



2011/07
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HORIZONS

THE MAGAZINE OF THE ABERDEEN BOAT CLUB

Taking the Plunge

Buying a boat in Hong Kong

The Pride of Aberdeen

Sun Hing Shing's floating masterpieces

Macau or Bust

Spinnaker runs and smiles on long weekend race

Keeping it Green

ABC's sustainable seafood menu





How to solve the Questions of Class

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HORIZONS ISSUE 2011/07

- P2 From the Top**
Commodore's Letter, GM's Letter
- P4 Flag Officer's Report**
Rear Commodore Richard Walker – House Committee
- P6 Sailing Update**
Summer Series I Race Report
- P7 Powerboat Update**
Bluewater Fishing Competition Results, Jebesen nabs Fairline
- P8 Dinghy Update**
Macau Dinghy Regatta
- P10 Feature: Taking the Plunge**
Buying a Boat in Hong Kong
- P14 J/80**
ABC's First J/80 Competent Crew Course
- P16 Club Events – What's Going On**
- P18 Feature: Macau or Bust**
The 2011 COA Dragonboat Festival Weekend Macau Race
- P23 PVOL Course Details and Enrolment Form**
- P25 Meet the Members**
Jackie Simpson, Michael Tsui and Cheung Chi Wo
- P26 Club Promotion**
Great Deals and Tasty Treats
- P28 Pugwash**
Bouquets and Brickbats from Our Members

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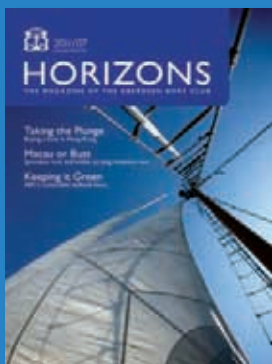
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ABC GETS A MAKEOVER

This is the second publication of our newly upgraded Horizons magazine. I trust members found the new style refreshing when it arrived last month. I am pleased to say that we have had many complimentary comments from members, advertisers and other Clubs. In an age where the computer is king it is a matter of debate whether to continue to communicate using publications of this nature or rely solely on web site information. I personally like the concept of magazine browsing but it does take additional effort to produce and it does rely on a steady stream of interesting content to make it worthwhile. In this regard I would encourage members to offer articles to publish and share. Your summer holiday exploits would be a good place to start. The upgrade of Horizons

is part of our overall strategy to enhance the image of the Club and we will soon be rolling out themed improvements to our stationery, posters and general publications to support this initiative.

The arrangements for holding our Annual Prizegiving at Middle Island in late May were thwarted by an afternoon downpour but our staff were completely on top of the situation and responded with their usual efficiency to create a very attractive and comfortable alternative venue in the Harbour Room. A good turn out of skippers, crew and friends enjoyed a fine dinner with the inevitable tales of racing joys and mishaps during the season.

With the weather now fully warmed up, albeit with the odd shower, we now



turn our attention to the Summer Series which provides yet another dimension to the ABC racing scene. If you fancy a casual race to one of the south side sea food restaurants, then sign up for one or all of the four races to be held in July and August.

Happy Sailing

Barry Hill
Commodore

YOUR CLUB NEEDS YOU...

For as long as I can remember, I have always thought that one day I would have a boat and sail the oceans alone, feel the breeze and the sea spray on my face, race with the horizon and chase the sunset, and know that sense of freedom described by sailors around the world. However most dreams usually stay just that, and are never realised unless one day luck strikes and fate intervenes.

Joining the Aberdeen Boat Club eight years ago happened to be just the stroke of luck I needed to get me closer to my dream, and enter this mysterious world of seafaring. I still don't have a boat, and in all probability I never will, but I have discovered another great maritime activity – being a Race Officer.

First you get to see and know a great variety of boats; without the burden of buying one, mooring it, cleaning it, getting it ready for a race or a passage etc. Secondly, you get invited to sail on other sailor's boats, and get free rides on the ABC's Committee and speed boats. Thirdly, when a race takes place you suddenly become an important and respected person among the sailors as you hold their fate in your hands for the next few hours. Last but not least you become, if just for a moment, the admiral of a fleet you have given a heading to and sent out onto the ocean. That is a real ego-booster, and a great way to spend your Sunday.

Unfortunately, we always struggle at the ABC to schedule Race Officers, so



if you fancy a day out at sea with free breakfast and lunch, then call me. I will share with you my limited but sufficient knowledge on Race Officering, take you on the Committee boat for a few practice sessions and before you know it you will be all set to take part in the ABC's raison d'être, boating.

Is this something you fancy? Then please get in touch...

Philippe de Manny
General Manager

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FLAG OFFICER'S REPORT

I hope you are enjoying your new look copy of Horizon magazine. This is part of an overall revamp of the visual image of the Club. Over time you will see a new letterhead, menus, posters, e-letter and signage as we move to a new crisper and modern image.

Many more members now enjoy eating at the The Four Peaks Restaurant following the renovation. The most popular items on the menu are the \$15 Oysters on a Wednesday evening and the wonderful steaks that our new F&B Manager Terry Mung and Executive Chef Paul Chong and his team put together. The aim of the Four Peaks is to be the Club's fine dining restaurant. I, therefore, need to be a pain and remind members of the rules:

- Gentlemen should wear a shirt with a collar, long trousers and shoes (other than gym or sports shoes) in the evening, though during the day shorts are permitted.
- Children under the age of 12 have to leave the restaurant before 20.30 and are expected to eat from the Children's menu.

While rules are important there are clearly times when discretion has to be shown, and Philippe our GM will be the final arbiter.

Continuing on food, many of us enjoy eating at the Club. Some of you may have noticed that it is now cheaper to eat here than to buy your groceries in Park'N'Shop or Wellcome! There is a serious issue though, and with the rising price of food some of these costs have to be passed on to members. This is beyond our control, so please don't complain too much!

Philippe wrote about 'Greening Up' the Club in the June issue of Horizons.

As part of this process we are looking to move to e-communication with our members. This will include moving to e-invoices for monthly bills and moving to Autopay methods for all members to settle their bills. Alongside saving the club posting out over 1,200 letters each month, this is a much more efficient way for us to operate. Club staff receive many requests for information which is already at member's fingertips on the website www.abclubhk.com. So please use this valuable resource.

Summer is now upon us, and recently the sun has been shining and the views have been spectacular. More prosaically might I remind you of club regulations when the Number 8 typhoon is hosted. Club operations cease and all staff, members and guests will be required to vacate the premises – if members or guests cannot travel because of a lack of transport etc., public rooms will remain open. It takes two hours for the Club to resume full activity following the lowering of the Number 8 signal and if this happens after 6pm the Club will remain closed until the next morning.

Given it is summer many members will be travelling and we wish you all safe journeys. For those staying we are running a competition in Horizons for short articles for the Pugwash page, and for the crew who sail the furthest; a bottle of wine will go to each winner. Stories, submissions and voyage details can be sent to confessions@ppp.com.hk. If you are staying in Hong Kong, both the Club and Middle Island can be enjoyed every day through July and August.

One of the main jobs of the House Committee is to provide better services to members. To this end we are aiming to make some improvements to the Coffee



Shop over the next year and to open up a new BBQ facility. The latter might prove a challenge, as we need to take on the mighty bureaucracy of the Hong Kong government!

If you have any issues that you'd like to raise please email me at rearcommodore.house@abclubhk.com, or talk to me or any of the House Committee members: Peter Hilling, Bart Kimman, Ian Skeggs, Yann Sandt, and Ellen and Jon Zinke.

Have a great summer

Richard M. Walker
HouseCom

Club and Boating Biography

Richard Walker is a professor of public management and policy in the University of Hong Kong's Department of Sociology and Kadoorie Institute. He has been at the HKU since 2004, joining from the School of City and Regional Planning at Cardiff University. He has undertaken research for a range of bodies, including research councils, governments and individual organizations including APEC, OECD, and the National Audit Office.

He joined the ABC in 2006, and has served on House Committee (HouseCom) since 2007, becoming Rear Commodore House in 2010. He enjoys the open sea and fine dining.



Shaving the Way to Conquer Kids' Cancer



They came, they saw thirteen brave people shave their heads to help conquer childhood cancer!

On June 11th, Aberdeen Boat Club hosted its 3rd Annual St. Baldrick's Day Event. The St. Baldrick's Day Events in Hong Kong are volunteer-driven and the donations are committed to funding the most promising research to find cures for childhood cancers, and give survivors long and healthy lives.

The thirteen shavees volunteered to be shorn in public in solidarity with the children that lose their hair during cancer treatment. In exchange for this sacrifice, their family, friends and business colleagues made donations to help fund childhood cancer research in Hong Kong. Thanks to the many thoughtful and generous supporters over HK\$185,000 was raised at the event.

And who were these shavees? They included members that were kids, adults (including a woman), a father/son team and 'The ABC Staff made up of four shavees Team' (although with Andy it was hard to tell! Ed). This was a recipe for an entertaining event for all that attended. There were laughs, tears and overall happiness to be involved in this great time for a great cause!

The Guest of Honour was Saimon Rodriguez. Saimon is the son of Amie Rodriguez, a long time staffer at ABC. Saimon was fifteen years old when diagnosed with a brain tumour in November, 2010. He battled this dreadful disease for seven months and recently completed his last radiotherapy treatment. We are very pleased to report that the tumour is gone. One of the most moving moments of the event was when Saimon decided to be shorn and join in with the other heroes.

All the funds raised at the event will be distributed to the Children's Cancer Foundation in Hong Kong. This Foundation was formed 22 years ago and is instrumental in seeking childhood cancer research projects conducted in Hong Kong.



www.stbaldricks.org

THANK YOU TO THE ABERDEEN BOAT CLUB AND ITS MEMBERS FOR BEING HEROES TO KIDS WITH CANCER!

Previous race photo. *The Farr Side*.

RESTAURANT RACES GET A GOOD START


ABC Summer Series I
words by Winn Kaaka

The sun was shining, but sitting on the coffee shop deck for breakfast there was little wind. What a surprise then to arrive in Repulse Bay and find a steady breeze blowing in from the east. Glad I didn't take up any course suggestions while in the coffee shop!

Po Toi is the usual destination of many Summer Series races due to the wind, but with an easterly breeze it was a good opportunity to go to Cheung Chau. Fingers crossed that the breeze behind Lamma was a go as well.

So the course was set. I decided to make it more interesting so I dispensed with the windward mark and set a reaching start to the first mark – Chesterman Buoy. For some of the boats it was a challenge, but the old faithfuls, *The Farr Side*, *Thea* and *Xiphias* revelled in it. *The Farr Side* got the better of it and set the pace.

For the committee boat the race was then on for us to get to Cheung Chau and set the finish line. I suggest it may be time to buy a faster committee boat! It was touch and go if we would get there in a timely manner. All the boats had managed to stick together, and the sight of seeing all the spinnakers barrelling down on Cheung Chau rock was amazing.

We arrived with only minutes to spare before *Xiphias* rounded the last point. It ended with a flurry as all 10 boats finished within 25mins of line honours winner *Xiphias*. *Ahyoka* crossed just two minutes later with *Intrigue* crossing two minutes after that. 

Previous race photo. *Intrigue*.

WHEN THE BOAT COMES IN

The First Fishing Tournament between the Aberdeen Boat Club and the Mandarin Sport Fishing Club to be held for a number of years took place on May 29th. With Typhoon Songda veering away from the South China Sea, the weather was ideal with sunny skies, light winds and a gentle easterly swell. Allowing boat owners to enter without being members of either club, organisers were able to offer places to almost all anglers who wanted to take part, making a record of five boats and over 25 anglers.

Fishing started at 08:15 and all lines were out of the water by 16:15. Most boats were 20-25 miles offshore, *Thai Lady* being the exception which set off on Friday night to the Riggs.

There were over 150 fish hooked, with the vast majority being released. The most common fish caught was Mahi Mahi, with Tuna (Bluefin and Kawa Kawa) also being landed. Chris Hirst secured the win for the Mandarins by landing and releasing a Black Marlin after a titanic 45 minute battle, on 30lb (15kg) line.

After the fishing all boats headed to the ABC's Middle Island clubhouse for the weigh-in, joining friends and family members for the after match BBQ. It was a very social and well-attended event. A rematch has already been tabled, dates and timing to be advised. **H**

Results:

ABC: 403

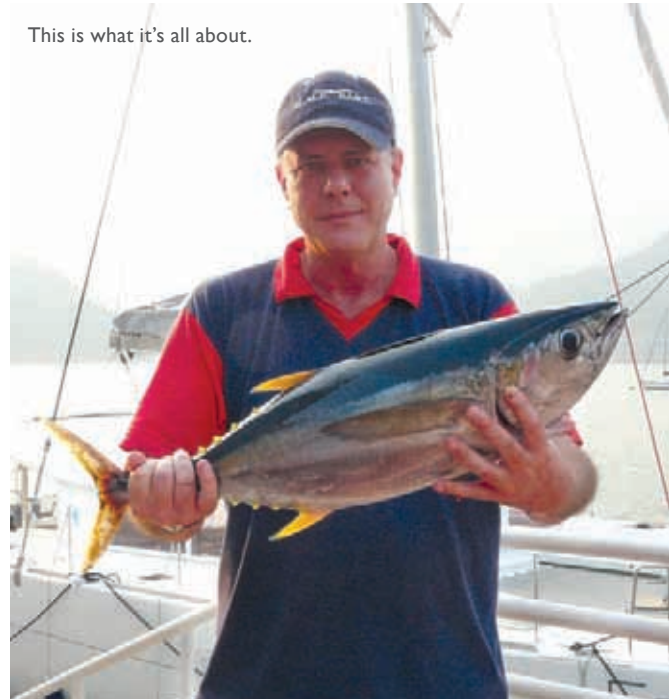
Mandarin: 2752

Winning Club: Mandarin Sport Fishing Club

Champion Angler: Chris Hirst (Mandarin)

Champion Boat: *Reel Affinity*

This is what it's all about.



JEBSEN MARINE ACQUIRES FAIRLINE DEALERSHIP

Fairline Squadron 65.



Luxury motor yacht manufacturer Fairline Boats continues to expand in Asia with the appointment of Jebson Marine as its authorised Fairline dealer for Hong Kong.

A specialist in marketing and distribution, Jebson has a history spanning over 100 years employing in the region of 2,000 people across the company. As well as sales, Jebson Group's well-established marine division offers services such as brokerage, after-sales support, insurance and crew placement.

The company's latest authorised dealer appointment of Fairline Hong Kong follows Jebson Group's appointment to represent the brand in Mainland China, based in Shanghai, trading as Fairline China. **H**

Pico dinghies racing



2011 MACAU INTERNATIONAL DINGHY REGATTA

words and photos by Kevin Lewis



Some of the ABC Team at Macau

For the second year ABC supported the Macau Sailing Academy by sending a team of sailors and dinghies over to compete in their annual regatta, this year held on 11 & 12 June off Hac Sa beach in Macau. Not only is this a great fun event, it's also billed as a 'family weekend away' with sailors and families from all three Hong Kong clubs getting together to sail and relax, as well as showing our support for the development of dinghy sailing in Macau.

The logistics to support the event by both ABC and Hebe Haven Yacht Club involved packing and sending over 17 Pico dinghies and two safety boats in two containers. It's a considerable job as the ABC boats first need to be transported to HHYC where the extra space and equipment is available to pack the containers. The containers are then shipped to Macau and unloaded for the event. The Hong Kong boats, together with the Topaz, Lasers and Stratos already owned by MSA, allowed a fleet of 33 dinghies to take part over the weekend.

Saturday saw light winds increasing to around 10 knots and a rather leisurely four races were held, complete with lunch break back on the beach! ABC sailors got away to a great start with our Topaz team of James Hodgson and JG Brasier ending the day with three first's and



ABC sailors Amy and Russell



ABC sailors Yann, Oliver, Natalie and Faith



ABC sailors Yann, Oliver, Laura and Michael



James and JG lead the Topaz fleet

a second, out of the nine boat fleet to hold first place, with Natalie Tsui and Faith Leung taking second place. In the Pico division ABC sailors had a poor start but showed steady improvement with Yann D'Argenlieu and Oliver Edmonds ending the first day 4th overall out of 15 Picos. For the first time there were adult sailors as part of an inter-club challenge, sailing in Stratos dinghies, and with crew changes allowed. Fred, Christine, Will, Matthew and Jack took turns in the ABC boat and finished in joint top-spot with the Macau team after day one.

An evening barbecue was arranged on Saturday for all competitors, family and friends, with great help from the Miramar Restaurant, located right on the beach, which supports the Macau Sailing Academy throughout the year and particularly this event. ABC, HHYC and RHKYC sailors and families also enjoyed staying at the luxury Westin Hotel, immediately next to the sailing area. The Westin supported the event by offering special rates and free breakfasts; 27 rooms were booked by visiting sailors and families.

Sunday dawned with rain, thunder and almost no wind, and the start was delayed until 11.30am, when a shifting breeze picked up that allowed two quick races to be completed. In the Topaz division ABC continued to dominate with James and JG getting a first and second, and easily winning overall, counting four bullets and a second. Natalie and Faith had a poor fifth race in their Topaz; after finishing joint second on points a count-back gave them 3rd overall behind Hebe Haven's Sam Cooke. HHYC's James Johnson convincingly won the Pico class, with Campbell and Florie Manzoni from RHKYC taking second and ABC Pico sailors Yann and Oli finally coming into their own and finishing 3rd overall in the division. The adult Stratos sailors also had a tie overall, ABC and Macau with equal points, the count-back narrowly giving victory to Macau. In the Laser class, Peyton Choeng from Macau dominated, with an impressive six first places – he discarded a first!

Overall, a great weekend. Simple, short races, lots of fun and lots of joint club co-operation and friendly competition. Thanks to the Westin Hotel, to Antonio at the Miramar Restaurant, to our water sponsors "Tibet 5100" and all the others who worked to make this welcome get-away from Hong Kong work! A really big thanks to Jon Gilbraith, Eric and Dennis, the "Three Amigos" responsible for a resurgence in interest in sailing, particularly dinghy sailing, across the water in Macau. Find them at www.macausailing.com and do check all the photos on the ABC Facebook Page. 



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taking the plunge

Buying a new boat in Hong Kong



On the face of it, buying a boat is easy. You go to a boat dealership, write a cheque and wait for the happy day when your baby arrives fresh from the factory. In reality it is not that simple. A great deal of thought needs to go into the buying process and there are many factors to consider including: the intended use of the boat; budget available; and customising your boat to your needs. In this article some of Hong Kong's most successful yacht dealers give us their insights into how to choose the right boat for you.

Buying a boat is a major investment so it pays to have a broker who takes a personal interest in getting you the right boat. Olivier

Decamps of Jebesen Marine asks new clients "Is the boat for fast cruising or racing? Will it be used for inshore sailing, for offshore passage making or both? If cruising, then what kind of numbers will you have aboard, and what type of guests? Will they be family, VIP's, business colleagues etc. Will the boat be sailed locally, or to the Philippines or even further?" This, he states, will impact on the number of cabins required, for example. "Will the boat be sailed short or single handed? This will affect the optional extras the owner will add to his boat." According to Decamps the most commonly ordered option on Achambault's, for example, is the Racing Pack which is essentially top of the range running rigging, lighter and stronger for the racing set.



Sunseeker Predator 115 from Sunseeker Asia

Buying a luxury brand yacht means buying into the lifestyle and joining a very exclusive club. Gordon Hui, Managing Director of Sunseeker Asia considers the relationship with the dealer paramount when buying a boat. "It is most important to be close to the dealer because the new yacht warranty and after sales service are vital. The dealer can monitor the maintenance and upkeep of the vessel and make sure she is well maintained, safe and in showroom condition." Hui's attraction to the Sunseeker brand goes beyond the technical merits of the ubiquitous deep V hull and the iconic design. "I am excited that the brand has been linked to the Bond films and to Aston Martin, it's a lot of fun."

Vic Locke is the owner of Jade Marine, the Hong Kong dealer for Bavaria Yachts and he has been sailing both here and around the globe for decades. He recommends, "If buying a new boat, research the dealer. Check out their after sales service record. Examine the Sales Agreement the dealer is offering and take it to a solicitor if necessary. Who are the service agents for the main engines? What is their reputation? When looking for a sail boat consider your eventual usage: will you race the boat a lot, never, some times? What options must you get built in at the factory and what can you retro-fit after delivery? For power boats the number one option is aircon with reverse cycle for the winters. For sailing yachts I advise my clients to add a Bimini for summer

Swan 60 from Simpson Marine






Bavaria Deep Blue 46 Open Top from Jade Marine

sailing and an auto pilot. I would also recommend a folding or feathering propeller as a fixed blade prop takes half a knot off your sailing speed," before adding, "anything delivered with a new yacht should be included in the warranty."

Simpson Marine's stable of brands includes Azimut, Beneteau, Lagoon, Nautor's Swan and Sea Ray. Hong Kong based yacht broker Wilse Lo feels that, "...probably the most important thing is to listen to the customer as he or she explains their requirements, aspirations and budget." Lo believes that, "The buyer is definitely more likely to end up with a boat they enjoy if they have brought it through an experienced and professional broker, who uses his or her expertise to guide the buyer to the best boat for their individual tastes and requirements".

There are as many different types of yacht dealer as there are types of yacht, and to be sure there are some who are best avoided. However, by doing your homework and getting to know your dealer, you can be assured of the highest standards of professionalism and personal integrity. Knowing you've made the right choice, not just of boat, makes that special day just that much sweeter. 



Hanse 495 from Jebsen Marine

FINANCE

The three best known companies in Hong Kong to approach for vessel finance include Orix www.orix.com.hk, Hitachi Capital vehicle division ccustsvc@hitachi-capital.com.hk and Inchroy www.inchroy.com. All have many years of marine mortgage and finance experience, and have staff that know and understand boats.



ABC'S FIRST J/80 COMPETENT CREW COURSE


words and photos by Kevin Lewis

Our new J/80 programme is now in full swing, and our first ever Competent Crew Course took place over three days in May and June. Following closely the RYA course content, our club's training differs mainly in that the course is run over only three days instead of five, and we require a basic knowledge of sailing as a pre-requisite. We also focus very heavily on practical sailing techniques, and in particular on specific sailing of the J/80 keelboat.

For this, our first course, we relied heavily on the expertise of our own Coach, Rory Godman, together with experienced Senior Instructor and Coach Andy Service and Keelboat Instructor Ben Lau. A wide ranging syllabus was covered, focusing on practical seamanship and sailing skills. The second day of the course provided challenging conditions for students and instructors alike, with winds exceeding 20 knots making it hard work but a superb learning experience. The third day touched on some basic navigation theory and involved a short trip to Po Toi for lunch.

Participant Michael Wan writes: "For me, the J/80 competent crew course was a natural progression from the Laser 2000 course. The 'giant dinghy' is much more comfortable and it doesn't capsize! The course generally brushes up the basic sailing

techniques learned in the HKSF dinghy Levels One and Two. It's also a great introduction to teamwork co-ordination too. After three days, I have become much more confident due to our great instructors Rory and Andy. I can't wait to sail in the J/80 again."

Our next J/80 Competent Crew Course takes place on 30 July, 6 & 13 August, and also includes one evening 'theory' session on Friday 12 August. Spaces are very limited so apply soon! Further details on the J/80 keelboat and our training programme are to be found on our website, www.abclubhk.com. 



DINGHY SAILING DIARY

Fri 1 July	Dinghy Sailing Trip
Fri 1 & Sat 2 July	Adult Beginner Windsurfing Course
1, 3, 9, 10, 16 July	Adult Beginner Dinghy Course
2, 3 & 9 July	ABC Assistant Dinghy Instructor Course
4 July	ABC Summer Youth Sailing Programme starts
Sun 10 July	ABC Summer Dinghy Races Day 3
Sat 2, 9, 16, 23 & 30 July	Supervised Dinghy Sailing Sessions
Sun 24 July	ABC Summer Dinghy Races Day 4

CRUISER & KEELBOAT SAILING DIARY

Fri 1 – Sat 2 July	ABC Soko Rendezvous
Sun 17 July	Cruiser Summer Series Race day 3
Sat 23 July	J/80 Assessment & Demonstration day
Sun 31 July	Cruiser Summer Series Race day 3
30 July, 6, & 13 August	J/80 Competent Crew Course

ABC DINGHY RACE RESULTS

Spring Series results (to May 2011)

- | | |
|--|---|
| <ul style="list-style-type: none"> • Division A Winners (Open) 1 Patrick & Diana Bruce 2 John Berry 3 Peter Simpson/Louis Bond Smith Line Honours John Sin & Ivy Lau | <ul style="list-style-type: none"> • Division B Winners (Optimists) 1 Yann D'Argenlieu 2 Gordon Mason 3 James Hodgson Line Honours Yann D'Argenlieu |
|--|---|

ABC Dinghy Summer Series 1 and 2

- | | |
|--|--|
| <ul style="list-style-type: none"> • Dinghy Race 1 results: 1 Cosmos Grelon/Will Stephens 2 Lars Schkade/Justin Tse 3 Peter Simpson/Hannah Lee | <ul style="list-style-type: none"> • Dinghy Race 2 results: 1 Cosmos Grelon/Will Stephens 2 Lars Schkade/Justin Tse 3 Peter Simpson/Hannah Lee |
| <ul style="list-style-type: none"> • Optimist Race 1 1 Gordon Mason 2 Matthew Wright 3 Yann D'Argenlieu | <ul style="list-style-type: none"> • Optimist Race 2 1 Gordon Mason 2 Yann D'Argenlieu 3 James Hodgson |



ABC SUMMER 2011 YOUTH SAILING PROGRAMME

Friday 1 July – Wednesday 31 August

A number of our courses in early July are already full, but we still have availability and spaces throughout the rest of the summer holidays, including the final two weeks scheduled especially for students at FIS and other schools who have a later summer vacation. Details and all application forms are available on our website, www.abclubhk.com. For further enquiries please contact Angela Ho at SailingSecretary@abclubhk.com.

July	Course	Eligibility	HK\$ Member/Non-member
Fri 1 Jul	Sailing Trip	Youth & Adult, hold HKSF L2 or equivalent	480/640
Sat 2, Sun 3 & Sat 9 Jul	Assistant Instructor Course	Youth & Adult, hold HKSF L3 or equivalent	1,440/1,920
Mon 4 – Fri 8 Jul AM	Optimist Stage 1*	Age 7 – 11	800/1,064
Mon 4 – Fri 8 Jul PM	Optimist Stage 2*	Age 7 – 11, hold Optimist Stage 1	800/1,064
Mon 4 – Fri 8 Jul PM	Optimist Race Course & Team Training*	Age 7 – 14, hold Optimist Stage 3	800/1,064
Mon 4 – Fri 8 Jul	Improver HKSF Lev 3	Age 12 – 18 Hold HKSF L2 for at least 1 year	2,400/3,200
Mon 4 – Wed 6 Jul	RS Feva Introduction	Age 12 – 18 hold HKSF L2 plus some additional sailing experience	1,440/1,920
Thur 7 – Sat 9 Jul	Laser Intro Course	Youth & Adult, Pass HKSF L2	1,440/1,920
Mon 11 – Fri 15 Jul AM	Optimist Stage 1*	Age 7 – 11	800/1,064
Mon 11 – Fri 15 Jul PM	Sea Lion Optimist Stage 3*	Age 7 – 12, hold Optimist Stage 2	800/1,064
Mon 11 – Fri 15 Jul	Beginners HKSF Lev 1&2	Age 11 – 18	2,400/3,200
Mon 11 – Fri 15 Jul	Water Sports Week	Age 8 – 18	2,400/3,200
Mon 11 – Tue 12 Jul	Basic & Intermediate Windsurfing	Age 8 – 18	960/1,280
Wed 13 – Thur 14 Jul	Advanced Windsurfing	Age 8 – 18, hold basic & intermediate	960/1,280
Fri 15 Jul	Windsurfing Practice Day	Age 8 – 18, hold basic & intermediate	480/640
Mon 18 – Fri 22 Jul	Beginners HKSF Lev 1&2	Age 11 – 18	2,400/3,200
Wed 20 – Fri 22 Jul	3 day Supervised Practice Topper Pico RS Feva	Age 12 – 18, hold HKSF L2	1,440/1,920
Mon 18 – Fri 22 Jul	ABC High Performance Team Training	Age 12 – 18, pass HKSF L4	1,600/2,128
August	Course	Eligibility	HK\$ Member/Non-member
Mon 1 – Fri 5 Aug	Optimist Race Course & Team Training*	Age 7 – 14, hold Optimist Stage 3	1,600/2,128
Mon 8 – Fri 12 Aug AM	Sea Lion Optimist Stage 1*	Age 7 – 12	800/1,064
Mon 8 – Fri 12 Aug PM	Sea Lion Optimist Stage 2*	Age 7 – 13, hold Optimist Stage 1	800/1,064
Mon 15 – Fri 19 Aug AM	Sea Lion Optimist Stage 1*	Age 7 – 11	800/1,064
Mon 15 – Fri 19 Aug PM	Sea Lion Optimist Stage 3*	Age 7 – 11, hold Optimist Stage 2	800/1,064
Mon 15 – Fri 19 Aug	Beginners HKSF Lev 1&2	Age 11 – 18	2,400/3,200
Mon 15 – Wed 17 Aug	RS Feva Introduction	Age 12 – 18, hold HKSF L2 plus some additional sailing experience	1,440/1,920
Mon 15 – Wed 17 Aug	Laser Intro Course	Youth & Adult, pass HKSF L2	1,440/1,920
Thur 18 – Fri 19 Aug	2 Day Supervised Practice Topper Pico RS Feva	Age 12 – 18, hold HKSF L2	960/1,280
Thur 18 – Fri 19 Aug	RS Feva Gennaker Intro Course	Age 12 – 18, pass RS Feva Intro course	960/1,280
Mon 22 – Fri 26 Aug AM	Sea Lion Optimist Stage 1*	Age 7 – 12	800/1,064
Mon 22 – Fri 26 Aug PM	Sea Lion Optimist Stage 2*	Age 7 – 13, hold Optimist Stage 1	800/1,064
Sat 27 – Wed 31 Aug AM	Sea Lion Optimist Stage 1*	Age 7 – 11	800/1,064
Sat 27 – Wed 31 Aug PM	Sea Lion Optimist Stage 3*	Age 7 – 11, hold Optimist Stage 2	800/1,064
Sat 27 – Wed 31 Aug	Beginners HKSF Lev 1&2	Age 11 – 18	2,400/3,200
Sat 27 – Wed 31 Aug	Improvers HKSF Lev 3	Age 12 – 18, hold HKSF L2 for at least 1 year	2,400/3,200
Mon 29 – Wed 31 Aug	3 Day Supervised Practice Topper Pico RS Feva	Age 12 – 18, hold HKSF L2	1,440/1,920

* Junior Course

HOME WINE DELIVERY JULY 2011

Free Wine Tasting, Friday 15 July 2011, 6:00pm to 8:00pm, The Galley

White, Rose & Red Wine	Price (\$)	Quantity	Amount (\$)
Penfolds Private Release Chardonnay 2009/10 – Australia Pale straw. Lifted aromas of rock melon meld with notes of freshly peeled yellow peach. An instantly approachable wine. The creamy mid-palate is supported by a tropical fruit core resulting in a wine that is structured to please.	\$95		
Deinhard Green Label Riesling 2009 – Germany This wine displays an ideal balance of fruit and a crisp finish. It goes particularly well with light and easy food, like veal, fish, fowl and seafood.	\$98		
Simi Sauvignon Blanc Sonoma County 2008 California – USA Citrus blend of lemon, lime, mandarin and grapefruit, sweetened with green apple and fig, layered with minerals and a crisp, clean finish.	\$145		
Baron Philippe de Rothschild Escudo Rojo Chardonnay 2008 Maipo – Chile The lush and creamily smooth mid-palate displays perfect balance between fresh tropical fruit and toasty, spicy notes.	\$128		
Penfolds Private Release Shiraz Cabernet 2009/10 – Australia Dark red. This wine displays generous sweet flavours of raspberry, spice, green olive and truffle that develop to a finish characterized by creamy coconut oak and soft lingering tannin.	\$95		
Flechas de Los Andes Aguaribay Malbec 2007 – Argentina Its intense aromas resemble ripe cherries and raspberries that, combined with the slight vanilla, give elegance and fineness to this wine. In the mouth it appears soft and silky, with round tannins.	\$95		
Simi Merlot Sonoma County 2007 California – USA Expressive cherry and blackberry with soft tannins and good weight on the palate.	\$145		
Baron Philippe de Rothschild Escudo Rojo 2008 Maipo – Chile The mid-palate expresses a perfect marriage of ripe black fruit and roasted, toasted, liquorice flavours.	\$128		

Member Name: _____ Membership Number: _____

Tel (Office): _____ Tel (Home): _____

Delivery Address: _____

Delivery Date: _____ Member Signature: : _____

*minimum order – 12 bottles and mixed cases available. 10% discount for 2 cases or more.

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 25556216 or Fax: 28732945

Free Delivery. Please allow 3 working days for delivery.

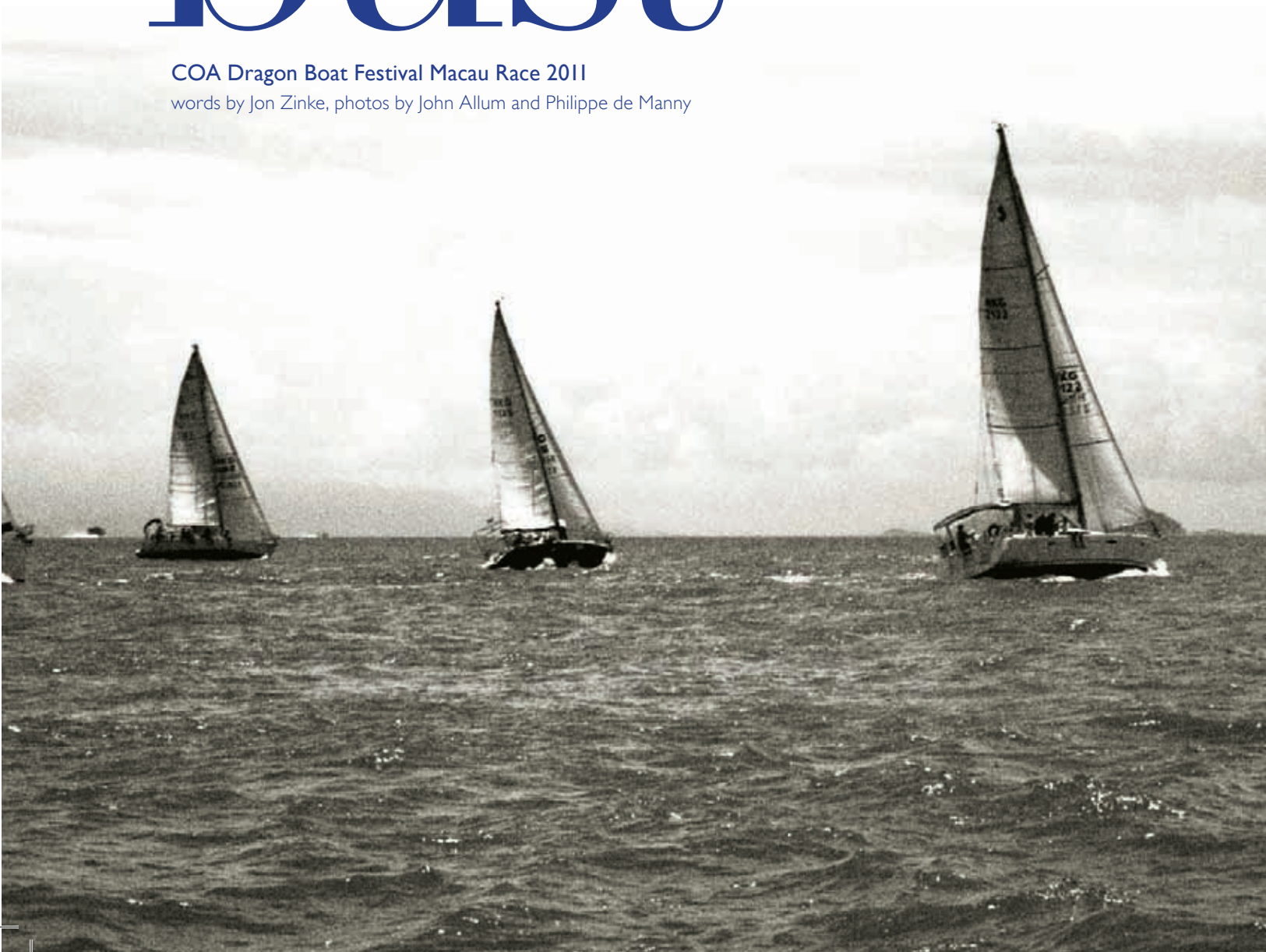
All wines are subject to availability



macau or bust

COA Dragon Boat Festival Macau Race 2011

words by Jon Zinke, photos by John Allum and Philippe de Manny





With perfect Pearl River crossing conditions, southerly Force 4, predicted for the long Dragon Boat Festival weekend a total of 35 boats romped off to Macau under kites on the morning of June 4th.

Leg 1 Race Officer Philippe de Manny sent the boats, divided into IRC and HKPN A and B classes, on the southerly Course #2 to Macau. Conditions were steady for the reach across the Pearl River and the fleet enjoyed champagne sailing to the finish, despite bucking an ebbing tide the whole way. *Stella* was the first boat to finish followed by *Frangipani Girl*. Due to confusion amongst some competitors about the location of the finish line the Race Committee decided to calculate the results on the basis of the third cut off at Dalu Dao.

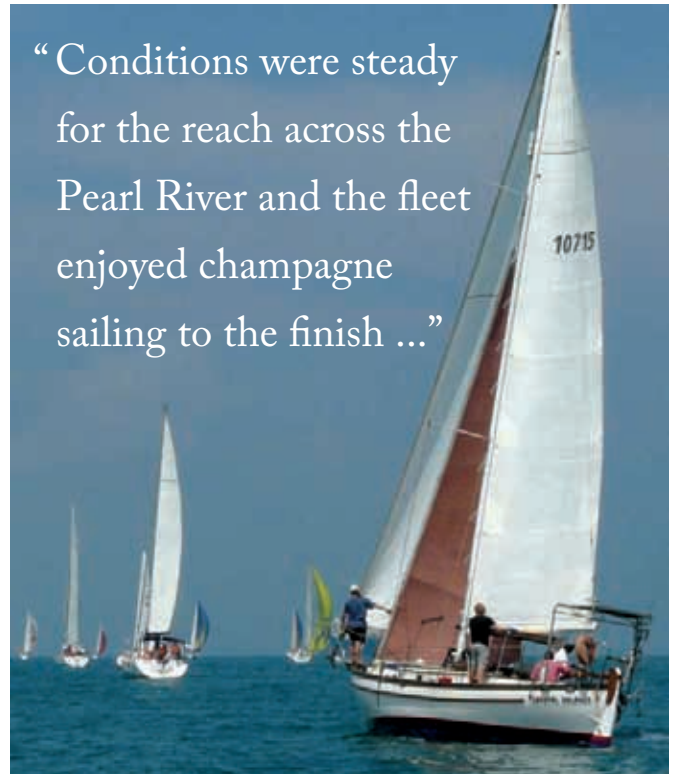
Most boats finished before the 18:30 cut-off and headed into Clube Nautico de Macau for a welcoming dock party and immigration. The wine and beer were free flowing, which helped take the sting off the delay experienced by having to clear immigration with a sole (albeit cheerful) immigration officer! Snacks were also provided from O Porto Restaurant, which was a welcome change from past dock parties.

The first leg prize-giving was held on the lawn of the Miramar Restaurant in Coloane on Sunday June 5th, where there was more free flowing wine and beer, as well as Portuguese snacks.

Conditions for the second leg on June 6th rivalled those on the first leg with more steady Force 4 southerly winds, but this time sailing with the ebbing tide most of the day. Course #2 was again chosen by Leg 2 Race Officer Jon Galbraith, of the Macau Sailing




“Conditions were steady for the reach across the Pearl River and the fleet enjoyed champagne sailing to the finish ...”





Academy. Although two immigration officers graced the fleet clearing out of Macau, the start had to be delayed 30 minutes to allow the boats to reach the start line, set south of the ferry entrances to Macau.

Again, most boats finished before 18:00, well within the 20:00 cut off time, off Cheung Chau Rock. The first boat to finish on the sail back to Hong Kong was *Talkinghead*, followed by *Rampage*.

The Leg 2 and Overall prize giving party was held at the Royal Hong Kong Yacht Club on Thursday June 9th. All in all, a memorable weekend with some of the best sailing conditions in a long time. 





FAMILY BUFFET

Date: 1 July 2011

Time: 12noon

Venue: The Four Peaks Restaurant

All you can eat International Buffet,
with free-flow Prosecco & House Wine

Features: Freshly Shucked Australian Oysters

- Sushi & Sashimi
- Carvery Station
- ABC Signature Hainan Chicken Station
- Home Made Dim Sum
- Chef Singh's Indian Curry and more ...

Adult \$228 or \$328 with drinks & children \$128

For reservations please call 2553 3422



Aberdeen Boat Club 香港仔遊艇會



CHAR-GRILLED SAUSAGE NIGHT

Date: Saturday 23 July 2011

Time: 6:30pm

Venue: The Patio

France: Toulouse, **Germany:** Nuremberg, Bratwurst, **Austria:** Vienna, **Italy:** Pepper, **UK:** Cumberland, Cheddar Bratwurst, **Spain:** Chorizo Riojano, **South Africa:** Boerewors Sausage, **US:** Johnsonville, **Morocco:** Mergues

All you can eat International Sausages with Salad Bar

Only \$168 per adult & \$88 per child under 12 years

For reservations please call the Coffee Shop at 2554 9494



Aberdeen Boat Club 香港仔遊艇會



SUCCULENT PERFECTION SPECIAL ANGUS BEEF BBQ NIGHT

Date: 9 July 2011

Time: 6:30pm

Venue: The Patio

The menu is simple, choose from four premium cut
Australian Angus Steaks, add your favourite sauce and select
your side dishes.

All you can eat \$288 per adult & \$168 per child under 12 years

For reservations please call the Coffee Shop at 2554 9494



Aberdeen Boat Club 香港仔遊艇會



\$15 OYSTER PROMOTION

Date: Every Wednesday Evening

Venue: The Four Peaks Restaurant

Freshly Shucked imported Oysters at \$15 each.

Served with homemade Mango Salsa, Tomato Salsa and
Shallot Vinaigrette, or simply on their own.

So make your reservation now as only a limited number of
oysters are available each night.



Aberdeen Boat Club 香港仔遊艇會



LIVE COOKING STATION

Date: Every Sunday Lunch Time

Time: 12noon to 2:30pm

Venue: The Patio

Wok Fired Noodles with Salad Bar \$80

Only Wok Fried Noodles \$58

Noodles: Rice Noodle (Ho Fan), Rice Vermicelli and Egg Noodle

Choice of ingredients: Beef, Chicken, Squid, Shrimps, Ham, Bean Sprouts, Spring Onion and Egg



Aberdeen Boat Club 香港仔遊艇會



BEER OF THE MONTH



Leffe Brun Beer

\$22/Bottle



Aberdeen Boat Club 香港仔遊艇會



TWINWOODS
WESTERN AUSTRALIA

WINE OF THE MONTH

Twinwoods Western Australia

Semillon Sauvignon Blanc 2009

Vibrant straw with pale green hues. Nose of lychee, passionfruit and gooseberry with hints of green mango. A well balanced wine that finishes with lingering freshly squeezed lemon acidity.

Cabernet Merlot 2008

Dark red with some brick hues. The nose shows blackcurrant, mulberry and hints of violet. A full but medium bodied palate shows concentrated blackberry fruit, with good balance and structure, the tannins are supple with a soft elegant finish.

\$30/Glass | \$150/Bottle



Aberdeen Boat Club 香港仔遊艇會



LAMB ON SPIT EVENING

Date: Friday, 15 July 2011

Time: 6:30pm

Venue: The Patio

All you can eat tender juicy whole Australian lamb on spit with salad bar

Only \$148 per adult & \$98 per child 3-12 years

For reservations please call the Coffee Shop on 2554 9494



Aberdeen Boat Club 香港仔遊艇會

PLEASURE VESSEL GRADE II OPERATOR CERTIFICATE COURSES (Part A master, Part B engineer)

Part A (master)

Dates: 1, 2, 4 August 2011
7, 8, 10 November 2011

Times: 7:00pm to 10:15pm

Syllabus: Rules, lights, shapes, buoyage and signals, seamanship, local knowledge and the laws of Hong Kong fire & gas precautions.

Cost: \$1,500 per member/person/course.
\$1,800 per non-member/person/course.

Part B (engineer)

Date : 8, 9, 10 August 2011
14, 15, 16 November 2011

Time: 7:00pm to 10:15pm

Syllabus: Engine general construction, diesel & petrol fuel, fuel systems, electrical systems, ignition systems, lubrication, cooling & pumps, transmission systems, operation & maintenance, fire & gas precautions.

Cost: \$1,500 per member/person/course.
\$1,800 per non-member/person/course.

Notes:

- Students who attend these two courses will be required to sit their examinations at the H.K. Marine Dept after completion of the course. Successful candidates will be entitled to operate a vessel in Hong Kong waters up to 15 metres in length with engines of any power.
- Courses are entirely theoretical for the relative exam. Practical boating is not required for the examination.
- Examinations are normally held on selected Thursdays. The instructor will book the exam at the Marine Dept for applicants free of charge, please bring the Govt Examination fee HK\$1,255 (Candidates must take both Part A (master) & Part B (engineer) exams together for their first attempt), one photo, one I/D copy, copy of medical certificate that the applicant has attained the required eyesight standards. There will be a minimum of five students and a maximum of 20 students per course. If there is insufficient support for a course, that course will be cancelled and those already enrolled will be informed accordingly. Members who responded to the initial inquiry and whose names are held on file will be given priority.
- Course Instructor: Alan Chau.
- Please forward the completed application form(s) to Ms Cobo Liu by fax on 2873 2945 or return to the Admin Office of the ABC.
- Website information:
To download the examination application form visit; www.mardep.gov.hk/en/forms/pdf/mo84p.pdf
For available examination dates check; www.mardep.gov.hk/en/pub-service/npvo2.html
For eyesight requirements check; www.mardep.gov.hk/en/forms/pdf/mo935.pdf
We recommend that you book your examinations early, about six to eight weeks after completing part one of the course.

The Marine Department

3/f Harbour Building
38 Pier Road, Central, HK
Tel: 2852 4941
Fax: 2541 6754

APPLICATION FORM

Part A (Master)

Surname: Mr/Mrs/Ms _____ Forename(s) _____

A/C No.: _____ Tel. (Mobile): _____ Tel. (Office): _____

Fax: _____ Email: _____

Please enroll me on the course for Part A (masters) to be held at 7:00pm – 10:15pm

() **1, 2, 4 August 2011** Monday, Tuesday & Thursday

() **7, 8, 10 November 2011** Monday, Tuesday & Thursday

Please debit my account with \$1,500.

For non-members please include a cheque for \$1800.

Payable to **Aberdeen Boat Club Ltd.**

Address: 20 Shum Wan Road, Aberdeen, Hong Kong.

SIGNATURE

DATE

Part B (Engineer)

Surname: Mr/Mrs/Ms _____ Forename(s) _____

A/C No.: _____ Tel. (Mobile): _____ Tel. (Office): _____

Fax: _____ Email: _____

Please enroll me on the course for Part B (engineer) to be held at 7:00pm to 10:15pm.

() **8, 9, 10 August 2011** Monday, Tuesday and Wednesday

() **14, 15, 16 November 2011** Monday, Tuesday and Wednesday

Please debit my account with \$1,500.

For non-member please include a cheque for \$1800.

Payable to **Aberdeen Boat Club Ltd.**

Address : 20 Shum Wan Road, Aberdeen, Hong Kong

SIGNATURE

DATE



MEET THE MEMBERS

Find out who you are rubbing shoulders with



Jackie Simpson
Member

Jackie's Club history dates back to 1983 when she and her husband Chris discovered the ABC as a sailing haven. Competing regularly in the past, firstly with a Malabar Junior christened *Koala* and then on *Trublu*, a 30ft Yamaha.

Professionally Jackie trained as a Registered Nurse in a London teaching Hospital in the early seventies and holds an M.Ed in Guidance and Counselling. Much of her work in Hong Kong has been with children and teenagers as a School Nurse in both junior and senior schools in Pokfulam.

Currently she runs her own company, First Aid Plus, which offers First Aid and CPR training to anyone who is willing and interested to learn. No challenge is too difficult. She tailors the course to meet the needs of the group. She has also produced a small line of First Aid Kits and they are available for sale in the club shop for all members.



Michael Tsui
Member

Michael Tsui is a seasoned banker and serves on the ABC General Committee. He took an interest tasting different cuisines while on his work travels in Asia. To temper the effects of his chosen hobby, he decided to do more physical activities. He first started dinghy sailing and then happily joined the ABC in 2006.

His daughter, Natalie, came to join him on the dinghy as his crew later on. She soon became even more involved and presently she is one of the most active members in the ABC dinghy team.

Recently Michael decided to sail a bigger boat with his wife and friends, so he bought a 50% share in the J/80 *Jailbreaker*. He believes this boat type fits him perfectly, being both forgiving to less experienced sailors yet high performance enough to race seriously.

So, what is Michael's idea of a perfect race? A fast sprint to Po Toi so he and his crew can enjoy the fine seafood!



Cheung Chi Wo
Staff

Chef Cheung has been with the ABC for one year, running operations at the Coffee Shop over the 2010 Christmas period and working under Chef Paul in the Four Peaks Restaurant. Before joining the ABC family he was at the Hong Kong jockey Club (Sha Tin Club house), the China Tea Club and the Regal Hotel.

He is a keen badminton player and the fitness and reflexes required for that game have helped him keep in control of the busy ABC Coffee Shop kitchen. His secrets to a well run kitchen are planning and organisation, speed and consistency all with military style discipline.

The General Manager was so impressed with Chef's leadership, precision and culinary skill that Cheung has been promoted from Senior Chef de Partie to Sous-Chef, a major accomplishment within a year. We have every confidence that Chef Cheung will continue to blossom under Chef Paul's expert tutelage, and will continue to delight diners and their guests.





OCEAN FRIENDLY SEAFOOD PROMOTION

For reservations please call the Coffee Shop on 2554 9494

Last month in Horizons, I talked about our effort to become a greener club over the next few months and years. The actions we have taken are not only based on recycling and reducing our carbon emissions, but also involve being more thoughtful in the choices of food we serve.

Marcus Shaw, former Hong Kong WWF chairman and president, demonstrated last month at the International Asian Club Managers Conference that if nothing is done to control the depleting of fish stocks in the world's oceans, then by 2048 there will simply be no fish left.

Not only does this mean the death of an industry providing jobs for millions of people, but also the destruction of the only means of survival on some remote islands.

So, for the next two months ABC will offer an Ocean Friendly Seafood Menu, approved by the WWF. The seafood menu prepared by our Chef has

been selected from the species of fish recognised as sustainable and listed on the WWF seafood guide. This guide will be available at the club for the duration of the promotion. Having the guide with you when visiting a restaurant or doing your

shopping will help you to choose a fish or crustacean not in danger of extinction, and will contribute to protecting the supply of seafood for future generations.

Bon appetit. 

FOOD FOR THOUGHT

One day at the beach a man saw a little boy busily taking stones from the beach into the sea. Getting closer, this man realised that the stones were in fact baby turtles turned up-side down, which could not get to the sea and escape from the birds and the burning sun.

Approaching the child the man asked him why he would bother doing that as he would never be able to save all the turtles from being eaten or burned and it would not make any difference anyway, as, once in the water many of them would be eaten by bigger fish.

The little child took one turtle, gave it to the man and holding his hand, took him to the sea and asked him to put the baby turtle in the sea and said: "I might not change the world or make a difference, but for this turtle we have made a difference today."

Nothing is too little, too late.



SUSTAINABLE SEAFOOD PROMOTION

in cooperation with wwf.org.hk

Global and local marine fisheries are putting pressure on the marine environment, but your choice can make a difference! When you dine at the Aberdeen Boat Club you can now choose from our sustainable seafood menu. This menu chooses sustainable seafood according to WWF-Hong Kong's Seafood Guide.

Twins Soup wild caught East Australia lobster soup and wild caught South China sea urchin soup \$58

South China Squid Cocktail romaine lettuce and spicy tomato salsa \$68

Seafood Salad Dutch mussels, farmed South China clams, farmed South China scallops \$78

Pan-fried Portuguese Sardine with capers, olives and anchovies \$118

Roasted North American Black Cod served in a herb crust with tarragon mousseline sauce and grilled vegetables \$138

Steamed Australian Scallops with garlic two ways \$108

Poached Pacific Salmon (Alaska, US) Dumpling with Chinese spinach and saffron cream sauce \$128

Pan-fried Farmed Jade Perch (Hong Kong) with pesto angel hair \$138

Boston Lobster (Canada) poached, grilled, thermidor \$298



Aberdeen Boat Club 香港仔遊艇會



Famous Nautical Saying...
 “The sea finds out everything
 you did wrong.” Francis Stokes

“... forget Mike Tyson, Usain Bolt
 couldn't have kept up with him!.”

PUGWASH

How Knockdown Got His Name

It was a beautiful day and I was racing my 36ft yacht back from Macau with a new and inexperienced crew. Everything had gone swimmingly, good breeze all the way with a light drizzle of rain to cool the crew off after the odd burst of effort.

One of the newbies on board had never sailed before in his life. He was a big lad, 20 stones at least, and a semi professional boxer. He had been handy on the rail, and was gaining confidence on the boat.

Arriving back in HK we had just sailed into the lee of Green Island when this man-mountain asked for a turn at the wheel. No problem, the boat was hardly moving and everybody was winding down for a gentle trip back to the ABC. Upon clearing the island's wind shadow however, the breeze went from 4kts to 27kts on the screen.

Bam, down we went, and the sight of this huge individual scampering from the now forgotten wheel, over the lazarette and up onto the pushpit, balancing on the stainless steel rail like a trapeze artist, will stay with me for ever. If he moved like that in the ring forget Mike Tyson, Usain Bolt couldn't have kept up with him!

What happened when the boat righted is a different story, but it took about 10 seconds for the crew to christen the still quaking helmsman 'Knockdown'. Being a boxer he was tickled pink. PS

Overheard in the Waglan Bar...

Apologies to all involved but this is too good to pass up. It seems that a certain well known racing yacht was sailing home after a jolly with a gung ho skipper and a short handed crew. The decision was made to hoist the kite. Everything went as

planned and good speeds were achieved. However, the problem with spinnakers is that once they are up they have to come down again, and here is where things went a bit pear shaped.

The crew, being short about ½ their regular compliment, couldn't keep the lowered spinnaker out of the water and it made its way gracefully underneath the boat. Inconvenient but not disastrous, until in a moment of madness someone turned on the motor and set to putting the kite through the equivalent of a heavy wash cycle, just with a propeller blade instead.

Luckily the sail survived, although it did require stitches. More embarrassingly, any hope of a quick repair job before anyone noticed was dashed as the story was already around the bar as the vessel in question was being tied up at the pontoon. Ed

Congratulations to our very own Nick Bodnar-Horvath for winning the HK Club's prestigious **2011 Billiards Championship**. You see, all that time spent hanging around pool halls as a youth wasn't wasted after all!

Congratulations also to Mr Gope Melwani, 70 years young, who has been made an Honorary Member by the General Committee. Mr Melwani joined the ABC in 1980.

CLASSIFIEDS



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- Easy-to-manage yoga poses to stretch your back, realign your spine and tone your muscles
- Holistic health: treat your body to the best exercise, from the outer muscles to the inner organs
- Practical breathing techniques to relax and focus

Date: Jul 6, 13, 20 & 27. (Weds)

Time: 10-11:15 am

Fee: \$800 for 4 sessions and \$220 for single visit

Teacher: Higy Fung

Experienced Registered Yoga Teacher 500 with Yoga Alliance, USA



salsa workshop

If you ever wanted to do a salsa course
but couldn't find the time... NOW is the time

**Twirl it to Salsa Workshop @
The Bridge Room, Aberdeen Boat Club**

Covering: Salsa Basic Steps; Turns; Partnering; Leading and
Following; Rhythm & Timing and some very cool moves.

6, 13, 20, 27 July 2011, Time 5 to 6pm

4 session course fee: **HKD800**

Spaces are limited so please register to confirm
your place in the workshop.

For any further queries and booking, please contact
Javed on yestosalsadance@gmail.com or **6389 6213**

Last date to register: **4 July 2011**

International DJ and instructor Javed will take you through
the paces and you will be dancing like no one's watching in no
time. So do come and learn the fastest growing dance form in
the world - SALSA.

Please arrive at least 15 minutes before the class begins

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BALLYMORE
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*Visit our
Property Exhibition*

8th - 10th July 2011 (Fri - Sun)
11am - 7pm

Venue: The Landmark Mandarin Hotel, 7/F
Tian and Di Rooms, 15 Queen's Road Central, Hong Kong

King Sturge
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