

HORIZONS

The magazine of the Aberdeen Boat Club Ltd

March 2011



wicked





Aberdeen Boat Club
 20 Shum Wan Road
 Aberdeen
 Hong Kong
 香港仔遊艇會
 20號香港仔深灣道
 www.abclubhk.com
 Fax no: 2873 2945
 General Line : 2552 8182

Flag Officers
 Barry Hill - Commodore
 David Tait - Vice Commodore
 Bruce Perkins - Rear Commodore
 Richard Walker - Rear Commodore
 Yann Sandt - Hon. Treasurer
 Nick Horvath - Hon. Gen. Secretary

Management & Staff
 General Manager
 Philippe de Manny
 Tel: 2553 3231
 genman@abclubhk.com

Marketing and Event Manager
 Karen Castilho
 Tel: 2552 8182 Ext 812
 gmsec@abclubhk.com

Membership Service Manager
 Cobo Liu
 Tel: 2553 3032
 mbs@abclubhk.com

Financial Controller
 Leslie Chan
 Tel: 2552 5220
 fin@abclubhk.com

House Manager
 Steven Ng
 Tel: 2552 8182 Ext 835
 hsp@abclubhk.com

Marine Manager
 Ah Kee
 Tel: 2552 8182 Ext 834
 marine@abclubhk.com

Food and Beverage Manager
 Colin Fung
 Tel: 2552 8182
 fnb@abclubhk.com

Dinghy Sailing Manager
 Kevin Lewis
 Tel: 2552 8182 Ext 833
 dinghysailing@abclubhk.com

General Enquiries
 The Galley
 Tel: 2554 9494

Four Peaks Restaurant
 Tel: 2553 3422

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COMMODORE



May I take this opportunity to welcome you back to the Club after the celebrations of the Lunar New Year.

According to the Chinese Zodiac, the Year of 2011 is the Year of the Rabbit. It began on February 3, 2011 and will end on January 22, 2012. The Rabbit is the fourth sign in the cycle of the Chinese Zodiac, which consists of 12 animal signs.

According to Chinese tradition, the Rabbit brings a year in which you can catch your breath and calm your nerves. It is a time for negotiation. Don't try to force issues, because if you do you will ultimately fail. To gain the greatest benefit from this time, focus on home, family, security, diplomacy and your relationships with women and children. Make it a goal to create a safe, peaceful lifestyle, so you will be able to calmly deal with any problem that may arise.

The Rabbit is the symbol of the Moon, while the Peacock is the symbol of the Sun; together, these two animal signs signify the start of day and night, represent the Yin and Yang of life. It is said that anyone making supplications for wishes to be fulfilled are certain to get what they want ... and in the Year of the Rabbit, the wish-granting aspect of the Sun and the Moon combined is multiplied. The Moon is Yin and this is the Yin of Heaven, signifying magic. Thus on each of the Full Moon nights of this year, go out into your garden to gaze into the Full Moon

and visualise plenty of Moon dust and Moon glow flowing into you, filling your whole body with white light and granting your fearlessness, love and courage. This will not only strengthen your inner "Chi" energy, it will also bring wisdom into your life.

The weather over the holiday period was very kind to those of us who opted to enjoy all that Hong Kong offers with bright sunny days and reasonable visibility. It was good for hiking, camping, boating and generally taking time out.

The weather was also kind to the 200 competitors and 50 volunteers who participated in the Four Peaks Race the week before. Congratulations to the Sailing Committee for organising another successful race and the skipper of Wicked, Tristan Stewart, for his overall success in the race.

The Staff Party will be held on 28 February and I would like to thank all members who have contributed to this event. The party is attended by all staff and the Flag Officers and is an opportunity for the Flag Officers, on behalf of all members, to recognise the contributions made by the staff to the successful running of the Club during the year. Once again we will be inviting some of our recently departed staff to join in the celebrations.

Very best wishes for the Year of the Rabbit!

Barry Hill
Commodore

ABERDEEN BOAT CLUB- COMMUNITY ENGAGEMENT

Community Engagement is a key activity that clubs in Hong Kong can participate in with their local community. The General Committee at Aberdeen Boat Club (ABC) has recently been reviewing our community engagement activities with a view to moving towards a clear plan, and a regular series of activities. Our focus is on the Aberdeen and Pokfulam communities and we are looking to work with local schools to offer them places on some of our dingy courses and provide opportunities for those who might not normally get the chance to experience sailing or motor boating.

Alongside sailing activities we are also looking towards opening up some of our club rooms to host social events for local schools, community groups and elderly care centres who are based in and around the vicinity of the club.

Below/adjacent is an article by Michael Tsui about a morning of dingy sailing that was held for HKGUA College at the end of 2010. This is an example of a recent community activity and we aim to bring you more stories about our community engagement over the coming months.

Finally, we would be interested in hearing from any members who would like to learn more, suggest ideas for our community engagement work or offer their yachts or motor boats for community development activities.

Bruce Perkins (Rear Commodore - Sailing)

Richard M. Walker (Rear Commodore - House)

Aberdeen Boat Club Open Day for HKUGA College

HKUGAC Students' Responses

Justin Woo (S4NS)

Although it was a short time, I enjoyed it immensely. Sailing with my classmates was a lot of fun, even though I had sailed before. I also met new friends like Natalie and Brandon who were members of ABC. In conclusion, it was a very thrilling experience.

Katie Sum (S1MT)

I gained valuable experience on the ABC Open Day on 18th December 2010. It was a nice day together with my friends and the instructors of the sailing club. I really enjoyed that day. I hope I can have a chance to go there to sail again.

Fung Ho (S3CN)

After I went to the Aberdeen Boat Club Open Day, I felt it was cool. Although I was the first one to fall into the water, it was still very exciting. I learned how to control the boat and went to the other side of the boat when the flag changed the way. (I fell into the water because the flag bar hit my helmet when the wind changed.)

Bryan Leung (S1MT)

After the trip to ABC, I think the people there are very kind. They are all very nice to us. My most memorable experience of all is the "upside-down boat" accident we need to practise. Because I didn't bring any spare underwear and if I went into the water I would be doomed! Luckily, I didn't really get wet.

Besides, I really like the food arranged for us after the shower.

(P.S. The sausages tasted really GOOD! But it was a pity that I couldn't get one more cup of hot chocolate because it ran out!!!)

Justin Yau (S3CW)

Although I only had limited time to learn the knowledge and skills of this sport during the ABC Open Day, I really had a lot of fun in learning how to control and activate the boat. The coach taught me seriously with patience even though I always asked him questions. The atmosphere was great and I really enjoyed it very much!

Richard Wong (S4HL)

I have never taken part in any marine activity before. I was attracted to this sport after the Open Day. I think this is a fruitful experience for me and such experience strongly encourages me to look forward to similar adventures in future.

Adrian Leung (S2CN)

I think it is fun. I have never played this kind of sport before. I like controlling the boat, but I don't like falling into the sea, because it was so cold that day.

Darius Cho (S3WC)

I love the Open Day very much. We saw beautiful sea views from the boat. But I think if we could sail on our own, it would be even better. I like every moment of the day even though we all

dropped into the sea in the end. But I have to say, the sea water was really very cold!!!

Jason Wong (S2CN)

The experience gained in the ABC Open Day is really special. I learnt a lot of skills about how to sail a boat, although I didn't really sail it by myself. This was actually a very exciting day.

Leo Dai (S1MT)

I thought that was a great day. The food was especially tasty and good. The boats were beautiful. But I don't really like to get wet!

Newman Chan

(Vice Principal of HKUGA College)

Echoing my students' feeling and feedback, I really have to say the ABC Open Day for HKUGA College was really a nice experience for all the parents, students and teachers, including me, who took part in it. We could see beautiful views, beautiful facilities, beautiful arrangements, and most important of all, beautiful people with beautiful minds from the programme. I have to express my heartfelt gratitude to all people from ABC, in particular to Michael and Kevin, who prepared everything for us and let us enjoy such a good experience. I am looking forward to working with the Club to promote dinghy sailing in our school. Once again, our salute goes to you, Aberdeen Boat Club!

HKUGA COLLEGE TRIED OUT OUR DINGHY SPORTS AT MIDDLE ISLAND



Immediately after the last day of the school in December about 40 students, teachers and parents from a local school, HKUGA College, were invited to come to Middle Island to try out the dinghy sports which ABC runs there. This was one of the community services our Club is embarking on and the event objective is to promote dinghy sports and to provide an opportunity for local schools to try out sailing in Aberdeen.

With a sudden temperature drop in the week and wind force 4 on the day, the students still braced themselves to get out on the water with the encouragement and support from our club coaches Kevin Lewis and Rory Godman. During the event, two of our dinghy team members, Brandon Ng and Natalie Tsui also came and helped the coaches.

The guests were particularly excited about the capsize and righting drills, with a lot of screaming before and smiles after the drills. Two whole tanks of hot chocolate drinks were very popular and were consumed in minutes after the children came back onshore.

After the event, some students volunteered to share their first sailing experience with their school by writing up something on their blog after the Christmas holidays. We are very pleased to note their enthusiasm for the activity, which is reflected in their comments on the previous page.

Michael Tsui





Salsa

If you ever wanted to do a salsa course but couldn't find the time... NOW is the time

TWIRL IT TO SALSA WORKSHOP @ THE BRIDGE ROOM, ABERDEEN BOAT CLUB

Covering: Salsa Basic Steps; Turns; Partnering; Leading and Following; Rhythm & Timing and some very cool moves.

9, 10, 16 & 17 March from 5-6 pm at the Bridge Room in Aberdeen Boat Club

4 session course fee: HKD 600

For details and booking please contact Javed at yestosalsadance@gmail.com or call 6389 6213

Last date to register: 6th March 2011

International DJ and instructor Javed will take you through the paces and you will be dancing like no one's watching in no time. So do come and learn the fastest growing dance form in the world - SALSA

Please arrive at least 15 minutes before the class begins



SALSA

///A

SWIMMING LESSONS AT ABERDEEN BOAT CLUB

Coach: Nicola Barguss

| Monday | Class name | Age | Maximum class size |
|---------------|-----------------|--------------|--------------------|
| 1:30 – 2:00pm | Adult Beginner | | 4 |
| 2:00 – 2:30pm | Parent and baby | 18-36 months | 4 |
| 2:30 – 3:00pm | Beginner 1 | 3 years + | 4 |
| 3:00 – 3:30pm | Beginner 2 | 3 years + | 4 |
| 3:30 – 4:00pm | Improver 1 | 4 years + | 4 |
| 4:00 – 4:30pm | Improver 1 | 4 years + | 4 |
| 4:30 – 5:15pm | Improver 2 | 5 years + | 6 |
| 5:15 – 6:00pm | Improver 2 | 5 years + | 6 |

Class Description

- Parent and Baby = for confident babies able to submerge. Parental assistance in the water is required. (18-36 months)
- Beginner 1 = Non swimmers wishing to learn basic water skills and confidence. (3 years)
- Beginner 2 = Water confident children learning to swim on their front and back. (3 years +)
- Improver 1 = 5-10 metre swimmers working on stroke skills. (4 years +)
- Improver 2 = 10-20 metre swimmers working on further stroke skills and increasing stamina. (5 years +)
- Adult Beginner = Non swimmers learning basic water skills and confidence.

Monday March 28th – June 27th (excluding April 25th , May 2nd & June 6th – total 11 lessons)

Lesson fee: \$1760 for members, \$1980 for non-members

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Please contact our specialists at:

Tommy Ho
 Tel: +852 2862 4241
 Fax: +852 2243 8861
 tommy_ho@aon-asia.com
 www.aon.com

Ray Lam
 Tel: +852 2862 4202
 Fax: +852 2243 8862
 ray_lam@aon-asia.com
 www.aon.com



ROCKY HARBOUR REVISITED



Two visits to Rocky Harbour in recent months have been a great success for ABC boats. Last October's gourmandising club cruise took Beluga, Seafari and Verdnicia north of Sai Kung to Emerald Bay, Beluga to a COA barbecue at the VRC and Verdnicia for their own mouth-watering on-board grill. Nini, meanwhile, headed on north to Double Haven.

Beluga's next anchorage on the October cruise, in Tai She Wan (Big Snake Bay), was also the initial destination for the Chinese New Year cruise. Even in February the weather did us proud, but the water was rather chilly for swimming by then. A blowy start on Chinese New Year's Day took Beluga through the unusually quiet harbour and on out past the Ninepins and into Rocky Harbour in time for lunch. FG3, one of the new J80's, followed, on a fast beat through the D'Aguilar Channel.

By the time FG3 reached the anchorage 22 miles from ABC and 5 hours later, Beluga's crew were cricketing on the beach to the south of Big Snake Bay. An evening of warmth, good humour and fine home-made food rounded off the day and both boats enjoyed a peaceful, starry night, albeit in camping style aboard the 26' J80.



The next day featured exploring ashore. First through the bizarre remnants of a deserted holiday camp, complete with life-sized model gorillas, toppled giraffes and sad looking elephants. Then on past the spirit tree and its temple with beautiful views across the bay, and over the hill to Pak A Wan. There the junior explorers diverted to a restorative lunch and the seniors continued the New Year hike, revisiting old High Island haunts unseen since the 1980s.

Early afternoon saw Beluga departing southwards for the harbour fireworks while FG3 glided northwards in a gentle breeze past Urn Island, Tin Tsim Chau and Kau Sai Chau before rounding Sharp Island into Port Shelter for two nights of club facilities and felicitous meetings with old friends.



An ascent of Ma On Shan, in celebration of the previous weekend's Four Peaks' Race and the glorious blue sky, completed FG3's shoreside expeditions. Then a fast passage back to Middle Island on the 4th day of the lunar year completed the four-day inaugural J80 ABC cruise with a 10-knot kite run round Bluff Head and an 8.5-knot reach under jib past Round Island. The passage time? For Beluga 2 hours back. On FG3 4 hours back with a total of just 45 minutes of engine.

Next time, join us and see how it is for yourself!

Mark Hardy & Elaine Morgan

Pleasure Vessel Grade II Operator Certificate Courses (Part A Master, Part B Engineer)

Part A (Master)

Dates : 7, 8, 9 March 2011 1, 2, 4 August 2011 7, 8, 10 November 2011
 Times : 7:00pm to 10:15pm
 Syllabus : Rules, Lights, Shapes, Buoyage and Signals, Seamanship, Local Knowledge and the Laws of Hong Kong, Fire & Gas Precautions.
 Cost : \$1,500 for member/person/course.
 \$1,800 for non-member/person/course.

Part B (Engineer)

Date : 14, 15, 16 March 2011 8, 9, 10 August 2011 14, 15, 16 November 2011
 Time : 7:00pm to 10:15pm
 Syllabus : Engine General Construction, Diesel & Petrol Fuel, Fuel Systems, Electrical Systems, Ignition Systems, Lubrication, Cooling & Pumps, Transmission Systems, Operation & Maintenance, Fire & Gas Precautions.
 Cost : \$1,500 for member/person/course.
 \$1,800 for non-member/person/course.

THE 2011 AEDAS FOUR PEAKS RACE: ONE TO REMEMBER

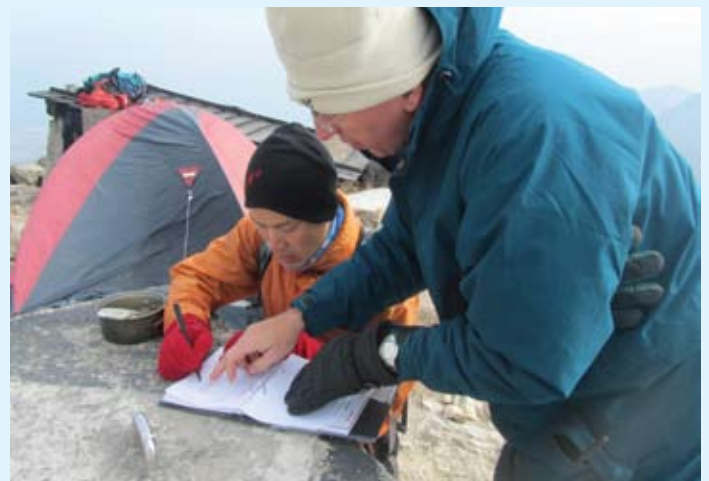


Cool, fresh, steady wind. Superb sailing. Fast paddling into rocky bays and sandy beaches. Running hard up Hong Kong's mountains. Having fun. The Four Peaks Race was about all of those this year. But above all – and as always – it was about planning, training, safety and teamwork.

Twenty-three boats crossed the start line in Tai Tam Bay on Saturday 29 January. They headed out on courses that included Port Shelter, the Ninepins, Hong Kong Island, Lamma and Lantau Islands. Thanks to loyal volunteers and generous supporters, including title sponsor Aedas Architects and prize sponsor Fragrant Harbour Publications, the race was on.

After a fast beat to Sai Kung, the prudent dropped off runners from dinghies or kayaks. The daring sailed right into the steps and did a smart u-turn [well some did!] and runners jumped off. The runners tackled the peaks throughout the afternoon and evening and on into the night. Ma On Shan, Peak 300 and Violet Hill, Lantau Peak and Mt Stenhouse, all accomplished by the various divisions with verve, sometimes panache, occasionally pandemonium.

Spinnakers were flown across to Lantau and the Soko Islands, making for fast times and exciting crew work. Volunteers in safety boats, on peaks and in race control back at the ABC kept an eye on safety, logged times and kept





track of who was where. This tough test of sailors, runners, boats and equipment calls on every last ounce of stamina. It reveals every loophole in strategy. First timers and seasoned hands, the suck-it-and-see and the well-prepared, they all love it.

Don of Cuchulain, the only boat in this year's fleet that was also on the start line the first time the race was run in 1985, was "impressed with the management and execution of this yacht race. Very well done to all!"

Kate and Janis of Topsy Frenz, the double prize winners who ran all four peaks this year, had never done the race before. They liked the tricky Mt Stenhouse most. Why? "Because it was the most challenging."

Arthur of GA who had four runners up all four peaks said, "Thanks to the efforts of the ABC managing team and volunteers, Team GA members really enjoyed the 4 Peaks Race very much, especially the challenging conditions this year."

Vittorio of Brizo added, "Great organization. Amazing commitment...the combination of running and sailing was wonderful: the Castle Rock/Lantau stretch was an awesome sail under gennaker at 8/9 knots plus..."

Rob Berkley, crew on Blackjack, winning boat on HKPN in Division A: "Just by taking part, we are all choosing to do something very different which makes everyone a winner. A great race this year both on the water and in how it was organised by the ABC... one of the few true yacht-racing adventures we can have in our local waters."

Jo of Tardis, doing the Four Peaks for the first time commented, "Thank you for a fantastic event! The Tardis Team enjoyed every minute, except maybe for that freezing 6:00am shore transfer!"

Tristan of Wicked, winning boat on IRC, Division A admitted it was, "one of the most enjoyable Four Peaks I have done." Elaine, one of his crew – and the only competitor this year who was also in that first 1985 race – confessed, "year by year we learn how to do it better. It never gets easier and it's always wonderful to take part."

Aberdeen Boat Club is proud to have initiated the Four Peaks Race and looks forward to welcoming an even bigger fleet in 2012. As many of the competitors said: "PS: Count me in for next year!"

Elaine Morgan



AEDAS FOUR PEAKS RACE 2011

PRIZE WINNERS

Friday 11 February, 2011



Results

Sailing

| | | |
|-----------------------------------|------------------------------|-------------------------|
| ABC Trophy | Line Honours Div B | Rhapsody, Jack Ng |
| Edwin Palfrey & Associates Trophy | HKPN 'B' 1st | Rhapsody, Jack Ng |
| Four Peaks Race Cup | HKPN A (II) 1st | GA, Arthur Ho |
| HKPN A (I) 3rd | Whiskey Jack, Nick Southward | |
| HKPN A (I) 2nd | Wicked, Tristan Stewart | |
| RHKYC San Fernando Trophy | HKPN A (I) 1st | Black Jack, Glenn Smith |
| Bimblegumbie Bucket | 1st ABC Yacht | Wicked, Tristan Stewart |
| International Trophy | Line Honours Div A | Wicked, Tristan Stewart |
| IRC 3rd | Red Kite II, Anthony Root | |
| IRC 2nd | Black Jack, Glenn Smith | |
| 4 Peaks Race Shield | IRC 1st | Wicked, Tristan Stewart |

Special prizes

| | | |
|--------------------------------|---|---------------------------------------|
| All 4 Peaks Runners | Topsy Frenz, Janis Yuen & Kate Cheung Raymond Lo, Jonathan Poen | |
| All 4 Peaks Runners | GA, Ricky Man & Jeremy Shum | |
| Atalanta's Anchor | Top Female Runners | Topsy Frenz, Janis Yuen & Kate Cheung |
| MTL Sprightly Skipper's Salver | First Boat on HKPN corrected time with each person on board having climbed at least one peak. | ATE, Mark Ashton |
| Motoring Division | | ATE, Mark Ashton |
| Geriatric Jug | First boat on HKPN corrected time in which the Skipper's age and the overall average age is 45 or more. | Kei Lun, Richard Van Den Berg |
| Fiddler's Folly Flask | Last boat to finish | Cuchulain, Don Johnston |
| Spirit of the Race | | Koala, Steve Metz |

Running prizes

| | | |
|--------------|------------|---|
| Peak 300 | (00:41:39) | Wicked, Fred D'Argenlieu & Mark Western |
| Mt Stenhouse | (01:08:41) | Black Jack, John Currie & Ho Fai Wong |
| Violet Hill | (00:46:21) | Lan Ying, Iain Carmichael & David Bulbeck |
| Ma On Shan | (01:39:40) | Whiskey Jack, Ian Seabury & Thomas Booth |
| Lantau Peak | (01:28:08) | Wicked, Andrew Dawson & Mark Western |



VIETNAMESE FOOD MARCH PROMOTION



Vietnamese Dinner Buffet

6:30pm, Saturday 26 March
The Patio

All you can eat Vietnamese Buffet with Salad Bar and Dessert

Only \$138 per adult & \$78 per child
under 12 years

For reservation please call the Coffee Shop at 2554 9494

Snacks Platter \$128

Spring Rolls, Prawn Balls, Vietnamese Salami and Grilled Pork Neck

越式大拼盤

Shredded Chicken with Vegetables and Jelly Fish \$58
牙車快

Rice Paper Roll with Vietnamese Salami \$62
扎肉米紙

Rice Paper Roll with Soft Shell Crab \$68
軟殼蟹米紙

Soft Shell Crab with Vermicelli Noodles \$68
軟殼蟹凍檬

Cooked Beef Noodles in Soup \$58
熟牛肉湯檬

Raw Beef Noodles in Soup \$58
生牛肉湯檬

Ox Brisket Curry with Garlic Bread \$88
咖哩牛腩

Baked Vietnamese Prawns in Garlic Butter \$138
越南大頭蝦

Coconut and Sweet Tapioca Pudding with Bananas \$42
椰汁香蕉布丁

Chè báp \$38

Vietnamese Pudding with Corn, Pears in Coconut Milk
椰汁香粟西米糖水

Taittinger Champagne Madness

Happy Champagne Hour at the Waglan Bar
Two glasses for the price of one

EVERY THURSDAY EVENING FROM 6:00PM TO 9:00PM
Please call Waglan Bar at 2553 3422 to make sure it's all chilled.



\$10 Oysters are back!

Every Wednesday Evening at Four Peaks Restaurant

Freshly shucked imported oysters at \$10 each. Served with homemade mango salsa, tomato salsa and shallot vinaigrette or just on their own.

Order as many as you like. Please be sure to reserve ahead, as only a limited number of oysters will be available otherwise.

BEVERAGE



Wine Tasting Evening

Date: Friday, 18 March 2011
Time: 6:00pm – 8:00pm
Venue: The Galley

Free Admission

Wine Tasting & Canapés

You are cordially invited to join our Monthly Wine Tasting Evening. Come to taste and purchase from a wide variety of fine wines introduced by our suppliers.

“Sino Vantage Asia Ltd”

Goncia Asti Modonovo Sparkling
DOCG 07 - Italy
Les Cretes Valle d’Aosta
Chardonnay 09 - Italy
Macon Red Lupe - Cholet 07 - France

Wine of the Month

ZUCCARDI Series A

2008 Château de Francs white

White flowers & fresh hazelnut. Supple, rounded, well-balanced & silky. This wine conserves and strengthens its aromatic character on the palate. The well-rounded finish is slightly toasty.

50% Sauvignon Blanc
50% Sémillon

Per Glass HK \$45
Per Bottle HK \$220



2006 Château de Francs red

A supple wine with fruitiness & freshness. A complex nose that includes blueberry, spices with maple syrup and vanilla. Strong in the mouth with substance and the tannins exist nicely.

86% Merlot
9% Cabernet Franc
5% Cabernet Sauvignon

Per Glass HK \$45
Per Bottle HK \$220



Beer of the Month



Cocktail of the Month

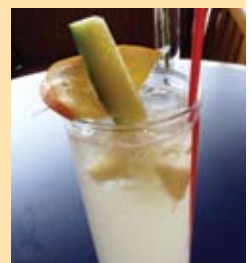
Ginger Wine Spritzer

Fresh ginger, cucumber, fresh lemonade, Stone Ginger wine
\$48



Guava Spring

Fresh lime, pineapple juice, guava
\$32



FOOD & BEVERAGE

REGULAR EVENT



Seafood & Meat BBQ Evening

Date: Friday, 11th March 2011

Time: 6:30pm

Venue: The Patio

Aberdeen Boat Club presents a mouth-watering medley from the sea & the land. Treat yourself to an all-you-can-eat selection of seafood with meat and top off this treat with our famous homemade cheese cake

Only \$238 per adult & \$128 per child 3-12 years

For reservation please call the Coffee Shop at 2554 9494

Lamb on Spit Evening

Date: Friday, 18th March 2011

Time: 6:30pm

Venue: The Patio

All you can eat Tender Juicy Whole Australia Lamb on Spit with Salad Bar .

Only \$138 per adult & \$88 per child 3-12 years

For reservation please call the Coffee Shop at 2554 9494



BBQ Roast Whole Pig Evening

Date: Friday, 25th March 2011

Time: 6:30pm

Venue: The Patio

All you can eat Tender Juicy Whole Pig on Spit with Salad Bar

Only \$158 per adult & \$98 per child (3-12 years)

For reservation please call the Coffee Shop at 2554 9494



ABC EASTER 2011 YOUTH SAILING PROGRAMME

Sat 16 - Sat 30 April



This Easter, ABC once again offers a full range of activities for our younger sailors. Application Forms, which contain further details on each course, are available at club reception or by download from our club website, www.abclubhk.com. Please note that we accept applications on a first-come first-served basis, and that once we have received your application, 50% of the course fee is non-refundable if you withdraw unless we can find a replacement student to take your place. Since some popular courses have limited available spaces, early application is advised. Enquiries and applications should be submitted to Angela Ho at SailingSecretary@abclubhk.com.

| Date & Time | Course | Eligibility | Cost HK\$: |
|------------------------------------|---|---|-----------------------|
| | | | (Member) (Non-member) |
| Sat 16 AM | Optimist Supervised Sailing | Age 7 – 11 Pass Optimist Stage 3 | 240 / 320 |
| Mon 18 – Fri 22 AM | Optimist Stage 1 | Age 7 – 11 | 800 / 1,064 |
| Mon 18 – Fri 22 AM | Optimist Stage 2 | Age 7 – 11 Pass Optimist Stage 1 | 800 / 1,064 |
| Mon 25 – Fri 29 AM | Optimist Stage 1 | Age 7 – 11 | 800 / 1,064 |
| Mon 25 – Fri 29 PM | Optimist Stage 3 | Age 7 – 11 Pass Optimist Stage 2 | 800 / 1,064 |
| Mon 25 – Fri 29 PM | Optimist Intro to Racing | Age 7 – 11 Pass Optimist Stage 3 | 800 / 1,064 |
| Sat 30 AM | Optimist Supervised Sailing | Age 7 – 11 Pass Pass Optimist Stage 3 | 240 / 320 |
| Youth Sailing Programme | | | |
| Sat 16 PM | Youth Supervised Sailing | Age 12 – 18 Pass HKSF Beginner L2 | 240 / 320 |
| Mon 18 – Fri 22 | Improvers HKSF Lev 3 | Age 12 – 18 Students should have passed HKSF L2 one year previously | 2,400 / 3,200 |
| Mon 18 – Wed 20 | RS Feva Introduction | Age 12 – 18 Students should hold HKSF Level 2 with additional experience | 1,440 / 1,920 |
| Thur 21 – Sat 23 | Laser 1 Introduction Course | Age 12 – Adult Pass HKSF Level 2 | 1,440 / 1,920 |
| Mon 25 – Fri 29 | Beginners HKSF Lev 1 & 2 | Age 12 – 18 | 2,400 / 3,200 |
| Mon 25 – Tue 26 | RS Feva Gennaker Sailing | Age 12 – 18 Pass RS Feva Intro | 960 / 1,280 |
| Wed 27 – Fri 29 | 3 Day Topper Pico RS Feva Supervised Practice | Pass Beginner Level 2 | 1,440 / 1,920 |
| Sat 30 PM | Youth Supervised Sailing | Age 12 – 18 Pass HKSF Beginner L2 | 240 / 320 |
| Youth Windsurfing Programme | | | |
| Wed 20 – Thur 21 | Basic & Intermediate Windsurfing | Age 9 – Adult A two-day beginner course using our new Junior Windsurf Rigs | 960 / 1,280 |
| Fri 22 – Sat 23 | Advanced Windsurfing | Age 9 – Adult For those who have already passed at Intermediate level | 960 / 1,280 |
| Sat 23 – Sun 24 | Windsurfing Practice Day | Age 9 – Adult Pass at least Junior Basic Windsurfing | 480 / 640 |

The Optimist Junior Sailing Programme

All ABC Optimist courses are all run over 5 half days, usually 5 mornings or 5 afternoons. For younger children we believe a series of half days is more appropriate to keep them interested, and also full days, especially during very hot weather, can be rather tiring for younger children. Our club has invested extensively in development of junior sailing, and actually subsidises our Optimist programme to keep costs at a very low level – so these courses are the cheapest we offer!



The Junior Scheme is outlined opposite. We offer three basic “stages” that lead to a final Introduction to Racing Course. Stage 1 is the basic first step, and here we focus on helping the children gain confidence in the water and on the dinghy. Boat balance and basic boat controls, together with capsizing recovery practice and lots of games, aim to stimulate enthusiasm while not loading students down with too much theory.

The stage 2 and 3 courses build on the interest that we hope to have developed in the first course. In stage 2 we expect students to sail single-handed in their own boat, while at the end of stage 3 they should be confident enough to sail away from the shore, round a small triangular course and return back to the club safely.

The RS Feva Introduction and Gennaker Sailing Courses

The RS Feva is ABC’s newest youth sailing dinghy, and is an ideal step up for those younger sailors who want to sail a modern, high performance race-capable boat. For those who have passed a beginners course in our Picos, and have also some additional sailing experience, the Feva Introduction course is the next step. Once familiar with the boat, students may then take the further “Gennaker” course that introduces the third, downwind Gennaker sail. Things then get very exciting and sailors who are keen can apply to join the successful ABC Feva Racing squad.

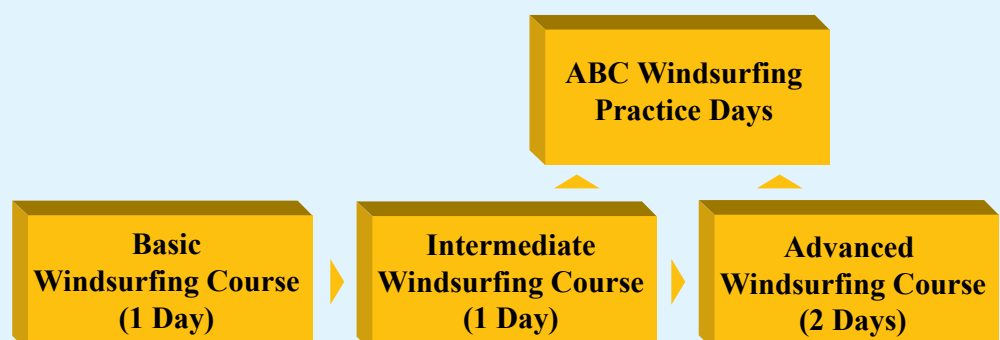
ABC Laser 1 Introduction

The Laser 1 is the world’s most popular single-handed Dinghy, and ABC now has ten of these excellent dinghies, eight of which are fully race-prepared. Our 3-day Introduction course covers all the basics together with an introduction to all four sizes of rig – the 4.7, Radial, Standard and Rooster 8.1. We also include an introduction to racing. This course is open to adults as well as youth sailors. To be eligible, sailors need to have passed an HKSF Level 2 course, and have significant dinghy sailing experience since.



ABC Youth Windsurfing Programme

ABC now has 9 Windsurfers, and a variety of different sizes of rigs to suit younger sailors. We follow the Windsurf Association of HK training scheme, and successful participants receive WAHK Certificates. The junior scheme is open to those aged 13 and under, but this Easter we are running the junior, teenage and adult schemes at the same time.



ABERDEEN BOAT CLUB VS. ROYAL HONG KONG YACHT CLUB SANDY BAY CRICKET GROUND (SCG)

Sunday 2nd January 2011



On a chilly and overcast day at precisely 1300 hours the covers were rolled off a near perfect wicket at the SCG, the groundsmen obviously having laboured long and hard through the night. As the coin was flipped the sense of tension and expectation between these two great cricketing clubs and their massed support was reaching fever pitch. But what an omen, as the thunder clouds gathered ominously on the horizon, the RHKYC's captain Stephen Vine had won the toss.

Without hesitation he invited ABC Captain Mike Fisher's team to bat first - a decision that would ultimately haunt Vine as the light continued to fade in the afternoon.

The opening batsman for ABC, Tristan Stewart, looked rather ragged and bedraggled in his borrowed kit, whereas the RHKYC players waited expectantly around the boundary in immaculately pressed whites as their opening bowlers marked out their run ups. A couple of wides followed by a couple of 90 mile an hour bouncers from opening star bowler Dave Bulbeck allowed Tristan to finally settle in nicely before standing on his own stumps for 16. A humiliating exit for the highly paid, world class all-rounder. Bulbeck and Downes dispatched David and Gavin for 26 and 16 respectively and



then dispatched young Murray Brechin for 1, brilliantly caught by Warwick Downes in the slips, this really putting the cat amongst the pigeons. ABC now looked like they had their backs to the wall. But all was not yet lost. At No. 5 Brechin senior stepped in to record 35 before having to retire. Sterling efforts were then recorded by Mick Fisher (48), David Owens (22), Tom Owens (34) and Callum Brechin (35). This was more like it, with ABC finishing their limited overs for an impressive 283 runs.



Now all we had to do was bowl them out. With the light fading, our pace bowlers were expected to have a field day and this turned out to be correct. Tristan opening from the Toilet Block End and our secret weapon Murray Brechin at 13 years old from the Curry Bar Stand End. Young Brechin kept launching fizzing missiles at the RHKYC peers of Mike McMahon and David Bulbeck, the latter's middle stump being uprooted for 1 run. It was rumored that McMahon ran himself out to avoid facing another over without full body armour.

In quick succession RHKYC's Kesh, McWilliams, Vine, Downes, Bell and a brace of Cribbins fell for (ehem) 36, with the remainder finally being bowled out for an unflattering 142 runs.

The ABC's youth policy paid off at the end of the day. Actually, having half the team underage also resulted in a lot more beers being available for the rest.

A special vote of thanks goes to ABC for the impressive curry that was laid on and the RHKYC for being such splendid sports. A wonderful afternoon out.

Graeme Brechin





HOME WINE DELIVERY

March 2011

Free
Wine Tasting
18 March 2011
(Friday)
6:00 – 8:00pm
The Galley

| Sparkling Wine, White & Red | Bottle \$ | Quantity | Amount |
|---|-----------|----------|--------|
| Asti Modonovo DOCG 2007 Gancia - Italy (For Tasting) Delicate, long and moderately sweet, aromatic, fruity and full on the palate. | \$125 | | |
| Valle d'Aosta Chardonnay 2009 Les Cretes - Italy (For Tasting) Lush, ripe fruit on the palate surrounded by a core of racing acidity. Rich mineral finish with tropical fruit overtones. | \$275 | | |
| Château Giscours 2006 - Margaux - France* Crushed blackberry, with hints of rose and lightly stewed fruits. Full-bodied, with a beautiful core of fruit and velvety tannins. The finish is long and beautiful. | \$498 | | |
| Chateau Brane-Cantenac 2006 - Margaux - France* Displays plum jam and currant bush on the nose. Full-bodied, with sweet, ripe fruit, soft, round tannins and a long finish. | \$468 | | |
| Château Les Carmes Haut-Brion 2006 - Pessac-Leognan - France Displays floral and raspberry aromas, with wet stone. Full-bodied, with velvety tannins and a long, flavorful finish. Stylish. Very well-made. | \$525 | | |
| Valle d'Aosta Syrah 2007 Les Cretes - Italy Fruity with notes of red fruits (strawberry and red currant), perfumed with hints of rose and slightly woody. Well-balanced, fleshy with a great body of noble tannins. | \$360 | | |
| Pinot Noir o Domaine Zusslin - Alsace - France Scents of red fruits, minerals, spices and aromatic herbs. The taste is silky and open. Well-melted wood. | \$265 | | |
| Macon Red 2007 Lupe-Cholet - France (For Tasting) Scents of black cherries, mint, pepper and vanilla give a wide and profound nose. Elegant in the mouth, full-bodied, rich and delicate. It has a medium length and fruity aftertaste. | \$118 | | |
| *Minimum order 12 bottles. Mixed case available. | | | |

Member Name: _____ Membership Number: _____

Tel No.: (Office) _____ (Home) _____

Delivery Address: _____

Delivery Date: _____ Member Signature: _____

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 2555 6216 or Fax: 2873 2945

Free delivery for order of 12 bottles. Please allow 3 working days for delivery.

All wines are subject to availability.

TIBET WATER **TIBET SPRING** 西藏冰川矿泉水 **5100** WORLD WATER



WATER FROM THE ROOF OF THE WORLD A TASTE OF THE TIBETAN HOLY LAND

*The majestic Nianqing Donggula Mountains in Tibet
store the very essence of its prehistoric glaciers.*

*From here streams Tibet Spring 5100,
a rare and natural source of water with unique molecular properties.*

*Flowing underground at 5100 metres, this Tibetan water
is pollutant-free, balanced and mineralized.*

*Its esoteric mineral qualities make it undoubtedly
one of its kind in the world.*





Waglan

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