



2011/11

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HORIZONS

THE MAGAZINE OF THE ABERDEEN BOAT CLUB

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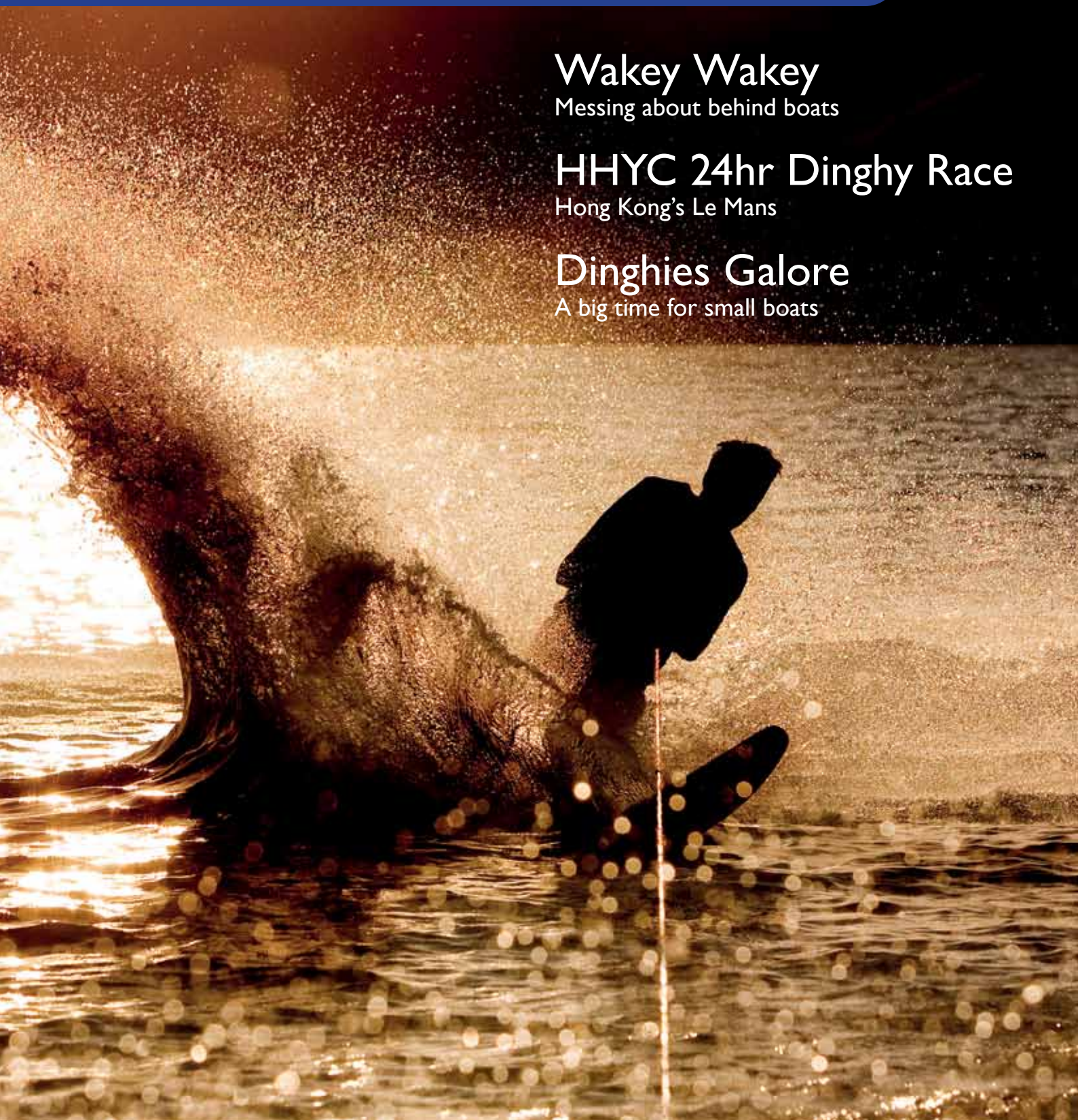
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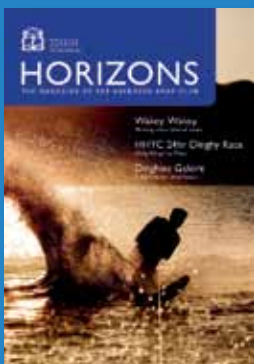
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THE WINDS OF CHANGE

Typhoon Nesat provided the sting in the tail of the storm season by creating havoc and destruction in the Philippines before closing down Hong Kong on 29 September. One sad casualty of the typhoon in respect of the Club was the loss from a Middle Island mooring of the 34 foot sailing yacht *Shun Fung*. This loss is a reminder to all boat owners of the power of these storms, and the need to be vigilant when they approach our waters. Back in the typhoon shelter and around the Club we are indebted to the good work undertaken by the marine staff throughout the night to ensure that vessels on Club moorings were safe.

With the Number Eight signal being lowered in late afternoon, we were able to open the Club in the evening and proceed with a scheduled New Members Evening in the Bridge. This followed a very successful inaugural New Members Cocktail Reception which we hosted the week before, whereby members who

had joined in the last six months were invited to come along and have a chat to Committee members and staff. This will become a regular function to be held at six-monthly intervals.

The Town Hall Meeting held in early October was very well attended and I am pleased to report that the overwhelming response to the Middle Island development strategy was positive. There were many good questions and issues raised, which the Development Committee will be reviewing over the coming weeks as we prepare to progress the statutory and design issues. I would encourage all interested members to provide their feedback.

The AGM will be held on 29 November and we are about to issue the general request for nominations to join the General Committee. We have six vacancies, and with the workload increasing due to the development process I would encourage any members who have a desire to become more



involved with the Club to consider joining the team.

Last but not least I would like to make a special mention of our young sailors who represented Hong Kong in the RS 500 World Championships in England this summer. Under the expert guidance of Team Coach Rory Godman, the team of Cosmas Grelon, Will Stephens, Justin Tse, Lars Schkade, Peter Simpson and Louis Bond-Smith did exceptionally well and we wish them all the best for the future.

Barry Hill
Commodore

STANDING ROOM ONLY

By now you have probably seen the posters in the clubhouse and notices on the website regarding the restricted number of people on Middle Island. To cut a long story short, the Club was the subject of a complaint by a 'nearby resident' whose identity cannot be disclosed. Despite holding a current Certificate of Compliance, we were strongly reminded by the Home Affairs Department that ABC's facility at Middle Island is limited to 46 people at any one time.

I find it astounding that no one has noticed this limit over the last seventeen years of the daily operation and re-licensing of the Island. I too am to blame for not spotting it either. Saying that, every year we have been inspected by that same department which has seen the number of chairs set out, and no comment has been made.

After a week of working my way through the maze of various licensing

bodies, Hong Kong law and ABC archives, I had sufficient evidence to re-submit a seating arrangement application to the Home Affairs Department, and I am pleased to inform you that we have come to a new agreement, as follows:

1. For inside the restaurant:

A legal limit of 46 people, including staff, has now been approved. Previously, that number was understood to have been for the whole facility, which complied with the normal building structure and approved gross floor area designed by the architects back in 1994.

2. For the undercover area, or outside area protected by the roof:

There is no set restriction on the number of people allowed, provided we maintain a safe escape route in case of fire. I am now in the process of having 180 seats approved.

3. For the open area, or outside area not under the roof:



There is absolutely no allowance for chairs and tables in this area, so please forgive us if we have to be inflexible when it comes to seating arrangements for functions on Middle Island.

So, with a lot of hard work, and a few nervous moments, a reasonable settlement has been reached, providing a happy ending to what could have been a very sad story.

Philippe de Manny
General Manager

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FLAG OFFICER'S REPORT

It was very encouraging to have so many members attend the *Town Hall Meeting* in early October and to hear the strong support members have for the plans for Middle Island.

For those members that couldn't come along, I have put down a few of the questions that came up and some of the answers presented. I also give a précis of the introduction I gave on the general issue of development.

The vibrancy of the Aberdeen Boat Club is the sum of the endeavour of the members who utilise the facilities and participate in the activities offered by the Club. As described in the development prospectus, new plans are now in place which are realisable and realistic. The considerable time and effort that is to be expended, however, should be part of a shared vision and, to this end, full consultation with members is taking place. The development plans currently being presented will inevitably change as obstacles ahead are navigated.

For any Club to develop in Hong Kong, it must do so within the constraints of the land resources available. For our Club to continue to develop Middle Island, the priority is for a number of utilities to be improved (notably power and water supply) to allow the Club to approach the Hong Kong Government Lands department with a request to change the current temporary occupancy lease to a permanent one.

A few questions and a few answers...

How are we going to encourage more members to use Middle Island?

Once developed, Middle Island will be open seven days a week for the benefit of all members. The current ferry service will be expanded to include the public pier at Deep Water Bay and will hopefully be run on a co-operative basis with RHKYC.

How can members influence the development of Middle Island?

There are currently six vacancies on the General Committee and all members are strongly encouraged, and very

welcome, to participate by joining, or by offering their expertise and time on a co-opted basis to one of the Club's sub-committees. The AGM is on 29th November 2011 – come along and participate in the running of the Club.

Are new members OK with the project and the levy?

During recent new members' evenings, we have noted that recent arrivals at ABC are impressed with the culture and the uniqueness of the Club. When improvements to Middle Island are mentioned they are well received by the new members. We also point out that most clubs in Hong Kong have been undergoing a series of improvements, notably the RHKYC and Hebe Haven Yacht Club.

How long is the development process going to take?

The current plan is of seven years' duration. The detailed planning will need at least two years to practically proceed with documentation and for the statutory period for the government gazette process. Areas that are not subject to gazette will be proceeding expediently. Broadly, the five phases are:

- **Phase 1** 2011/12 Power and water, refurbish bathrooms
- **Phase 2** 2012/13 Eastern hard-standing development
- **Phase 3** 2014/15 Eastern reclamation
- **Phase 4** 2015/16 Western reclamation and new clubhouse
- **Phase 5** 2016/17 Marina and pontoons

The proposed reclamation will have environmental issues; what is being done about this?

Within the consultation process an environmental impact assessment will be carried out. The Committee has also been engaging with the local community during the past year as well as communicating with the Southern District, the Marine department and the Royal Hong Kong Yacht Club to make them aware of the Club's plans.



Can we have a swimming pool?

At this juncture we have considered a sea frontage that allows swimming in the sea and safe access for children to the littoral area – the "Eco-zone" – with an opening up of walking paths over Middle Island. This doesn't mean that we can't consider a pool, simply that our first idea is to align with nature.

Once the project starts, will it disrupt the operation of MI, especially the dinghies?

Yes there will be disruption, but the Club will try its best to minimise it and have a firm eye on safety for all members throughout the development process.

Other questions asked included those relating to: *the detailed financing; the opportunity to include a boat yard; the safety and feasibility of a marina; the risk management protocols being undertaken within the planning; will the levy be extended beyond two years? Will the Club's culture and identity be changed? Can the Club change the sequence of phases to assist the cash-flow?*

All of these further issues will be addressed and answered. Whilst there is another advertised "Town Hall" meeting in early November, it is my intention to have quarterly briefings in addition to frequent updates in *Horizons*, on the website and on display posters in the Club. Also, please feel free to share your opinions and comments with the General Committee members or drop me a line at: vicecommodore@abclubhk.com

David Tait

Vice Commodore, DevCom

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ABC LADIES HELM 2011



Result in HKPN

1 Red Eye	3:10:39
2 Red Kite 2	3:22:45
3 FG3	3:23:41
4 JeNa PaBe	3:30:22
5 Banter	3:40:08

Result in IRC

1 Red Kite 2	2:44:24
2 Red Eye	2:49:32
3 JeNa PaBe	3:01:46

Words and photo by
Philippe de Manny

Despite having heard rumours that some male sailors planned to steer the race wearing wigs and bikinis, the 2011 ABC Ladies Helm race held on Sunday 25 September turned out to be a proper and respectful event.

The challenging conditions this year meant that a strong helm was needed, and what a display of skill and fighting spirit we saw. The Ladies Helm is a delightful event to run from the RO's perspective, as there is always a complete lack of complaints about the wind, the tide, the course, the RO...

After serious discussions prior to the start, during the traditional Sunday breakfast at the Clubhouse, the course

was decided by one of the ABC's most experienced sailors, Wayne Thompson. Thanks to his expert, yet unsung, recommendations, everyone congratulated me for judiciously choosing a windward/leeward race between Castle Rock and the ABC Buoy on South Lamma. In the spirit of 'Render unto Caesar the things which are Caesar's...' I must say thank you to Wayne for the moment of stolen glory, and sorry for taking the credit.

On with the race, and an 18 knot North Easterly wind, gusting to 22 knots, blew across the usual starting area in Deep Water Bay. Of course, the wind shifted ten minutes before the starting

sequence, but what's new.

Seven yachts, including three J/80's, took the start, but only five boats actually raced. The J/80 *Invictus*, and a Freemantle called *Nervous Breakdown* either just wanted to practice their racing starts, or found the conditions too gruelling, and both turned back to Middle Island after the race began.

Congratulations on a job exceptionally well done, under a Strong Monsoon Wind warning, to our helms:

Katie Hodson on *Red Eye*, Hongyu Luo on *Red Kite 2*, Sytske Kimman on *FG3* Belinda Ng on *JeNa PaBe* and Saskia Dormaar on *Banter*. H

THE CLEAN HALF ASIA'S ONLY EXTREME RELAY SWIM EVENT

Words by Ian Barlow

I've often told Kevin Lewis, our dinghy sailing guru, that it would be quicker to let me swim, rather than sail anywhere. On Saturday 8th October I got my chance to prove it. The Clean Half is the biggest swimming race among the Hong Kong swimming community; a five-person 15-Kilometre (nine and-a-bit miles) swimming relay between Stanley and Deep Water Bay. It's also one of the top 100 open water swims in the world. This year, 35 teams and 13 solo swimmers from six countries took part. There is a serious side to this race; this is an annual

charity swim, with the benefits going to the Ocean Recovery Alliance, a non-profit organization which focuses on reducing the impact of plastic waste in the oceans and on the planet.

Each competitor starts with a 20 minute swim, followed by continuous 10 minute stages until you get there, or until you are dragged screaming from the water because it's getting dark! A motor boat, and in some cases a canoe or an outrigger, follows beside the swimmer and the plan is that you swim as fast as you can for your share, then hand over to the

next team member, while you collapse in the boat for a rest/first-aid/resuscitation. It's a tough, but not impossible, swim.

We finished in a time of four hours 15 minutes, and that placed us in the top ten. The team winners were a group of schoolboys from the LRC (*LRC Nippers*), who arrived in 3 hours 22 minutes. The best individual performance was 3 hours 44 minutes.

Would I do it again? Watch out for the "Left Laners" next year! And Kevin, I am quicker in the water than out of it. H



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SIMPSON MARINE EXPANDS IN SOUTH CHINA

Simpson Marine is strengthening its presence in South China with the opening of a flagship office at the Serenity Coast Marina in Sanya, Hainan (pictured), to complement Simpson's existing offices in Shenzhen and Hong Kong.

Mike Simpson commented, "We are the only dealer with a coherent approach to the luxury yacht market in China – and the wider region – to cater to the growing number of high net worth individuals. Simpson Marine is ready to serve the fast expanding Chinese market, and specifically its southern part, which is transforming itself into the yachting hub of China. Azimut, Beneteau and Lagoon are regarded as leaders in their field and we want our yacht owners to get the best service and support. This is our strong commitment to China's vibrant yachting scene".

On top of the existing eight marinas in operation, over 12 new marina projects have been identified on the southern coast of China and Hainan. The goal is to create a 'Chinese Riviera' stretching from Xiamen to Sanya.

As a measure of its commitment to its Chinese clientele, Simpson Marine will display the latest range of Azimut yachts, Beneteau and Lagoon sailing boats on



the water at SIBEX, the leading yacht show in Guangdong province, this month. Simpson Marine will also be one of the China Cup's main sponsors, China's largest regatta and a great showcase for Beneteau's sailing boats.

In a strong push to the south, Simpson Marine will further develop its

presence in Hainan with participation at the Hainan International Boat Show (December 2011) and a comprehensive display of yachts highlighting the company's leading position on the island at the prestigious Hainan Rendez-Vous, to be held in April 2012. [H](#)

SUNSEEKER LAUNCH IPHONE / IPAD APP

The Sunseeker International app is now available to download for free. This dedicated app allows you to view the full Sunseeker range on your iPad or iPhone, and is available to download from the Apple App store. Displaying a range of craft from 48ft to 131ft, the official Sunseeker International app will bring you the latest Sunseeker news, videos and photo galleries from the entire motoryacht range, all available to view at your fingertips.

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HKSF INTERNATIONAL REGATTA

Words & photos by Kevin Lewis

As soon as our busy Summer Youth Programme came to an end we were plunged straight into the main training and regatta season, and the three day Hong Kong Sailing Federation International Dinghy Regatta followed the weekend after our own Opening Regatta. The ABC Optimist Squad was joined by Natalie Tsui in a Laser 4.7 and based out of HHYC.

Conditions throughout the regatta were superb, with 10 knots or more on each day and generally bright sunshine. The race officer, Jimmy Farquhar, managed four races on both Saturday and Sunday, and the Optimist fleet came back on the

final day to complete the final race of the regatta, while the other two divisions sailed two races to make up for one earlier abandoned race. Of the fleet of 83 dinghies, it was encouraging to see a big "A" division, with twelve 470's, four 29ers and seven 420s. The optimist fleet was composed of 32 boats, with particularly keen competition as the regatta was one of the HK Optimist Dinghy Association Ranking events.

Our sailors made a huge effort but struggled to keep their focus with four long races on each of the first two days. Consistent results for our Optimist team put Yann D'Argenlieu in 13th overall

and James Hodgson 15th. Their sailing was perhaps better than the results indicate as three top class overseas sailors were in the top ten. Matthew Wright managed a 2nd in race four, but was unable to capitalize on this fine result as the regatta progressed. He still sailed well and was awarded 2nd place in the "11 and under" category, and deserves our encouragement and congratulations. Natalie Tsui in her Laser 4.7 had some particularly good results in the final two races of the regatta, but 'homework' came into play and she missed a whole day of racing, removing her from a possible top ten position in the Laser fleet. **H**

ABC DINGHY AUTUMN SERIES

Words by John Berry

Raceday 1: Great racing with a stiff breeze resulting in planing conditions (and some capsizes) in Stanley Bay, with eight ABC boats among the 14 boats on the water. David Early in a Laser Radial went home with two bullets, while Cosmas Grelon's RS 500 took two seconds, beating the two 29ers, and Lars Schkade's Radial with two thirds. On the ABC list, Cosmas took both races, Wilhelm Christenson took a third and a second, and Sam McDonald was second in Race 1. There were only two Div. B boats (both Fevas), so these were incorporated into Div.A.

The Optimists (OPs) were not present as they had still to come back from their 'sail-away' for the Mid-Autumn

Festival HKSF Regatta sailed from Little Palm Beach and the OP National Trials in Sai Kung.

Raceday 2: Another great autumn day with 18 boats out, but still no OPs. Early and Englehard's 29er took overall honours in Races 3 and 4, while, for the ABC, Sam McDonald, Ben Lee and Oliver Edmonds, all in Fevas, took podium finishes in both races as the conditions were ideal for these small, fast craft.

Raceday 3: Seventeen boats raced, making for good, competitive sailing in 10 knots of wind. The race was held in outer Deep Water Bay/Chung Hom Wan to avoid the Stanley to Repulse Bay swimming race. ABC's Wilhelm (this time

in a 4.7) won Race 5 from Louis Bond-Smith in a Radial, and Minoru Asano in a Laser Standard. In Race 6 Louis won ABC line and overall honours from Wilhelm while the interclub title went to David Early.

The OP Nationals were held this weekend, so the boats should be back in time for the next race.

The Autumn Series results are now calculated so that they cover boats in both the Inter-Club competition calculated on straight PYS handicaps, and for the ABC list (with the results calculated on ABC's handicap system which combines the PYS handicap with the skipper's personal handicap). **H**

ABC CHRISTMAS YOUTH SAILING PROGRAMME

Saturday 17 December – Friday 30 December 2011

The Christmas and New Year school holidays can be one of the best times to sail; normally we can expect great conditions with good wind, making this time of year ideal for our more advanced courses. Naturally, it is cooler and we remind students and parents of the need to wear appropriate warm clothes. However, often we have lovely sunny weather, so December sailing can be very rewarding! Our High Performance and Level 4 Courses are also presently only offered once a year – so don't miss the opportunity!

Date & Time	Junior Course	Course	Age	Details	HK\$ Member/ Non-member
Sat 17 Dec AM	✓	Optimist Supervised Sailing	7 – 14	Students must hold Optimist Stage 3	240/320
Sat 17 Dec PM		Youth & Adult Supervised Sailing	12 – Adult	Students must hold HKSF Level 2 or equivalent	280/375
Sat 17 – Sun 18 Dec		29er Introduction Course	14 – Adult	For those holding HKSF Level 4, High Performance, or with similar advanced dinghy sailing experience	960/1,280 1,120/1,500
Mon 19 – Fri 23 Dec		Beginners HKSF Lev 1 & 2	12 – 18	Basic entry level sailing for teenagers	2,400/3,200
Mon 19 – Fri 23 Dec		High Performance Advanced Skills, HKSF Level 4	13 – 18	5 day Advanced Skills course including spinnaker, trapeze, boat handling, anchoring, introduction to navigation and meteorology. (Applicants must hold Improvers HKSF Level 3 and have one season of sailing since)	2,400/3,200
Mon 19 – Thur 22 Dec		ABC Introduction to High Performance Sailing	13 – 18	A 4 day "mini" course to introduce spinnakers & trapeze based High Performance sailing. Ideal choice for students to gain experience if not yet ready or qualified to attend the complete HKSF Level 4 Course	1,920/2,560
Tue 20 – Wed 21		RS Feva Gennaker Intro Course	12 – 18	Students must hold an RS Feva Introduction Certificate	960/1,280
Mon 19 – Fri 23 Dec AM	✓	Optimist Sea Lion Stage 1	7 – 11	Entry level fun sailing for our youngest sailors	800/1,064
Mon 19 – Fri 23 Dec PM	✓	Optimist Sea Lion Stage 2	7 – 11	For those who have passed Optimist stage 1	800/1,064
Mon 19 – Fri 23 Dec PM	✓	Optimist Racing Course	7 – 14	For those wanting to race Optimists and work towards joining the ABC Race Team. Students must hold Optimist stage 3 certificate.	800/1,064
Mon 26 – Fri 30 Dec		Improver HKSF Level 3	12 – 18	Applicants need to have passed HKSF Level 2 and have a season of sailing practice since.	2,400/3,200
Mon 26 – Wed 28 Dec		RS Feva Introduction Course	12 – 18	Hold HKSF level 2 plus some additional sailing experience	1,440/1,920
Thur 29 – Sat 31 Dec		Laser 1 Intro Course	12 – Adult	Applicants need to have passed HKSF Level 2 and have some sailing experience since	1,440/1,920
Mon 26 – Fri 30 Dec AM	✓	Optimist Sea Lion Stage 1	7 – 11	Entry level fun sailing for our youngest sailors	800/1,064
Mon 26 – Fri 30 Dec PM	✓	Optimist Sea Lion Stage 2	7 – 11	For those who have passed Optimist stage 1	800/1,064
Mon 26 – Fri 30 Dec PM	✓	Optimist Sea Lion Stage 3	7 – 11	For those who have passed Optimist stage 2	800/1,064

* Further details and Application Forms for all courses are available at the ABC Main Clubhouse reception and on the ABC website, www.abclubhk.com. For more information, contact Angela Ho at SailingSecretary@abclubhk.com



2011 Optimist National Championships

Words & photos by Kevin Lewis

The Optimist dinghy is the entry point for many children into the sport of sailing, and is strongly supported here at ABC. We run an extensive junior sailing programme in Optimists, and also offer Optimist race coaching. Over the past few years we have been actively supporting an ABC Optimist Squad, and once again our team turned out to sail in the Nationals, this year held over three days in early October and sailed out of Hebe Haven Yacht Club.

Day one saw two bullets from the Sea School's Ho Yin Chik, together with promising results from Nathan Bradley and Calum Gregor. At the end of the first day Yann D'Argenlieu was our only sailor with a top ten place, but with three days and a target of 12 races, all was still to play for.

The second day dawned with near

perfect sailing conditions, and Race Officer Gordon Gregor pushed the fleet of 38 boats to complete five races. As the day progressed, ABC sailors showed steadily improving results, with James Hodgson sailing two superb races, finishing fourth and eighth respectively. However, the star of the second day was definitely ABC's Matthew Wright. In each race he sailed his results improved, and in the final race he got a great start and then benefited hugely from a wind shift to be first round the windward mark. Proving his ability, Matthew managed to defend his first place, if anything slightly lengthening his lead, and convincingly won the final race of the day. This was ABC's first ever race win in Optimists at national level, and also Matthew's first win.

The final day of the Championship saw the entire ABC team energized and ready to go. Race Officer and HKODA

President Charlie Manzoni presided over the final four races in slightly lighter, shifty conditions that required a significant course change around lunchtime.


ABC sailor Gordon Mason sailed two excellent races. New to racing, in her first ever regatta, Amy Hopkins showed huge determination at the back of the fleet and after finishing her first ever race, to huge cheers from the finish boat, went on to sail another two races, beating other boats both times. More consistent sailing from Matthew and James was, however, eclipsed by ABC's Yann D'Argenlieu. Yann had been in contention all the way through the regatta, but in the second race of the day got a superb start and was in the leading group of sailors as they battled round the course. The final beat was a short one, and Yann opted to take the leeward gate to starboard, bravely



splitting tacks with Callum, Ping Yat Luk and Sophie who were ahead of him. The tactic paid off and Yann won race 10 of the championships, and finished top ABC sailor in the nationals – his best ever result and ABC’s second race win!


The overall winner of the Nationals was Ping Yat Luk, from the HK Sea School, who showed great consistency, something that the ABC team still needs to work on. Calum Gregor, a member of both HHYC and RHKYC has shown tremendous form recently and finished second overall, and first ‘Under 12’. Sophie Tulloch from RHKYC also deserves congratulations, as she has dramatically improved her sailing and finished a very creditable seventh overall, also winning the new ‘Coaches Award’ that recognizes her great improvement. Milo Walsh, sailing in his first ever Nationals, won the ‘Novice’ trophy.

Overall, a great regatta with very promising performances from ABC’s youngest sailors, who are now competitive at the highest level. If our team keeps sailing and training I hope the story of next year’s championship will be an even better one!


To find out more about Optimist Sailing Courses at ABC, check our website www.abclubhk.com and look under ‘Children’s Sailing Courses’. The Hong Kong Optimist Dinghy Association has its own website and runs national rankings for Hong Kong’s Optimist Sailors, find them at www.hkoda.org 



RHKYC ZOKE AROUND THE ISLAND RACE

Hong Kong's biggest annual event, the Around The Island Race, this year takes place on Sunday 20 November, and is once again supported by ZOKE. With upwards of 200 entries last year, this is the event to sail in, and we would encourage all ABC members to take part. For our Dinghy Sailors, we again plan to send a team in Laser 2000s, this year we aim for all nine of our boats to take part. Interested dinghy sailors should contact Kevin Lewis at DinghySailing@abclubhk.com very soon to express their interest to take part. 

HKLCA LASER NATIONAL CHAMPIONSHIPS

The ABC Youth Team have been training hard for the upcoming Laser Nationals. We hope to get a great turnout from our club this year, and we would like to remind any members who wish to enter in an ABC Laser to contact our Dinghy Sailing Manager to book a boat. With increasing interest in Dinghy Sailing, last minute entries may not be able to reserve a club laser – please contact Kevin well in advance and check the HKLCA website here: www.laser.org.hk 

CRUISER & KEELBOAT SAILING DIARY

Nov 5 & 6	J/80 National Championships
Nov 6	ABC Waglan 2
Nov 12 & 13	DBYC Soko Rally
Nov 20	RHKYC Around The Island Race
Nov 27	ABC Waglan 3
Dec 3 & 4	RHKYC / ABC Pedro Blanco Race
Dec 11	ABC Waglan 4 & 5
Jan 7	ABC J/80 Frostbite Series 1
Jan 14	ABC J/80 Frostbite Series 2
Jan 15	ABC Waglan 6
Jan 21	ABC J/80 Frostbite Series 3
Jan 23 - 25	COA Macau Race
Jan 28	ABC J/80 Frostbite Series 4

DINGHY SAILING DIARY

Nov 5	ABC & RHKYC Autumn Dinghy Races 13 & 14
Nov 12 & 13	HKSF Dinghy Trials 1
Nov 20	RHKYC Around The Island Race
Nov 26 & 27	HKLCA Laser Class Nationals
Dec 3 & 4	ABC Southside Regatta
Dec 10 & 11	HKSF Dinghy Trials 2
Jan 8	ABC / RHKYC Spring Dinghy Races 1 & 2
Jan 15	ABC / RHKYC Spring Dinghy Races 3 & 4



Photo by Kevin Lewis



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Aberdeen Boat Club 香港仔遊艇會

PLEASURE VESSEL GRADE II OPERATOR CERTIFICATE COURSES (PART A MASTER, PART B ENGINEER)

Part A (master)

Dates: 7, 8, 10 November 2011

Times: 7:00pm to 10:15pm

Syllabus: Rules, lights, shapes, buoyage and signals, seamanship, local knowledge and the laws of Hong Kong, fire & gas precautions.

Cost: \$1,500 per member/person/course. \$1,800 per non-member/person/course.

Part B (engineer)

Date: 14, 15, 16 November 2011

Time: 7:00pm to 10:15pm

Syllabus: Engine general construction, diesel & petrol fuel, fuel systems, electrical systems, ignition systems, lubrication, cooling & pumps, transmission systems, operation & maintenance, fire & gas precautions.

Cost: \$1,500 per member/person/course. \$1,800 per non-member/person/course.

Notes:

- Students who attend these two courses will be required to sit their examinations at the H.K. Marine Dept. after completion of the course. Successful candidates will be entitled to operate a vessel in Hong Kong waters up to 15 metres in length with engines of any power.
- Courses are entirely theoretical for the relative exam. Practical boating skills are not required for the examination.
- Examinations are normally held on selected Thursdays. The instructor will book the exam at the Marine Dept. for applicants free of charge, please bring the Govt. Examination fee HK\$1,255 (Candidates must take both Part A (master) & Part B (engineer) exams together for their first attempt), one photo, one I/D copy, copy of medical certificate that the applicant has attained the required eyesight standards. There will be a minimum of five students and a maximum of 20 students per course. If there is insufficient support for a course, that course will be cancelled and those already enrolled will be informed accordingly. Members who responded to the initial inquiry and whose names are held on file will be given priority.
- Course Instructor: Alan Chau.
- Please forward the completed application form(s) to Ms Cobo Liu by fax on 2873 2945 or return to the Admin Office of the ABC.
- Website information:
 To download the examination application form visit; www.mardep.gov.hk/en/forms/pdf/mo84p.pdf
 For available examination dates check; www.mardep.gov.hk/en/pub-service/npvo2.html
 For eyesight requirements check; www.mardep.gov.hk/en/forms/pdf/mo935.pdf

We recommend that you book your examinations early, about six to eight weeks after completing part one of the course.

The Marine Department, 3/f Harbour Building, 38 Pier Road, Central, HK. Tel: 2852 4941. Fax: 2541 6754

APPLICATION FORM

Part A (Master)

Surname: Mr/Mrs/Ms _____

Forename(s) _____

A/C No.: _____

Tel. (Mobile): _____

Tel. (Office): _____

Fax: _____

Email: _____

Please enroll me on the course for Part A (masters) to be held at 7:00pm – 10:15pm 7, 8, 10 November 2011, Monday, Tuesday & Thursday

Please debit my account with \$1,500.

For non-members please include a cheque for \$1,800. Payable to Aberdeen Boat Club Ltd. Address: 20 Shum Wan Road, Aberdeen, Hong Kong.

SIGNATURE

DATE

Part B (Engineer)

Surname: Mr/Mrs/Ms _____

Forename(s) _____

A/C No.: _____

Tel. (Mobile): _____

Tel. (Office): _____

Fax: _____

Email: _____

Please enroll me on the course for Part A (masters) to be held at 7:00pm – 10:15pm 14, 15, 16 November 2011, Monday, Tuesday & Wednesday

Please debit my account with \$1,500.

For non-members please include a cheque for \$1,800. Payable to Aberdeen Boat Club Ltd. Address: 20 Shum Wan Road, Aberdeen, Hong Kong.

SIGNATURE

DATE



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華寶保險顧問



Wakey wakey

Words by Johnny Utah

Wakeboarding is now the fastest growing extreme sport in the world, arising in the late 1980s shortly after the advent of snowboarding. The birth place of the sport, surprisingly, is generally considered to be Scotland, where an extreme sports pro named Lochlan Snowie created what he dubbed 'Skurf Boards', a simple combination of surf board and foot straps that allowed the rider to be towed behind a boat in the same manner as water skiing.

The growth and development of the sport and equipment then grew at a phenomenal rate, most notably in the US and Australia – and by the mid 1990s, the World Wakeboard Association had been formed, there were competitions popping up all over and wakeboarding had been added as a competitive sport in the X Games.

At the same time, word was spreading all over the globe and anywhere there was a flat bit of water and a boat, there were wakeboarders – that included Hong Kong, where the sport and culture took hold in a big way.

Although not growing as fast as it once was, on any given weekend you'll still see wakeboarders throwing some serious shapes in bays all around Hong Kong. The most popular areas to ride are Deep Water Bay, Repulse Bay, South Bay, Tai Tam, Stanley, Lamma and Sai Kung. More recently, Tung Chung has also become popular due to the natural shelter it offers (and therefore calmer water).

The flatter the water, the better for wakeboarding. Choppy conditions make it much harder, more draining and potentially dangerous for beginners – so if it's rough, the best advice would be not to ride. Generally, during the summer months, it's best to ride at dawn or dusk as the water is flatter and there are fewer boats around, making for a much more rewarding experience.

The rise of the sport has also meant that there is an opportunity to make money, and it seems every man with a boat is suddenly a "wakeboard school". This, however, is sadly not the real picture. Many operators have inferior equipment



and boats, and have no practical knowledge of the sport to give safe guidance to beginners.

Like any watersport, wakeboarding can be dangerous if conditions are bad, if the boat operator is inexperienced, or if equipment is old or ill-fitting. Since the price of an hour of wakeboarding is now on average HK\$900, it's worth making sure that you choose wisely. A good operator should have an inboard, wakeboard specific boat (like a Mastercraft or Tiga) as well as a range of different boards and bindings for different ages and ability levels. It's also best to ride with someone who is an experienced boarder. This way you will get proper, safe coaching and your progress will be faster.

Once you've mastered the basics, wakeboarding is a great, fun way to spend time on the water with family and friends. The fixed audience in the boat is great for encouraging the rider and the riding itself is a decent all-round work out. And the good news is that entering the world of wakeboarding here in Hong Kong is really easy if you follow a few simple steps.



Photo by William Furniss



Photo by Dina Lee

Use the right equipment.

A beginner wakeboarder shouldn't make the mistake of using a board made for an advanced rider. Give yourself a chance and get a board that is forgiving and helps you to progress. A larger board with one or more large rear fins helps to give the board direction – an important factor when starting out. Using the right wakeboard bindings is also just as important as the board you stand on. Since bindings fix the board to the rider, it's important that they are snug and comfortable. Bindings that are too loose or too tight will cause discomfort and could lead to injury.

A decent wakeboard operator will also sell proper equipment and some will allow you to demo before you buy. As always, the golden rule is to use equipment that matches your skill level, and listen to professional advice.

Always wear a life vest.

This is not only a basic safety requirement but will save you a lot of energy and help protect you from impact during the inevitable falls.

Know your stance.

Your first step is determining whether you are regular (left-foot-forward) or goofy (right-foot-forward). If you're a skateboarder or snowboarder this is obvious, but if you're new to board sports, just stand up straight with your feet together and have someone push you from behind. Whichever foot naturally goes forward first is your lead foot.

If you're intending to use your own boat for wakeboarding, the driver should remember that you need a lot less speed to get going and to stay planing than water skiing. Plus, a wakeboard offers more resistance when starting so it's better to start slowly. It's a good idea to book an hour or so with a pro first to learn the safest way of driving for wakeboarders – this in itself is a very particular skill. The most common injuries for beginners are caused by bad driving.

For many riders, like myself, wakeboarding is more a way of life than just a sport – like surfing or skateboarding. It's about getting out on the water in the sunshine with friends, doing something healthy and active, sharing experiences, growing and learning... It's about progress and innovation – but most importantly, it's about having fun. **H**

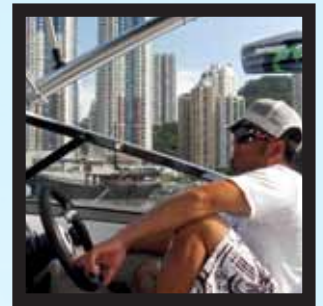
Learn more: www.alliancewake.com

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Skywake. Run by one of Hong Kong's best and most experienced riders, Dewey Ho, Skywake operates several state-of-the-art wakeboarding boats, including a MasterCraft XStar from their premises in Aberdeen, just a few hundred yards from the ABC. Skywake also has a pro-shop stocking a superb range of boards, bindings and apparel.

Skywake, 18 Po Chong Wan, Shum Wan Rd.

Tel: +852 2518 0803 www.wakeboarding.com.hk



Dewey Ho, photo by Dina Lee

WAKESKATING, WAKEBOARDING'S NAUGHTY LITTLE BROTHER

Unlike wakeboarding, a wakeskater is not bound to the board in any way, which gives the sport its own unique challenges. Instead, the top surface of the board is covered with griptape, (similar to a skateboard). Riders usually wear purpose designed shoes while riding to give better board control. Wakeskating is inherently more technical than wakeboarding, with the tricks being based on skateboarding rather than snowboarding. One advantage of this, over wakeboarding, is progression without the need for the large and extremely expensive boats (necessary to create the wake for wakeboarders to achieve maximum air time). Wakeskaters can ride behind much smaller craft or jet skis. More recently, the use of a high speed winch designed for wakeskating has allowed riders to bring the sport to small ponds or other waterways where boats and jet skis cannot operate.

Learn more: www.wakeskating.com



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Hebe Haven Benoy 24-hour Charity Dinghy Race

Words by Diana Bruce, photos by Barry Hill & Kevin Lewis

What timing! Tucked in between a Typhoon Signal No. 8 on the 29th of September and a Signal No. 3 on the 3rd of October, the ninth Hebe Haven annual 24-hour Charity Dinghy Race was held over the weekend of 1st and 2nd of October. ABC fielded three teams for the event, a Laser 2000, an RS Feva and a Pico team, 35 sailors in total.

The first teams over the start line had to battle with pretty strong, gusty winds which suited the Laser 2000 and the Pico as they were first in their class across the line. The Feva got caught up in a muddle of port-tackers which pushed them to the back of the fleet. But, with 24 hours of sailing ahead, a few minutes delay at the start can easily be overcome. The good wind stayed with us until the late evening when the usual 24-hour dead calm stifled any thoughts of hiking out or hanging on for dear life. Peter Simpson took the opportunity to show Nick Malhotra how to roll-tack in the Laser 2000, and Sai Fook and Patrick helped the Feva team jury-rig their kicking strap which had an annoyingly shredded sheet, interfering with their hopes of catching up.

With dawn came a bit of a breeze and for a couple of hours there was a reasonable wind until a low cloud settled over Pak Sha Wan and drizzle set in for the rest of the day, which while uncomfortable didn't dampen the enjoyment.

There were some great moments – Natalie Tsui, dressed as a black and white cow (don't ask), falling asleep at the helm, Samuel McDonald sporting a kangaroo outfit (Samuel, I have little Roo which you left behind), James Hodgson missing the pontoon and ending up in the sea (which he seemed to enjoy because he fell in again later), amazing running jumps into the boats







at change-over time, Lars Schkade asleep on the window shelf on the junk, Thibault Minn and Russell Aylsworth's indefatigable efforts at resisting sleep, and a sea of orange and blue thanks to the bright team t-shirts supplied by Deepak Honowar at Wallem. They could be spotted a mile off! That's what makes the 24-hour charity race so much fun and keeps us all coming back.

Kevin Lewis kept us all going with his terrific selection of music, some new and some old 24-hour favourites (Dock of the Bay for first thing on Sunday morning and We Are the Champions for the end of the race).

The ABC Pico team came first in the Pico class, well ahead of all the other boats, a brilliant effort. The ABC Laser 2000 team was fourth in its class but it was a very close result. The ABC RS Feva, somewhat dogged by the failing kicking strap, came fifth in its class.

Laser 2000

1st RHKYC – 82 laps – 16.07 average lap time
 2nd Macau – 79 laps – 16.48
 3rd Sea Walker – 78 laps – 17.01
 4th ABC – 77 laps – 17.11 (16th out of 39 entries)

RS Feva

1st RHKYC – 74 laps – 15.36 average lap time
 2nd RCHC – 70 laps – 16.16
 3rd Macau – 69 laps – 16.30
 4th No Association – 65 laps – 17.34
 5th ABC – 61 laps – 18.40 (20th out of 39 entries)

Pico

1st ABC – 61 laps – 19.45 average lap time (24th out of 39 entries)
 2nd Hebe Dragons – 53 laps – 22.57
 3rd Black Shrimp – 39 laps – 31.08

We would like to thank Yann Sandt for his extremely generous loan of *Port Cristo Novo* which was our team base. It was so nice to have somewhere to sit in a bit of peace and quiet, a place to put all our bags so they were safe and out of the rain, and a rendezvous for sailors and supporters.

We would also like to thank the Club for sponsoring the teams, all the parents and friends who came and cheered us on and helped with the teams and the boats, to Sai Fook for being there, always so cheerful and helpful, and to Jennifer Lai for helping on the rescue boat and Alex Cribben for helping with de-rigging the boats at the end of the race (a thankless task usually).

And also to all the friends and families who helped us raise money for the charities (Children's Cancer Foundation, Enlighten, Ideal and Treats). At the end of the day, this is what it is all about.

And I personally would like to thank Patrick for giving up his weekend to help me, and lastly all the sailors – without you, we wouldn't have been able to do it. So thanks to:

Laser 2000 team: Alex Cribben, Alex Leung, Anna Rees, Cosmas Grelon, Dave Rees, Felix Mak, Frederic d'Argenlieu, Goncalo Ferreira, Ines de Beer, Ivy Lau, John Sin, Justin Tse, Lars Schkade, Louis Bond-Smith, Nick Malhotra and Peter Simpson

RS Feva team: Ben Lee, Brandon Tang, Chan Long-tin, Danielle Hodgson, JG Brasier, Kyle Johnson, Lara Hopkins, Michael Heindinger, Natalie Tsui, Nicky Johnson and Samuel McDonald

Pico team: Amy Hopkins, Charlie Stewart, James Hodgson, Kevin Rees, Matthew Wright, Oliver Edmonds, Thibault Minne and Yann d'Argenlieu

It was a great weekend, and now we have to start planning for 2012... H



\$15 OYSTER PROMOTION

Date: Every Wednesday Evening
Venue: The Four Peaks Restaurant

Freshly Shucked imported Oysters at \$15 each.
Served with homemade Mango Salsa, Tomato Salsa and Shallot Vinaigrette, or simply on their own.

So make your reservation now as only a limited number of oysters are available each night.

For reservations please call the Four Peaks Restaurant on 2553 3422



Aberdeen Boat Club 香港仔遊艇會



TAITTINGER CHAMPAGNE MADNESS

Date: Every Thursday
Time: 6:00pm to 9:00pm
Venue: The Waglan Bar

2 glasses for the price of 1

Please call Waglan Bar on **2553 3422**
to make sure it's chilled.



Aberdeen Boat Club 香港仔遊艇會



BEER OF THE MONTH

Tui Blond
Naturally Brewed Lager

A sparkling, crisp lager, naturally brewed in the classic, continental blond style.

\$24 per bottle



Aberdeen Boat Club 香港仔遊艇會



WINE OF THE MONTH

Mount Riley

Sauvignon Blanc 2010 - New Zealand

Pale straw with green hues, juicy and well balanced with a multitude of flavours combining to create a wine of complexity, great intensity, refreshing acidity and a lingering finish.

\$39/glass \$195/bottle

Pinot Noir 2009 - New Zealand

Mid-red with garnet and ruby hues, an intensely aromatic wine with a red berry and cherry bouquet at the forefront, supported by subtle spicy, earthy aromas.

\$39/glass \$195/bottle



Aberdeen Boat Club 香港仔遊艇會

THAI FOOD PROMOTION

Few cuisines in the world provide the warmth and flavour of Thai food. Now that the cooler autumn weather is here, there is nothing I would rather have for dinner than a spicy Thai curry!

In Thailand, food is an integral part of both everyday life and social occasions, hence the importance of certain foods for worship and special celebrations. Wasting food in Thailand is considered an offence to Po Sop, the goddess of rice, therefore great care is given to portions and food conservation, a lesson we, in more wasteful societies, could all learn from.

This relationship with food comes directly from the renowned friendliness and social nature of the Thai people, who consider sharing food with others a mark of respect and a duty to mankind. In fact, eating alone in Thailand is thought to be bad luck.

Thai food presentation is among the most exquisite in the world. You may have noticed while travelling in Thailand the magnificently decorated platters in hotel buffets, with an extraordinary array of vegetables and fruits carved into flowers and other beautiful things. One thing I always wanted to master as a chef was the ability to turn a turnip into a flower, or a carrot into a fishing boat. I even collected carved soaps from Thailand hoping to discover the secret of such skills, alas, sadly it was not to be.

This month Chef Paul and Terry invite you to share with them the wonderful flavours and aromas of Thailand.

Bon Appetit (Khaw Hai Jareern Aharn)
Philippe de Manny



Starters

ABC Tom Yum Goong \$68

Hot and Sour Thai Seafood Soup

A wonderful combination of shrimp, squid, mussels and straw mushrooms in a powerful broth flavoured with galangal, kaffir leaves, lime juice, lemongrass and chillies.

Yum Won Sen Pla Meuk \$68

Spicy Glass Noodle and Squid Salad

Warm steamed squid slices flavoured with red onion, cilantro, chilli and Thai sauce, tossed in cold glass noodles.

Paw Pia Sod Puu \$62

Soft Shell Crab Rice Rolls

Crispy soft shell crab, bean sprouts, lettuce, carrots, Thai basil, mint and rice noodles wrapped in a thin rice paper roll and served with homemade peanut sauce.

Main Course – served with steamed rice

Ka Prao Moo \$88

Stir-fried Pork with Basil

Wok fried minced pork with red bell pepper and basil flavoured with shallots, garlic, lime juice, fish sauce and a hint of green chilli.

Kaeng Khiao Warn Kai, Neua \$88

Beef or Chicken Green Curry

Classic Thai green curry with sweet basil, coconut milk, zucchini, bell pepper and baby eggplants.

Kaeng Ped Puu \$98

Soft Shell Crab Red Curry

Deep-fried soft shell crab in red curry with asparagus, straw mushrooms and bell pepper, topped with crispy basil leaves.

Pla Neung Manao \$128

Steam Boat Fish

Steamed whole grey mullet with lemon juice, coriander and Thai basil.

Pla Meuk Yang \$98

Whole squid grilled and flavoured with garlic, lime and fish sauce.

Dessert

Kao Niew Ma-Muang \$48

Sweet sticky rice with fresh seasonal fruit.



ROAST PRIME RIB EVENING

Date: Friday, 18 November 2011
Time: 6:30pm to 8:30pm
Venue: The Patio

Roast Prime Rib with Salad Bar & Dessert
All drinks to be charged to member's account

Only \$238 per adult & \$138 per child 3-12 years



Aberdeen Boat Club 香港仔遊艇會



ANGUS BEEF BBQ NIGHT

Date: Saturday, 26 November 2011
Time: 6:30pm to 8:30pm
Venue: The Patio

Steaks: Angus Ribeye, Angus Sirloin,
Angus Tenderloin, Angus Rump
Sauces: Red Wine, Green Peppercorn, Mushroom
Sides: Steak Fries, Jacket Potato,
Corn on the Cob, Steamed Broccoli

Only \$288 per adult & \$168 per child 3-12 years



Aberdeen Boat Club 香港仔遊艇會



LIVE COOKING STATION

Date: Every Sunday Lunch Time
Time: 12noon to 2:30pm
Venue: The Patio

Wok Fired Noodles with Salad Bar \$80
Only Wok Fried Noodles \$58

Noodles: Rice Noodle (Ho Fan), Rice Vermicelli and Egg Noodle
Choice of ingredients: Beef, Chicken, Squid, Shrimps, Ham, Bean
Sprouts, Spring Onion and Egg



Aberdeen Boat Club 香港仔遊艇會



LAMB ON SPIT EVENING

Date: Friday, 12 November 2011
Time: 6:30pm to 8:30pm
Venue: The Patio

All you can eat tender juicy whole
Australian Lamb on spit with Salad Bar
Only \$148 per adult & \$98 per child 3-12 years
For reservations please call the Coffee Shop on **2554 9494**



Aberdeen Boat Club 香港仔遊艇會

Christmas Time at ABC

Come to the ABC for your private or corporate end of year party. Book our function rooms by contacting our food and beverage Manager Terry Mung at fnb@abclubhk.com

- The Harbour Room can host up to 80 guests, with a room hire charge of \$1500.
- The Bridge can host up to 30 guests, with a room hire charge of \$1000.
- The Patio can host up to 90 guests (weekdays only).
- Middle Island can host up to 180 guests. There is a \$30 per head fee for transportation to and from the Island, but no venue hiring charge.

All parties will enjoy free Christmas decorations and a party favours pack. Book one month prior to your party and enjoy a free welcome festive Punch Bowl!

From 24 November until 30 December the following menus are available:

Festive Season Set Menu A \$298 per person

Roasted Chestnut Soup on Goat's Cheese Dumpling
or
Goose Liver Terrine on Champagne Jelly and Garden Greens

Grilled Striploin Steak accompanied by Grilled Mediterranean Vegetables deglazed with vintage balsamic vinegar and Potato Williams on a Creamed Spinach nest, served with Red Wine and Bone Marrow Sauce
or
Pan-fried Rainbow Trout with Almond Flakes, accompanied by Grilled Mediterranean Vegetables deglazed with vintage balsamic vinegar, 'Rosewald' Steamed Potatoes with Parsley Butter, served with a Salmon Roe and Tomato Olive Salsa

Ice Cream Soufflé

Coffee, Tea, Mini Mince Pies and French Mignardises

Festive Season Set Menu B \$368 per person

Thinly Sliced Veal Fillet and Tuna Carpaccio cured with a Caper Dressing
or
King Crab Leg Salad on Avocado Salsa

Lobster Bisque with Port

Roast Turkey with Herb Butter and Caramelized Onion, accompanied by a traditional Bread Sauce and Herb and Garlic Stuffing, served with Chestnut and Brandy Sauce, and Roasted New Potatoes tossed in Garlic Butter with Sage, Bacon and Green Beans
or
Monk Fish Fillet with Parsley scented Butter, Baby Vegetables and Lime Sauce

Christmas Pudding and Warm Vanilla Sauce

Coffee, Tea, Mini Mince Pies and French Mignardises

Festive Buffet A HK\$318 per person

Minimum 30 people

Appetizers and salads

Selection of steamed Dim Sum (available for lunch only)
Bay Prawns, Yabbies, Mussels, and freshly shucked Oyster station
Assorted homemade Sushi and Sashimi
Selection of hot and cold Smoked Fish
Assorted Charcuterie and Roast Meat Platter
Salmon Carpaccio
Prawn Cocktail
Selection of seasonal Green Leaves with various Dressings and Condiments
Greek Salad
Tomato and Cherry Mozzarella

Soup

Wild Forest Mushroom Soup

Carvery

Roasted Turkey with Chestnut Stuffing, Gibleet Gravy and Cranberry Sauce

Main Dishes

Roasted Pork Loin stuffed with Prunes and Pommery Mustard Sauce
Salmon Teriyaki
Seafood Linguini with Roman Tomato Sauce
Grilled Beef Tenderloin with Mushroom Ragout
Steamed Garoupa with Black Mushrooms and Ginger
Stir-fried Chicken with Celery and Walnuts
Singaporean Fried Noodles
Sautéed Asian Vegetables
'Twins style' Fried Rice

Desserts

Selection of Seasonal Fruits
Black Forest Yule Log
Home-made Christmas Stollen
Gingerbread Pudding with Vanilla Sauce
New York Cheese Cake
Chinese Petit Fours
Selection of mini French Pastries
Freshly Brewed Coffee or Tea with mignardises

Festive Buffet B HK\$428 per person

Minimum 30 people

Appetizers and Salads

Freshly shucked Rock Oysters with Lemon, Shallots, Vinegar and Tomato Salsa
Bay Prawns, Yabbies, Alaskan Crab Legs and Rock Crab Claws with Mayonnaise
Mussels, Clams and Whelks on ice with Brandy Cocktail Sauce
Assorted homemade Sushi and Sashimi
Méduse and Cucumber Salad
Smoked Salmon and Salmon Gravlax platter with Sour Cream and German Rye Bread
Parma Ham, Melon and Mozzarella Roll
Fatayer, Humus and Baba Ganoush corners with Pita Bread
Assorted Cold Cuts platter with French Butter and Crunchy Gherkins
Indian Pineapple and Shrimp Spicy Salad
Waldorf Salad
Selection of Garden Leaves with various Dressings and Condiments

Soup

Lobster Bisque with Garlic Croutons and Aioli

Carvery

Roast Prime Rib of Beef with Yorkshire Pudding and Gravy
Traditional Roast Turkey with Stuffing and Trimmings

Main Dishes

Sautéed Squid with Honey Beans in XO Sauce
Crispy Oysters on Iceberg Lettuce
Sweet and Sour Prawns with Steamed Rice
Baked Seafood au Gratin
Grilled Sea Bass with White Wine Cream Sauce and Crab Roe
Char-Grilled Lamb Chops
Grilled Mediterranean Vegetables drizzled with Vintage Balsamic
Potato Gratin, Brussels Sprouts with Bacon, Roast Parsnip.

Desserts

Homemade Nut and Dried Fruit Cheese Cake
Hot Christmas Pudding with Brandy Snap Sauce
Chocolate and Grand Marnier Christmas Log
Chestnut Tart
Pecan Pie
Seasonal Fresh Fruit platter
Mince Pies
Freshly Brewed Coffee or Tea with mignardises

ABC's Extravagant New Years' Day Brunch

1 and 2 January

Book your lunch before 15 December and enjoy a free welcome drink and 10% discount on the wine list (excluding breakfast bookings). Reserve your place early with our food and beverage manager fnb@abclubhk.com. Music and entertainment will be provided for the children.

Venue: Patio and Sundeck

Early Bird Breakfast only \$48

8:00am until 10:30am

Fruit Juices
Assorted Cereals
French Bakery Delights
Fresh Fruit
Egg Station
Fruit Yoghurt

From Noon Onwards – Brunch Extravaganza

Adults \$258, or \$308 with free-flowing Bubbly

Children \$100 (under 12 yrs)

Gardeners' Cart of Fresh and Healthy New Year's Resolutions!

Frisee, Butter Lettuce, Oak Leaves, Romaine, Tomato, Grated Carrot and Celeriac, Cucumber, Red Onion, Cabbage and Capsicum

French, Italian, Thousand Island and Herb Vinaigrette
Bacon, Grated Parmesan Cheese, Toast Pine Nuts, Spring Onions and Bread Croutons

Soup

Consommé Royale

Cold Section

Poached Shrimps and White Bean Salad
Rock Oysters, Mussels, Prawns
Pasta Salad
Grilled Eggplant, Fennel, Zucchini and Seafood Salad
Mint Salad
Greek Salad
Parma Ham and Melon
Sushi & Sashimi
Assorted Cold Cuts
Smoked Fish with Condiments

Hot Selection

Bacon & Sausages
Ham & Spinach Eggs Benedict
Belgian Waffles
Chicken à la King
Sautéed Scallop & Prawns with Broccoli
Hainanese Chicken
Sautéed Squid with Honey Beans
Steamed Green Carol Trout
Omelettes & Fried Eggs
Turkey & Honey Glazed Ham
Roasted Beef Tenderloin
Grilled Lamb Chops with Garlic Confit and Mint Sauce
Pork Cordon Bleu
Hash Browns

Desserts

New Years' Pudding
Fresh Fruit Platter
Almond Chocolate Charlotte with Hazelnut Macaroon
Mango Pudding with seasonal Mixed Fruit
Mango Napoleon
Egg White Soufflé with seasonal Mixed Berries
Egg Custard
Truffle Cake
Marble Cheese Cake
Warm Bread and Butter Pudding

From 24 November until 20 December, invite the whole class for an **End of the Year School Party**, including a disco, soft drinks and party favours, plus the menu below, for only **HK\$180 per person**.

Welcome Punch Bowl (non-alcoholic!)

Mini Pizza
Mini Sausage rolls
Mini Hot Dogs
Spaghetti Bolognese
Penne with Cheese and Broccoli
Baked Gammon Ham on French Toast
Chips with Curry Sauce
Christmas Pecan Pies
Mince Pies

And we also have special festive drinks for your functions:

Prosecco Gancia, HK\$210 per bottle, or just HK\$200 per bottle when you order 6.

Taylor's Port, HK\$300 per bottle, or just HK\$ 288 per bottle when you order 6.

Macallan 12 year old Single Malt, HK\$ 950 per bottle.

Christmas Schedule

Saturday 10 December
Children's Christmas Party

Sunday 11 December
Commodore's Drinks

Wednesday 14 December
Carol Singing

Sunday 18 December
Welsh Male Voice Choir

Thursday 22 December
Tung Chi Dinner

Saturday 24 December
Christmas Eve Champagne Dinner

Sunday 25 December
**Christmas Day Lunch
Middle Island Turkey Lunch**

Monday 26 December
Boxing Day Brunch/ Dinner

Saturday 31 December
New Year's Eve Party

The Christmas Takeaway Menu can be downloaded from the website, go to <http://www.abclubhk.com/XmasTakeaway.pdf> to see our dine-at-home Christmas fare.

HOME WINE DELIVERY NOVEMBER 2011

All of the wines below will be available for tasting on Friday 18 November, 6-8pm in The Galley.

	Bottle \$	Quantity	Amount
Wines			
Taltarni Brut Sparkling 2009 – Australia Pale straw in colour, a creamy, delicate and refreshing sparkling wine with a lifted bouquet of lemon, honeydew and nougat.	\$148		
Taltarni Brut Tache (Rose) Sparkling 2009 – Australia An engaging salmon-pink colour enhanced by a fine persistent bead. It expresses an assortment of red currant, ripe strawberry and floral aromas, and complex yeast characters.	\$148		
Chateau de Caraguilhes Classique Blanc 2010 – France A yellow, straw coloured wine with glints of green and silver towards the edge of the glass. The wine is bright and clear exhibiting life, freshness and youth.	\$96		
William Fevre Petit Chablis 2009 – France Bouquet marked by great freshness. Fruity, floral and mineral notes. A light and lively wine.	\$138		
Maison Champy – Pouilly Fuisse 2009 – France A white gold colour, open and intense wooden nose, slightly fruity.	\$208		
Taltarni 'T' Series Sauvignon/Semillon 2010 – Australia Pale straw with green hues, fresh and lively with lemon and passion fruit notes, complemented by nice straw and guava flavours from the Semillon.	\$96		
Chateau Liversan Cru Bourgeois 2006 – Haut Medoc – France This wine expresses rich, strongly structured tannins and a great aromatic complexity.	\$188		
Nautilus Estate – Pinot Noir 2009 – New Zealand A very deep crimson mauve colour with purple hue. Flavours of super ripe black cherries, black pepper and spice over a layer of strawberry jam.	\$218		
Vasse Felix Cabernet Merlot 2009 – Australia A medium bodied wine with a bright plum hue and ruby brick tinge. Lifted aromas of ripe blackcurrants, cherries and raspberry with subtle nuances of earthy, dried herbs, and dark chocolate.	\$128		
Jim Barry Cover Drive Cabernet Sauvignon 2008 – Australia Ruby/crimson in colour, with purple tints. The nose shows intensely complex characters of rosemary, mint and coffee.	\$128		

Member Name: _____	Membership Number: _____
Tel (Office): _____	Tel (Home): _____
Delivery Address: _____	
Delivery Date: _____	Member Signature: _____

Minimum order 12 bottles. Mixed cases available.

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 2555 6216 or Fax: 2873 2945.

Free Delivery for orders over HK\$1,200. Please allow 3 working days for delivery.

All wines are subject to availability.





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Well Done That Man

Congratulations to Alan Reid on becoming the new Marine Manager for the Hebe Haven Yacht Club. Alan's previous role was at Ascent Engineering where he worked as the agent for Beta Marine, selling and installing Beta diesel engines. I had the good fortune to engage Alan when I repowered my Yamaha 25 sailboat, and he proved himself a knowledgeable seaman and a highly skilled engineer. Good luck in the new role. *Ed*

Marine Staff Mention

I'd like to take the opportunity to thank Ah Kee and his ABC Marine staff for their superb service. In recent months I have had to call on the marine department rather

more than usual, possibly more than any other club member, and every time I have been greeted with a friendly smile and prompt, efficient help. Thank you chaps, you are a credit to the club. *PW*


A Call For Help

To keep the new look Horizons magazine full of interesting articles, we need contributing authors. If you have an idea for a feature related to ABC club life, the Aberdeen area, or anything to do with boating, we'd like to hear from you. It doesn't matter if you have never been published before, how young you are or what you do, please send in your ideas to peter.wheeler@ppp.com.hk, and let's talk! *Ed*

"The true peace of God begins at any point 1,000 miles from the nearest land."

– Joseph Conrad

PUGWASH



salsa workshop

If you ever wanted to do a salsa course but couldn't find the time... NOW is the time

Twirl it to Salsa Workshop @ The Bridge Room, Aberdeen Boat Club

Covering: Salsa Basic Steps; Turns; Partnering; Leading and Following; Rhythm & Timing and some very cool moves.


Every Wednesday from 5 to 6pm at the Harbour or Bridge Room
4 session course fee: **HKD800**

Spaces are limited so please register to confirm your place in the workshop.

For any further queries and booking, please contact Javed on yestosalsadance@gmail.com or 6389 6213

International DJ and instructor Javed will take you through the paces and you will be dancing like no one's watching in no time. So do come and learn the fastest growing dance form in the world – SALSA.

Please arrive at least 15 minutes before the class begins



yoga for beginners

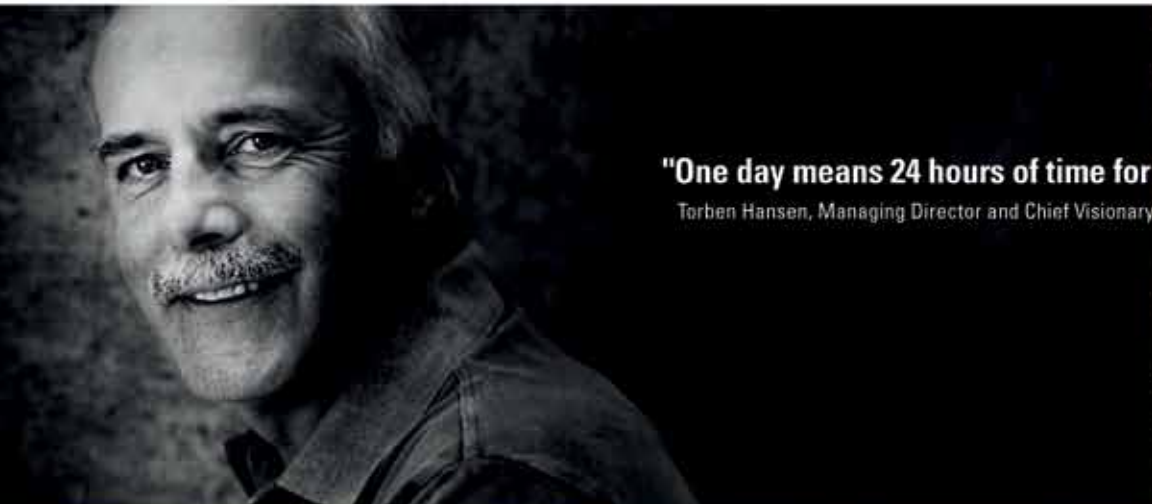
Stretch your back, sharpen your focus

- Easy-to-manage yoga poses to stretch your back, realign your spine and tone your muscles
- Holistic health: treat your body to the best exercise, from the outer muscles to the inner organs
- Practical breathing techniques to relax and focus

Date: Nov 2, 9, 16, 23 & 30 (Weds)
Time: 10-11:15 am
Fee: \$800 for 4 sessions and \$220 for single visit

Teacher: Higy Fung
Experienced Registered Yoga Teacher 500 with Yoga Alliance, USA

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