark. H



*Packing away (by Alison Treasure)*



# “ABC sails submarine in 24-hour dinghy race ...”

By Diana Bruce

Well, it was actually a Wayfarer, which usually bobs above the water very happily, but by the end of the 24-hour charity race, with so much water in the hull, it was seriously in danger of sinking below the waves.

And, despite heroic attempts by the ABC team to build on the success we had at last year's charity race at Sai Kung, our ranking unfortunately dipped along with the boat.

The Laser 2000 team, made up largely of our up-and-coming young Feva sailors, tried their very best and, even though they didn't win a prize on the water, they should certainly get an honourable mention for their cheerfulness and high spirits throughout the weekend.

## Good-natured banter

I don't know how much sleep they got on Saturday night – hopefully none were any worse for wear by the end of the weekend! So I can say that the two ABC teams did enjoy themselves.

The weather was true to form – fairly good winds for the 2 pm start on Saturday afternoon, an ominous drop in force by about 6 pm and then pretty much zilch from 8 pm until 6 am the following morning. The prospect of taking 1.5 hours to do one lap can be rather dispiriting, but the event's good-natured

feel and the on-the-water banter more than made up for any lack of wind.

## Monsoon down from China

Happily, by 8 am on Sunday morning, the effects of the monsoon coming down from China were being felt, and the last couple of shifts from 10 am to 2 pm were pretty exciting, testing our young sailors well.

The ABC Wayfarer team came third in its class, only three laps behind the winners (whose boat was indeed still bobbing very happily above the water at the end of the race), and 18th overall. The ABC Laser 2000 team was 19th overall, out of a total of 37 boats.

The ABC junk contributed enormously to our comfort and security. It's so nice having a comfortable, clean and well-kept base where we can leave our belongings and return after sailing. It was obviously one of the better bases as I noticed we had a lot of visitors from other teams! So many thanks to the Club for sponsoring the junk (and the entry fees) and to Mr and Mrs Lau Kam Cheung for helping us. The ABC's Tsai Fook, as always, is a tower of strength, spending the whole weekend ensuring our comfort and generally supporting the team, as well as coming down to the pontoon to cheer on the teams, and then onto the slipway to effect emergency repairs.

We'd also like to thank John Wood and John Tsoi for helping prepare the boats for the race, checking them upon arrival and after the race, and especially John Wood for helping out at the race with rigging and timely advice. We were in excellent hands all weekend.

Thanks also go to all the people who kindly sponsored our sailors. We raised \$13,190 on the day, with promises of a further \$4,200 at least to come (hope everyone has sent their cheques to Hebe Haven by now!!). We'd also like to thank Alison Treasure and Tim Edmonds for all their help before and after the weekend, Kevin Lewis and Rory Godman for their help before the weekend and, last but by no means least, the sailors, who were (in alphabetical order):

Russell Aylsworth	Malo Kennish
Yann d'Argenlieu	Anatole Martin
Diana Bruce	Cecile Martin
George Burkett	Juliette Martin
Andrea Chawla	Penelope Martin
Julian Chawla	Julian Reed
Harriette Edmonds	Ralph Summers
Alex Han	Madeleine Walker
Owen Henderson	Ryan Wong
Alex Huml	Matthew Wright
Thomas Huml	Taylor Young
Scarlett Lorin	







# ABC Christmas 2014 Youth Sailing Programme

Application Deadline Friday 12 December

## Saturday, 20 December 2014 – Sunday, 4 January 2015

The Christmas and New Year school holidays can provide some of the best times to sail; normally we can expect great conditions with good wind, making this time of year ideal for our more advanced courses. Naturally, it is cooler and we remind students and parents of the need to wear appropriate warm clothes. However, often we have lovely sunny weather, so December sailing can be very rewarding! Our High Performance and Level 4 courses are also now offered only once a year – so don't miss the opportunity!

Further details and application forms for all courses are available at the ABC Main Clubhouse reception and on the ABC website, [www.abclubhk.com](http://www.abclubhk.com). For more information, contact Jennifer Li at [SailingSecretary@abclubhk.com](mailto:SailingSecretary@abclubhk.com)

Due to last-minute applications, we now issue application deadlines for all courses. **Please note that if we have space we will still accept late applications, subject to a 30 percent late application-additional fee.**

Date and Time	Course	Age	Details/entry requirements	HKS (Member)	HKS (Non-member)
<b>Junior Optimist Courses</b>					
Sat 20 – Weds 24 Dec AM	Optimist Stage 1	7 – 12	Entry-level fun sailing for our youngest sailors!	864	1,300
Sat 20 – Weds 24 Dec PM	Optimist Stage 2	7 – 12	For those who have passed Optimist stage 1	864	1,300
Sat 20 – Weds 24 Dec PM	Optimist Stage 3	7 – 13	For those who have passed Optimist stage 2	864	1,300
Fri 26 – Tues 30 Dec AM	Optimist Stage 1	7 – 12	Entry-level fun sailing for our youngest sailors!	864	1,300
Fri 26 – Tues 30 Dec PM	Optimist Stage 2	7 – 12	For those who have passed Optimist stage 1	864	1,300
Fri 26 – Tues 30 Dec PM	Optimist Stage 4 Race Introduction	7 – 13	For those who have passed Optimist stage 3	864	1,300
<b>Youth Courses</b>					
Sat 20 – Weds 24 Dec	Beginners HKSF Levels 1 & 2	12 – 18	Basic entry-level sailing for teenagers	2,600	3,900
Mon 22 – Weds 24 Dec	3-day Topper Pico Feva Supervised Practice	12 – 18	HKSF L2 or equivalent experience	1,560	2,340
Fri 26 – Tues 30 Dec	Improver HKSF Level 3	12 – 18	Applicants must have passed HKSF Level 2 and since had a season of sailing	2,600	3,900
Fri 26 – Sun 28 Dec	RS Feva Introductory Course	12 – 18	Hold HKSF level 2	1,560	2,340
Mon 29 & Tues 30 Dec and Fri 2 & Sat 3 Jan 2015	ABC Introduction to High-Performance Sailing	13 – 18	A 4-day "mini" course to introduce spinnakers and trapeze-based high performance sailing. Ideal choice for students to gain experience if not yet ready or qualified to attend the complete HKSF Level 4 course	2,080	3,120
Mon 29 & Tues 30 Dec and Fri 2 – Sun 4 Jan 2015	High-Performance Advanced Skills, HKSF Level 4	13 – 18	Advanced skills course including spinnaker, trapeze, boat handling, anchoring, introduction to navigation and meteorology. (Applicants must hold Improvers HKSF Level 3 and since have had one season of sailing.)	2,600	3,900
Mon 29 & Tues 30 Dec	RS Feva Gennaker Introductory Course	12 – 18	Students must hold an RS Feva Introduction Certificate	1,040	1,560
3, 10 & 11 Jan 2015	Assistant Instructor Course	14 – adult	Hold HKSF Level 3	1,560	2,340

**Note course timings:**

**AM Course: 9 am – 12:30 pm (meet at 8:45 am at the main Clubhouse)**

**PM Course: 1:30 pm – 5 pm (1 pm ferry from the main Clubhouse)**

**Entire-day course: 9 am – 4:30 pm (meet at 8:45 am at main Clubhouse)**

## Competition report



Foo Wai Yuen in his 2.4mR



# Sailability Hong Kong Earns Bronze at the Asian Para Games 2014

By Mike Rawbone, chairman, Sailability Hong Kong

**W**hen originally asked by the Asian Para Games organisers back in March 2013 if

Sailability Hong Kong would like to put a team together to represent Hong Kong in the 2014 Asian Para Games in Korea, we had few eligible sailors, no 2.4mRs and only three Access 303(w) – but we did have 18 months and a lot of enthusiasm!

By October 2014 – the time of the Asian Para Games – we had, thanks to the generosity of the Hong Kong sailing community and general public, six Access 303(w) and four 2.4mRs.

More essentially, during the period, we had gathered together 24 sailors, who like us had a competitive spirit, wanted to learn and were prepared to give their best.

The Hong Kong sailing community got behind us and we participated in all

of 2014's major regattas, using these as qualifying regattas. Our mission was established with a realistic goal and our target was "not to come last." As things turned out – we didn't.

### Early adapters

Taking the decision to arrive a few days early in Korea, we quickly adapted to the local conditions. The most serious were the tidal strength and variable wind. This was a good decision on our part. When our four days of competitive racing commenced on 19 October, we knew the racing area.

What we didn't really experience was the cold and rain that set in on the second and third days of racing ...


By the end of the second day, Foo Wai Yuen, in a 2.4mR, was in fourth place

overall. On the third race day, Wai led from the start and won a race. Then Wai secured two third places – moving up to third overall. All that was needed was to hang on to that place on the final day.

### Contenders for metal

Whether an omen or not, the Hong Kong Paralympic Committee knew we were in medal contention and came to support us on the final two days – we hung on and secured that bronze!

Our Access 303(w)s finished sixth and seventh overall, another very creditable effort and result.

As a team, the Asian Para Games 2014 were a fantastic achievement and one of which we are all proud. 

*Wai, out in front, winning the race by a wide margin*







Foo Wai Yuen with his Bronze on the medal stand



Foo Wai Yuen in HKG 2, dueling against a competitor from Japan

## 2014 인천장애인아시아경기대회 INCHEON 2014 ASIAN PARA GAMES



INCHEON 2014  
ASIAN PARA GAMES



Asian  
Paralympic  
Committee



The Hong Kong Sailability team



The presentation group



Foo Wai Yuen with Mike and Kay Rathbone





The Aberdeen Typhoon Shelter



The WME IMG team

# One Man's Rubbish is Another Man's ... er ... Rubbish

By Andy Orr, first assistant to the harbour janitor

If any of you, when casting off from the ABC, happen to come across a small Chinese lady in a white floppy hat, holding a long-handled fishing net and plucking discarded plastic bottles, empty styrofoam fish boxes and (children, turn away) used "youknowwhatsits" from the typhoon shelter, please say hi.

She's a fellow ABC member and the founder of the very select and unfortunately way too small "Harbour Janitors" group.

For about six months now, my wife and I, along with our two daughters (when they can be bribed by the \$20 per hour fee on offer) and on occasion a few diligent neighbours, have been dedicating a couple of hours on weekends to collecting the unfortunately massive volume of rubbish that collects in the Aberdeen typhoon shelter.

Over this time, we've managed to extract upwards of 500 kgs of rubbish, but the sad fact is that we barely scratch the surface.

Particularly during the summer months, within a matter of hours, the lunch boxes, drink containers and plastic bags return.

The equally sad fact is that most people who live or work in the shelter regard it as someone else's problem. The Marine Department do next to nothing, whereas the Marine Police – despite being stationed in the middle of the mess and armed with a law that imposes a \$10,000 fine on anyone littering Hong Kong waters – seem oblivious to the shipyard and fishing boat workers, the boat boys and pleasure craft owners throwing their waste directly into the sea. We felt we needed to take matters into our own hands ... which is why I got my office involved.


On a very nice Thursday in October – the sort of day made for being on the water (but not resplendent in rubber gloves!) –

a group of intrepid folk from the Hong Kong office of WME IMG spent a few hours clearing rubbish from the typhoon shelter. Every year, the company sets aside one day for its staff globally to perform community-based service. Excellent – a ready-made typhoon shelter cleaning unit! Break out the nets and rubbish bags!

The ABC showed us fantastic support by donating the use of their small power boats, and the Club's boat staff pitched in, driving the rubbish crews around the typhoon shelter and helping remove the rubbish bags from the Club jetty.

Despite the fact that some of my coworkers are petrified of the water and have never learned to swim, we managed to pull 20 large garbage bags of rubbish from the typhoon shelter. That's 20 bags of rubbish that won't poison our waters and kill thousands of fish; 20 bags of rubbish that tourists to Hong Kong won't go home and tell their friends about; 20 bags of rubbish that won't create an eyesore as ABC members motor out of the typhoon shelter on their way to another majestic day on the water.

However, it was only 20 bags, and it will be back tomorrow.

Until we all make greater efforts to stop the littering and to keep our rubbish out of the shelter, it will always be back tomorrow. Scientific folk tell us that it can take one million years for a piece of styrofoam to decompose in the environment. It is 1,000 years for a plastic bag. However, it takes only a few seconds to pluck these items out of the sea. Even better, why not put them in a proper rubbish bin on land instead of throwing them in the sea in the first place? 



31 JANUARY –  
1 FEBRUARY 2015

Sponsored by



Supported by



# 31<sup>st</sup> FOUR PEAKS Race

Organised by



For entry form and sailing instructions, download from [www.abclubhk.com](http://www.abclubhk.com)



*Competition report*

# The Clean Half: Asia's Premier Swim-Relay Event

*Stephen Voss and a great big boat, (by Ian Barlow)*





*Ian Barlow all at sea  
(by Nancy Chan)*



*Calum Watson at Cape D'Aguilar  
(by Ian Barlow)*

So what's the hardest way to get from Stanley to Deep Water Bay? Cycle? Mostly downhill; too easy. Walk ... well, maybe. Violet Hill is a challenge.

How about sailing? As a sailor you'd say that's easy; as Captain Capsized I'd say that's hard.

But how about swimming? It's only 15 kilometres. What could possibly go wrong?

Every year, people come from all over the world to take part in what is fast becoming recognised as one of the world's premier long-distance swim events. Hong Kong's Clean Half, as it is known, follows the southern coastline of the island, and as the name suggests, it is likely to be the cleanest part of the sea around Hong Kong island.

The annual Clean Half swim raises money for charity, with its funds going to the Ocean Recovery Alliance, a non-profit organisation that focuses on improving the ocean environment (see more at <http://www.oceanrecov.org>).

In the November issue of *Horizons* you will have seen an article about the ABC/WWF beach clean-up in September, at Beaufort Island, where a big part of the Club's effort was picking up plastic bottles. One aim of the Clean Half swim event is to raise awareness

about ocean conservation and the damaging part that discarded plastic can play in ruining the seas.

#### **Solo or relay options**

Some people choose to swim the event solo, but most are in teams of five, swimming in a relay. The ABC was represented by two members of the "Left Laners" team; Calum Watson and me.

The Clean Half covers some of open water swimming's most challenging conditions; from the onshore headwind and chop at Stanley Main Beach (Calum, who volunteered to take the start and first section, called it a washing machine), across to the big swells between the Shek O Peninsula and Cape D'Aguilar.

And then suddenly it's calm, and there are some sublime views of the coastline on the run towards Deep Water Bay.

Last year Calum and I finished the event in a fraction over four hours. This year was different. The tides and currents were against us, so we finished in 5.5 hours, putting us halfway down the field of 63. A pretty good result, but we are going to have to do a bit to catch the winners next year, who finished this year in 3.5 hours. That's some going. H

“Swimming from Stanley to Deep Water Bay? It's only 15 km. What could possibly go wrong?”



*Stephen Voss meets  
a junk (by Ian Barlow)*



*Simon Dedman in a big swell (by Ian Barlow)*





# West Island Scouts on Middle Island: Scouts Open Up Path to 360° Views

Words and photos by Michiyo and James Ross,  
28<sup>th</sup> West Island School Scout leaders

*The bushy path, before we started our work*

At the request of the Commodore and the General Manager, the 28th West Island School Scouts spent Saturday, 27 September, clearing a path from the ABC Clubhouse to the trig point on the top of Middle Island.

Making the path was hard and hot work for the Scouts, who all the same had a fantastic time cutting and clearing away a lot of low-level brush, ferns, and other ground cover.

When we first climbed Middle Island we found only the faintest of traces of a previous path, so there was a lot to do! Anyway, the Scouts all worked very hard

for the entire day. We managed to clear the bushes from the path all the way up to the top of the island.

Clearing brush was a great experience for the Scouts, and hopefully will enable ABC members to experience a new side to Middle Island!


Our thanks go to General Manager Philippe, Steven, Paul and Harry, and other members of the ABC staff, and Commodore John Berry, for all their help and support, and for providing a great ferry ride and lunch for the Scouts.

If you are interested in making the climb, then you will be able to see amazing 360-degree views from the top

of Middle Island, in fact enjoying great views on your way up.

However as the path itself remains rough, and in places you will have to scramble a bit, please make sure you wear proper trainers or hiking shoes with grip for safety.

For safety reasons, any children definitely should be accompanied by adults. Please make sure you watch where you put your feet, wear long trousers, and do make a lot of noise just in case you bump into a snake!

We do hope you will all enjoy this mini-hiking trail to the trig point of Middle Island. 





Scouts with Philippe de Manny



Cutting bushes on the trig point



Scout leader James Ross with scouts



The Scouts to Middle Island's rescue



At the trig point, before starting work





Working the bilge pump

# *Doc's Dash: The Simple Joys of Autumn Sailing*

By Jo Allum, photos by John Allum

**O**n Saturday, 13 September, we made the early morning taxi and bus run over to Discovery Bay for the annual "Doc's Dash," organised by the Lantau Boat Club.

Skipper (and boat owner!) Jacob Meunier was hosting John and me in *Yankee's* inaugural race. Having cruised a few times as a crew of three, we were looking forward to seeing what *Yankee* could do in a race. *Yankee* is a Cape Cod catboat designed in 1965 and built in 1984 at Marshall Marine in South Dartmouth, Massachusetts. Her cabin was refit in 2009 before coming to Hong Kong.

However, *Yankee's* performance, sadly, was not fantastic – but that was definitely more down to the crew than the boat and skipper!

Confusion at the start, and not seeing the windward mark, meant we were playing catch-up from the start, and we were quickly overtaken by the Category B boats who started behind us.

However, we managed to get in front of two or three category A boats before a decision to go closer to land left us in the doldrums for a time! We picked up a good pace on the way to No Name Rock. It's certainly fascinating to sail in Hong

Kong, surrounded by every type of vessel from Hobies to freighters!

## **DFL and happy**

A smooth rounding and we were on the homeward stretch. As we rounded Peng Chau, the wind dropped, and three boats behind us retired from the race. We determined to finish and struck out for the finish line, making it with 10 minutes to spare before the cut-off! We finished DFL (Dead F\*\*\*\*\* Last), but at least we finished! **H**









# CLASSIFIEDS



Aquamarine, the only luxury resort in Pengantap, South Lombok, Indonesia. Pristine white sand beaches with crystal clear water and a magnificent view will make your dreams become a reality. Just a short hop from the neighbouring island of Bali.



**aquamarine**  
BY PRIVATE SANCTUARY

www.twitter.com/Aquamarine\_PS  
www.facebook.com/aquamarine.lombok

## contact

Jl. Raya Pengantap, Bayun Mas | e: aqua@aquamarine-lombok.com | t: +852 3188 4039 | www.aquamarine-lombok.com

**POINT 65°N**  
Kajaks SWEDEN

**Rum Runner**  
Modular SUP

Stock available in Hong Kong

Starting from HK\$7,800

**Whitewater Ltd**

sales@whitewater.com.hk +852 6271 2247  
www.whitewater.com.hk



Gold standard of internationally recognised sailing qualifications

Learn on our comfortable Bavaria 47' (air-con & generator)



## RYA Practical Courses/Exams

Start Yachting • Competent Crew  
Day Skipper • Coastal Skipper  
Yachtmaster™ Coastal, Offshore & Ocean

## RYA Shorebased Courses (online)

Essential Nav & Seamanship • Day Skipper  
Yachtmaster™ Coastal/Offshore & Ocean

## RYA Shorebased Courses (classroom)

Diesel Engine • Radar • Sea Safety & Survival

## Services

Own Boat Tuition • ISAF Check • Skipper Hire

mail@apy.com.hk  
www.apy.com.hk  
(852) 5416 6422



## MAINTENANCE & REPAIR



We provide trusted professional services for: anti-fouling, wood work, GRP and innovation.  
High quality maintenance for any job on any class of boat.

Call Mariana Mak on 2873 2877  
mariana@fullwinmarineser.com

Fullwin Marine Service & Engineering Co Ltd

## Hong Kong Pleasure Vessel Operator's Handbook \$390

A guide to earning the Hong Kong Pleasure Vessel Operator's License, with all materials needed for the Grade 1 and 2 exams. Includes flashcards on buoyage and navigation lights, sample test questions and the full exam syllabus.



Available now at the ABC Club Shop

Interested in reaching the 1,200 members of the ABC and Hong Kong's wider boating community?

ABC members receive a 10-percent discount



Please email jo.allum@ppp.com.hk or call 2201 9719





# 130 years of innovation



## FIRST

First 40 Carbon Edition  
First 35 Carbon Edition  
First 30 Carbon Edition  
First 25  
First 20



## Oceanis

Oceanis 60	Oceanis 38
Oceanis 55	Oceanis 35
Oceanis 48	Oceanis 34
Oceanis 45	Oceanis 31
Oceanis 41	



## Sense

Sense 55  
Sense 50  
Sense 46  
Sense 43



Asia's Leading New Yacht Sales, Brokerage, Service, Management and Charter Company

[www.simpsonmarine.com](http://www.simpsonmarine.com) | [beneteau@simpsonmarine.com](mailto:beneteau@simpsonmarine.com)

Aberdeen Marine Tower, Hong Kong +852 2555 8377

China Hong Kong Indonesia Malaysia Singapore Taiwan Thailand



(member of e. bon group)

Giorgetti Store Hong Kong  
2/F

3-11 Wing Fung Street

Wanchai Hong Kong

Tel. 3102 3189

info@viahk.biz

[www.viahk.biz](http://www.viahk.biz)

Opening hours

Mon - Sat 10.30 > 19.00

Sun 11.00 > 18.00

HUG

Rossella Pugliatti 2015



**GIORGETTI**