



Aberdeen Boat Club
2016 Opening Dinghy Regatta
Sailing Instructions

“Fast Boat Course”

29ers, 420s, Laser Radials & Multihulls

Saturday 17th and Sunday 18th September 2016

The Regatta Organising Authority is the Aberdeen Boat Club under the auspices of the Hong Kong Sailing Federation. The Regatta Office will be at the Aberdeen Boat Club.

1. Rules

- 1.1 The Regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS) 2013 – 2016 (RRS).
- 1.2 The Prescriptions of the Hong Kong Sailing Federation (HKSF) will apply, together with:
 - the HKSF Portsmouth Yardstick (PY) Number List for Dinghies;
 - the Class Association rules;
 - these ABC Opening Dinghy Regatta 2016 Sailing Instructions (ABC ODR 2016 SI's) – Fast Boat Course and the ABC Opening Dinghy Regatta 2016 Revised Notice of Race.
- 1.3 In case of conflict between any of the above, succeeding items take precedence. This changes RRS 63.7.
- 1.4 If the Protest Committee decides that a boat which is party to a protest has broken a rule and is not exonerated, it may impose a scoring penalty (which may be no penalty) at its discretion, as an alternative to disqualification. This changes RRS 64.1

2. Notices to Competitors

- 2.1 Notices to Competitors will be posted on the Official Notice Board at ABC Middle Island Clubhouse.

3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted on the the Official Notice Board at ABC Middle Island Clubhouse before 0900 on the day it will take effect, except that any change to the schedule of races will be posted before 2000 hours on the day before it will take effect. This will be marked by an IC Flag "L" at the ABC Middle Island Clubhouse in daytime hours.

4. **Signals Made Ashore**

Signals made ashore will be displayed from the flagpole located at the ABC Middle Island Clubhouse.






5. **Schedule of Races**

The programme is as follows:

- **Saturday 17th September** Racing, first possible warning signal: 10.55 hrs
- **Sunday 18th September** Racing, first possible warning signal: 10.55 hrs
Latest possible start: 15.30 hrs

6. **Class Flags**

Class Flags will be:

29ers	"V" Flag	
420s	"K" Flag	
Laser Radial	"E" flag	
Hobie 16s	"T" Flag	
Other Multihulls	"R" Flag	

7. **Racing Areas**

Racing will take place in any area west of Po Toi Island including Tai Tam bay. The location of the starting line will be determined by the race officer on the day.

8. **The Courses**

- 8.1 The List of Courses from which the courses will be selected on the day is set out in the Attachment A, which forms part of these Sailing Instructions.
- 8.2 The course selected to be sailed will be signalled, no later than the warning signal, by the committee boat displaying the appropriate course number, by means of a flag or board.

9. **Marks**

Race marks are detailed in the Course diagram, attachment A.

10. **Propulsion**

For the 29er Class if the wind is consistently 10 knots or above, measured at deck level, the Race Committee may permit "pumping, rocking and ooching" by displaying the International Code Flag "O" before or with the warning signal, and these actions are permitted from the preparatory signal. This changes rules 42.1, 42.2(a), 42.2(b) and 42.2(c).

11. **The Start**

- 11.1 Races will be started by using rule 26 with the warning signal made five minutes before the starting signal.

- 11.2 The starting line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and an club buoy laid as an Outer Distance Mark (ODM) at the port end.
- 11.3 A boat starting later than 5 minutes after her designated starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4.
- 11.4 When Flag U is displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. This changes RRS 26, 63.1 and A5. RRS 29.1 Individual recall does not apply. The scoring abbreviation for a flag U penalty is UFD. This changes A11 Scoring Abbreviations.

12. Change of the Next Leg of the Course

- 12.1 To change the next leg of the course in the context of rule 33, the race committee will lay a new mark and remove the original mark as soon as practicable. The change of course will be signalled before the leading boat has begun the leg although the new mark may not yet be in position.
- 12.2 Any mark to be rounded after rounding the new mark may be relocated to maintain the course configuration without further signalling. When in a subsequent change a new mark is replaced, it will be replaced by the original mark. When a change of course mark is replaced, it may be replaced with a mark with a white covering.

13. The Finish

The finishing line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and the nearby finishing mark as an Outer Distance Mark (ODM) at the port end.

14. Time Limits and Target Times

- 14.1 Irrespective of a course being shortened, the time limit for the first boat is 50 minutes and all other boats shall finish within 15 minutes of the first boat. Boats failing to finish within this time limit will be scored Did Not Finish (DNF) without a hearing. This change rules 35, A4 and A5.
- 14.2 The race will be abandoned if the first boat has not finished within the time listed.

15. Arbitration

- 15.1 Arbitration will be offered in line with procedures laid out in the RRS 2013 – 2016 HKSF Appendix 3.
- 15.2 Rule 44.1 is changed to permit a boat to take a 20% scoring penalty as calculated in Rule 44.3 (c) during an arbitration hearing.

16. Penalty System & Protest

- 16.1 Protest and request for redress shall be delivered to the Race Officer or placed inside the protest box at the ABC Middle Island within 90 minutes of the last boat to finish the day's racing.
- 16.2 The protest time limit will be posted on the Official Notice Board as soon as possible.
- 16.3 The list of protests or requests for redress received and Hearing Schedule will be posted on the Official Notice Board, within 15 minutes of the end of Protest Time. Hearings will be held as soon as possible after racing each day at the ABC's Middle Island clubhouse.
- 16.4 For 29ers, Hobie 16s and Other Multihulls, Rule 44.1 is changed so that Two-Turns Penalty is replaced by the One-Turn Penalty. For 420s & Laser Radials - Rule 44.1 remains unchanged.

17. Scoring

- 17.1 A maximum of 8 races will be sailed in the regatta, 1 race will constitute a series. The starts for each day's subsequent races will follow as soon as possible after completion of the previous race.
- 17.2 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.3 Results in **29er, 420, & Laser Radial** and **Hobie 16** divisions will be based on finishing time over the finish line. For **Other Multihulls** results will be calculated on corrected time using SCHRS handicap rating system.

18. Safety Regulations

- 18.1 29ers, 420s, & Laser Radial competitors shall sign in / sign out on the registration sheets at ABC Middle Island Race Office. Failure to sign in or back out after the race may result in penalty or disqualification, at the discretion of the Race Committee. This changes rules A4 & A5. Hobie 16 and other multi – hulls shall sign in by hailing the committee boat on arrival in the race area.
- 18.2 A boat which wishes to retire from the race must advise the race officer or regatta safety boats. Boats must not return to shore without doing so.
- 18.3 Communication may be made to the race officer by hail but where possible should be avoided unless made to indicate retirement or for safety reasons.
- 18.4 Personal floatation devices (PFD's) in good serviceable condition shall be worn at all times while on the water during the regatta.
- 18.5 Competitors are reminded of RRS Rule 4, Decision to Race.

19. Support Boats

- 19.1 Team leaders, coaches and other support personnel shall stay clear outside areas where the dinghies are racing from the time of the preparatory signal to the finish of the race.
- 19.2 If the Race Committee hoist IC Flag K all support boats shall observe a listening watch on designated VHF safety channel and may enter the race area to assist with safety support for any competitor. If assistance is provided those competitors shall retire from that race. Coaches are requested to record those boats they provide assistance to and report it to the Race Committee via VHF or verbally by approaching the committee boat at an appropriate time.

20. Prizes

Prizes will be awarded on the Sunday of the Regatta after racing at the ABC Middle Island Clubhouse.

21. Disclaimer of Liability

- 21.1 The Aberdeen Boat Club, the Organising Committee, the Race Committee, Race Sponsors and their respective representatives, officers, members, staff and volunteers accept no liability whatsoever for any loss of life or property, personal injury and damage caused by, or arising out of the Regatta.
- 21.2 The responsibility for a dinghy's decision to participate in a race or to continue racing is hers alone. (RRS Fundamental Rule 4). In addition competitor's attention is drawn to Special Regulation 1.02 (first point) which begins "The safety of a boat and her crew is the sole and inescapable responsibility of the Person-in-charge..." Competitors participate in the regatta entirely at their own risk.
- 21.3 Helms and crews are invited to co-operate with the Organising Authority, Race Committee and ABC Sailing Office in completing the formalities of their boat entries by submission of all required information, certificates, forms, etc. within the deadline dates quoted throughout this NoR. Failure to comply will result in a boat not entering the race correctly and will require supporting evidence to be presented to the race committee to comply.

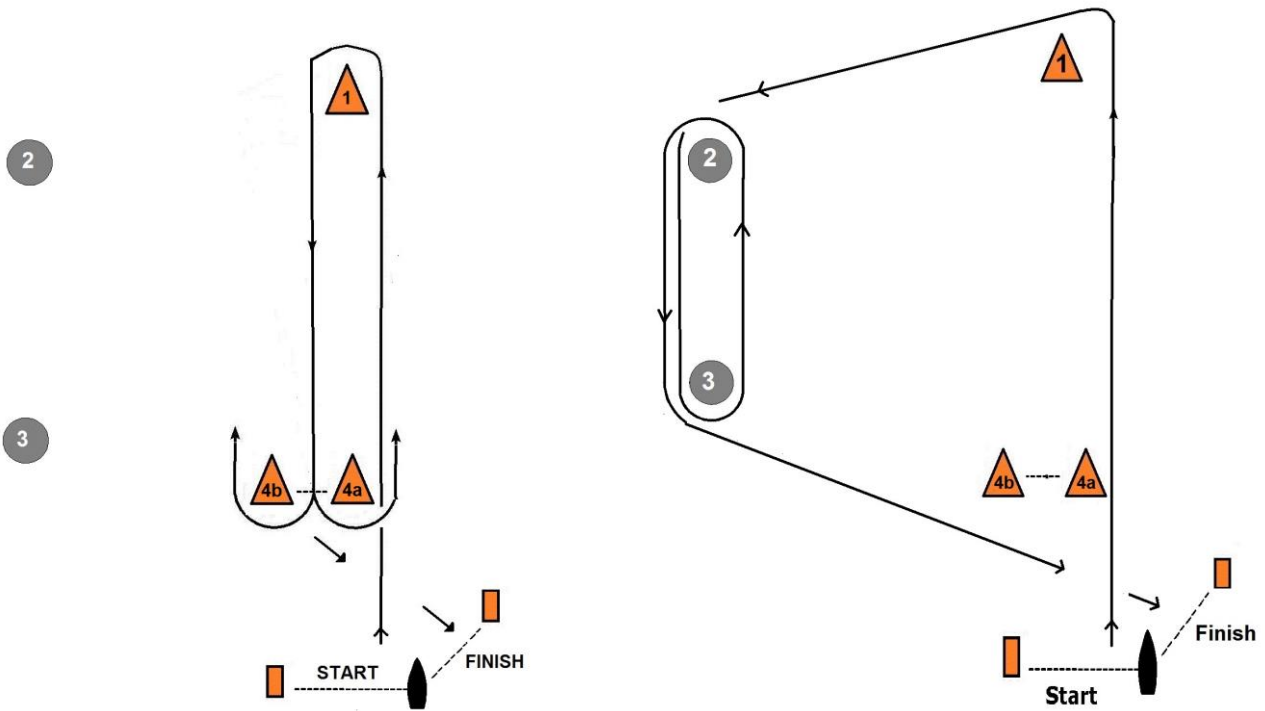
22. Insurance

All competitors shall have adequate third party liability insurance for racing. Proof of insurance will be requested of a boat entering the regatta by the organising authority who is not representing a HK club or organisation. ABC members or cadets using club boats will be insured by the organising authority.

Attachment A: COURSES

29er, Hobie 16, Other Multihull Courses:

420, & Laser Radial Courses:



Marks of the course will be inflatable buoys and are identified as:

- 1 Triangle shaped orange Windward mark
- 4a & 4b Triangle shaped orange Leeward gate marks
- 2 & 3 Spherical yellow marks
- ODMs Tall cylindrical orange Outer Distance Marks

	<p>Course O1: "Circuit" Start, 1, 2, 3, 4b (port passing), Finish</p>
<p>Course L2: "Double Windward-Leeward" Start, 1, 4a/4b, 1, 4a/4b, Finish</p>	<p>Course O2: "Double Outer-loop" Start, 1,2,3,2,3,4b (port passing), Finish</p>
<p>Course L3: "Triple Windward-Leeward" Start, 1, 4a/4b, 1, 4a/4b, 1, 4a/4b, Finish</p>	<p>Course O3: "Triple Outer-loop" Start, 1,2,3,2,3,2,3,4b (port passing), Finish</p>