



2012/03

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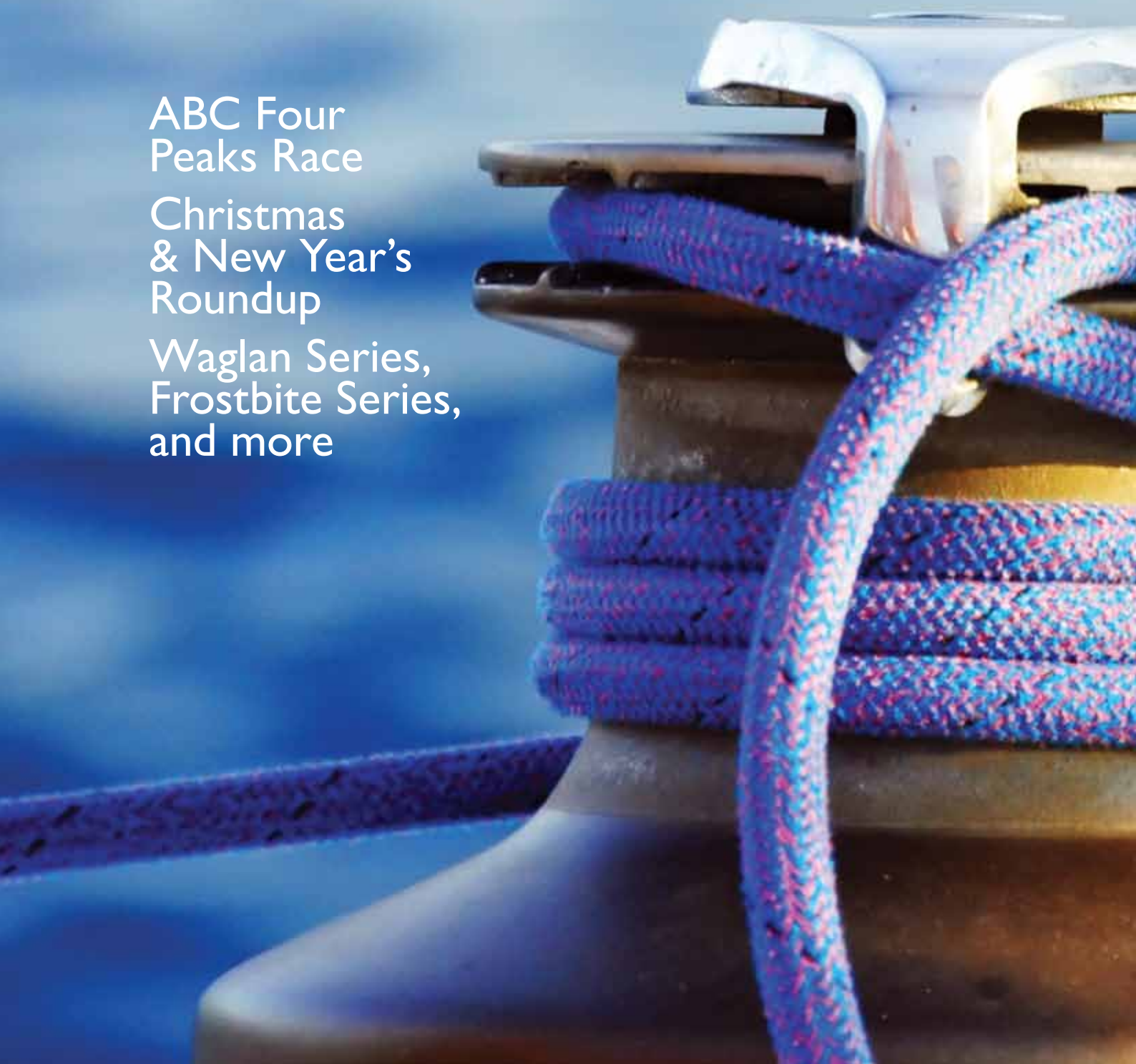
# HORIZONS

THE MAGAZINE OF THE ABERDEEN BOAT CLUB

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Peaks Race

Christmas  
& New Year's  
Roundup

Waglan Series,  
Frostbite Series,  
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- High ceiling
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## COMMODORE'S LETTER

The third day of the Lunar New Year (Wednesday 25th) saw the Club back to business after the new year break, and also The Galley reopen with a Bi-san ceremony. The Galley now has a more spacious and uncluttered layout.

SailCom's confidence in holding a J/80 Frostbite Series, comprising four race days in successive Saturdays in the cooler month of January, was rewarded with strong turnouts. The Islands race to Po Toi was particularly popular.

Dinghy racing fared well in 2011. Our joint racing with RHKYC was re-instituted in the Autumn Series, also held on Saturdays. Of the 49 different entrants in Division A — Open and 20 in Division B — Optimists, the competitors were reasonably evenly spread between both clubs. The Dinghy Spring and Summer Series will be held on Sundays, with the former having already started in January, followed by a break and resuming on 18th March.

At time of writing a healthy 19 boats

competed in the 28th 4 Peaks Race under dry and warmish conditions with wind varying from Force 4 to light. The race was enjoyable and logistically challenging. Thanks to the organising team, the many volunteers on peaks, in safety boats and the control room who ensure the smooth and safe running of this important event. Sharp-eyed sailors on recce spotted dolphins east of Lamma.

In the light of this build-up of sailing participation and variety, the General Committee will look at how better to approach sponsorship for club events, to help raise our profile as well as gain support for our developing sailors.

On a different note, ABC completed a "hat trick" of victories in the annual cricket match against RHKYC held after the new year at Sandy Bay. Splendid day, complete with curry and drinks, and a 109 run margin!

Best wishes to members and staff for a happy and prosperous Year of the Water Dragon.



**John Berry**  
Commodore

## GENERAL MANAGER'S LETTER

The renovation of the Galley is now finished, and while there are still a few things to fine-tune we opened on schedule, just before Chinese New Year. The aim was to create an indoor/outdoor venue more in keeping with the Four Peaks Restaurant's lighter and more airy style. This has been achieved and has created a brighter and more modern feeling for this outlet.

Removing the booths has given us much greater flexibility regarding table setting and layout, and also allows us to have indoor buffets during summer for greater food hygiene.

Our next project is over on Middle Island with the long overdue renovation of the changing rooms. These will be made more user-friendly by adding extra benches, hangers and lockers, improving water pressure and giving the facilities a more modern look and feel.

The annual staff party was held on

27 February and was well attended, complete with a full delegation of Flag Officers. During this evening, the following staff promotions were announced:

Service staff: Iann and Anson are now Senior Waiters, Brenda is now Beverage Supervisor and Ah Sang is Senior Head Waiter.

Kitchen staff: Lin Wing Wah and Leng Yau Hoi are now Demi Chef de Partie.

I'm sure you will join me in saying congratulations to all.

On the food and beverage side this month, our team is offering two Hot Pot Nights on the 10th and 24th March, and a Seafood and Steak Evening on the 30th.

Whole Lamb on a Spit is back and you will be able to enjoy this popular promotion on the 16th March, please book in advance.

Also, Chef Paul is trying out some recipes intended for the new Galley menu, please help us to fine tune them by trying them and sharing your views.



**Philippe de Manny**  
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## FLAG OFFICER'S REPORT

I'm sitting here writing this article in a snowy New York having just spent a pleasant evening at the club house of the Manhattan Yacht Club. Winter for these sailors means that all boats have now been lifted from the water and put into dry storage for the colder months. Even the floating bar, which is normally anchored off the Statue of Liberty, is now snugly moored in the empty marina of North Cove on the shores adjacent to the Hudson River. The lack of boats for the winter doesn't seem to have ruined the atmosphere at their bar though, but it did remind me of how lucky we are in Hong Kong to be able to sail all year round.

With that in mind, I would like to share with you what has been happening within the Sailing and Marine Committee recently and to let members know what they can expect on and around the water this winter and into spring at Aberdeen Boat Club.

To start with, we have a new committee from last year, with some original faces and several newcomers to the table. I would like to welcome Ian Skeggs and Phoebe Lam who recently volunteered to devote their free time to help contribute towards our marine activities and join the rest of the committee. The opportunity to take part in the Sailing and Marine Committee is, however, still open and ABC members or their spouses who have not been elected to the General Committee can still join the Sailing and Marine Committee as a co-opted member and make a contribution. If you think you might be interested in helping out, please contact me through the club and I would be happy to explain what joining the committee

entails, and if you are still interested, then welcome you to the team.

As you will have no doubt seen from the race results articles in Horizons we had some great success in both the 29er fleet and the Optimist fleet within Hong Kong. We will be sending a team to the Asian Championships in Malaysia during February, after their qualification in our Southside Regatta, and we wish them success. If you want to follow their progress you can find a link on our website that will point you to the Championships home page.

**“We are working on putting together a full calendar of events with our usual classics included.”**

We have also begun holding our first mini-series for the J/80 fleet, taking our turn to support the fleet as it grows in Hong Kong. The series entails sailing over four weekends with a mixture of race formats to add variety to the standard windward/leeward courses. If you fancy taking part, why not charter the club J/80 *Javelin* and enter the last few races of the series? Enquiries on *Javelin's* availability and charter rates can be found through Angela, our Sailing Secretary, or online at our website.

Planning work has just started on the sailing calendar for the new season that



traditionally starts in September 2012 with the Aberdeen Boat Club Opening Regatta. We are working on putting together a full calendar of events with our usual classics included. However, there is always the opportunity to add some new style of events and if you have any ideas on what type of races or social activities you would like to see, now is the time to let us know so that we can add them into the joint Hong Kong Sailing Calendar for the coming year.

As we celebrate the start of another Chinese New Year, I would like to take this opportunity to wish you and your families Kung Hei Fat Choi and great boating in this the Year of the Dragon.

**Bruce Perkins**  
SailCom

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**MOTHERING DAY AT ABC**

Date: Sunday, 18 March 2012

Time: Lunch – 11:30am to 3:00pm; Dinner – 6:00pm to 9:00pm

Venue: The Patio

Celebrate Mum's special day at the  
 ABC with lunch and dinner buffets

Lunch: \$178 per adult & \$98 per child 3-12 years  
 Dinner: \$188 per adult & \$105 per child 3-12 years

All mothers will receive chocolate and a flower.



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# Sunseeker's New 28 Metre Yacht

The world launch of a distinctive new generation of Sunseeker yachts took place on Friday 6th January. This new design spearheads the next generation of the 'Sunseeker' Yacht look. The event featured special guest Tamara Eccleston, and Sunseeker International founder and president Robert Braithwait cut the ribbon to officially launch the new vessel.

The most striking element of the new design is the main deck glazing. Full height and pillarless, the glazing flows continuously down the sides and around the rear of the saloon, merging with the aft patio doors. This new wrap around glazing gives the main deck accommodation unique uninterrupted floor to ceiling panoramic views and a bright interior.

Along with increased usability of the saloon throughout the day, particularly with the option of side doors and bulwark balcony, other external social areas on the foredeck and flybridge have been revamped with new sunpad and group seating formats. The spacious foredeck has given rise to a new seating and sunpad layout, with a centre companionway providing improved access to social areas. A large carbon-fibre hard topped flybridge deck offers ample room for enjoyment in an area that can be tailored to suit client's needs. From spa tubs to extended sunpads, this area will have endless entertaining options.

Every 28 Metre Yacht will be tailored to its owner's requirements with interior furnishings selected from the 2012

Sunseeker Collection of materials and linings, ensuring that the all new exterior design is maintained throughout the interior. Two individual stairways lead down to four spacious suites, including up to two VIP double staterooms and a full-beam master stateroom. Every cabin incorporates the large window sets now a feature of Sunseeker design.

Throughout, headroom and hull-side storage has been maximised, showing that modern design and practicality go hand-in-hand. The completely new hull provides increased internal volume while still being capable of producing exhilarating performance speeds from a choice of engines.

To learn more about the Sunseeker range visit [www.sunseekerasia.com.hk](http://www.sunseekerasia.com.hk)



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## RIVA TAKES AWARD AT LONDON BOAT SHOW

Riva's new Iseo proved popular with both the public and professionals during the London Boat Show, winning the Performance and Superboat Award for 2012. Following Iseo's world premiere at the Festival International de la Plaisance in Cannes, Riva's latest model has been displayed at the most exclusive and important trade fairs across Europe. She was introduced to the English public for the first time during the London boat show, held in January.

During the boat show, on the evening of Monday 9th January, the Motorboat of the Year Award 2012 was held at London's Savoy hotel. During the ceremony, organised by the

publisher ipc media, the Riva Iseo was awarded the prestigious Motorboat of the Year 2012 award in the Performance & Superboat category.

The Iseo was developed for those who love cruising on both lakes and the sea, and for design enthusiasts. She is also aimed at superyacht owners looking to enhance their vessel with an exclusive tender. Iseo answers the increasing demand for onboard infotainment as she is the first boat in her class to be equipped with an entertainment system and GPS charting based on the Apple iPad platform.


To learn more about the Iseo visit [www.jebesenmarine.com](http://www.jebesenmarine.com) 

## JET TENDERS

Williams Performance Tenders (WPT) has returned from this year's Boot Düsseldorf boat show celebrating their strongest show for three years. Sales were seen across the range, with the new Dieseljet 565 on display to Düsseldorf visitors for the first time, forming the central attraction on the Williams stand.

Mathew Hornsby, Sales Director at WPT, said, "Düsseldorf has been a great show for us this year despite challenging market conditions, drawing an audience of international visitors who

are able to compare a wide range of motor and sailing yachts all in one location. The Dieseljet 565 went down particularly well, with interest from yacht captains and a number of superyacht yards who appreciated the quality fit and finish of this stylish tender. We also had two custom tenders on display during the show - an all-black Turbojet 285 and a grey and cream themed 385 - which were both sold to clients visiting the stand."

To find out more about Williams Performance Tenders visit their Hong Kong Dealer at [www.asiayachtservices.com](http://www.asiayachtservices.com) 





**BENETEAU**

# Sense



Pictures : Gilles Martin-Raget

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## DINGHY SAILING UPDATE

Words and photos by Kevin Lewis, ABC Dinghy Sailing Manager



### March 3 & 4 – Interschool Sailing Festival

This annual event, held off Middle Island, is organized by RHKYC with the support of ABC. Up to 20 school teams compete in a team-racing round-robin format over two days. Last year 99 races were completed during the two days and the winners were South Island School and the HK Sea School. Details on the event here can be found: <http://www.rhkyc.org/hk/Interschool.aspx>

### March 10, 11 & 18 – Laser 2000 Course

An ideal next step after a beginner's course, or perfect for those who may not have sailed a dinghy for some time and want a quick refresher. Day one is mainly revision, including rigging and safety issues; day two focuses on the Gennaker and day three introduces dinghy racing – participants are entered into the scheduled ABC Dinghy Races.

### March 17 & 18 – Hong Kong 29er Nationals

This is the first ever Hong Kong National Championships for this exciting two person high-performance dinghy. Hosted off Middle Island by ABC, expect spectacular sailing from Hong Kong's leading dinghy sailors.

### April 5, 6 & 7 – Laser I Course

Our three day, introductory course on sailing the single-handed Laser I. A great boat, and challenging to sail well, this course will introduce all three rig sizes, boat set up, handling and racing. A highly recommended (and often requested) course so don't miss out!


## J/80 SAILING AT ABC GAINS A FIRM FOOTHOLD

It's very encouraging to see the efforts of the past year really start to pay off. We now have almost a dozen members qualified to hire our club J/80s and the boats are being used more and more. Well done to our own Ah Kee, now a qualified Keelboat Instructor, who will be spearheading an increased number of keelboat activities in 2012.

### J/80 Keelboat Competent Crew Courses


Course 1: March 24, 25 & 31 Course 2: May 1, 5 & 6

The J/80 is a versatile 26-foot keelboat with a recently

established class of over 20 boats in Hong Kong. The Competent Crew Course will teach fundamental keelboat seamanship skills, and is an ideal first step into 'big boat' sailing for those holding an HKSF Level 2 dinghy certificate, or having similar basic sailing skills. If you have attended a Competent Crew Course before, it's also a great way simply to get more experience and logged-sea miles! Great demand exists for these courses, so early applications are advised. Full details of the ABC J/80 sailing programme can be found on our club website under 'Courses'. 

## SUPERVISED SAILING – SATURDAY AFTERNOONS

Open to both youth and adults, Supervised Sailing sessions are designed to offer a reduced cost opportunity to get more practice on the water following the completion of a sailing course. They are also ideal for members who want to go for a

sail, but may not have the confidence to do so alone, or may have forgotten some of the key techniques – or even feel unsure of how to properly rig their boat. Most Saturday afternoons; contact Angela at [SailingSecretary@abclubhk.com](mailto:SailingSecretary@abclubhk.com) to book. 



### April 21 & 22 – RHKYC Middle Island Regatta

This is the Royal Hong Kong Yacht Club's premier dinghy event, and ABC hopes to enter a full team of sailors. Members not currently training in our youth squads may enter, and boats should be booked via our Sailing Secretary. We hope to see a great turnout, especially in the Laser 2000 and RS Feva classes – contact Angela at [SailingSecretary@abclubhk.com](mailto:SailingSecretary@abclubhk.com) to reserve your boat.

### March 18 & April 1 – Club Dinghy Racing

The next two club dinghy races are another great way to get extra time on the water. Jointly organized with RHKYC, we have been seeing growing numbers of boats taking part – all members are invited to join in. First race starts each afternoon at 2.30pm.


### April - June – ABC Adult Learn to Sail Programme

Our monthly programme of beginner dinghy courses starts up again in March. Led by our own Ah Kee, these monthly courses always prove popular and introduce all the fundamentals in a proven and structured manner. Participants will sail Picos and Laser 2000s, and successful students will qualify for a HK Sailing Federation Level 2 Certificate.

April: 15, 21, 22, 28 & 29

May: 19, 20, 26, 27 & 2 June


June: 16, 17, 23, 24, 30

Full details are on our website [www.abclubhk.com](http://www.abclubhk.com) 



## DINGHY RACE TRAINING


An invitation to take your sailing to the next level! March sees many activities back in full-swing and our Race Coach Rory will be working hard coaching our Optimist and High Performance squads. Parents of children who have completed our Junior Sailing Programme are invited to contact Rory to arrange a try-out to join one of our 'training squads'. We will also be

welcoming Markus Wong who will be working with Kevin, our Dinghy Sailing Manager, to stimulate higher levels of participation and racing in Lasers, RS Fevas and Laser 2000s. Although our club teams are mainly youth-focused, we would love to see more adults committing to regular training. Get in touch with Kevin Lewis for more details at [DinghySailing@abclubhk.com](mailto:DinghySailing@abclubhk.com) 

## HKSF RACE MANAGEMENT SEMINAR

14, 15 & 16 March

Hosted by ABC, organised by the Hong Kong Sailing Federation and subvented by the Leisure and Cultural Services Department, this three evening seminar is aimed at providing basic Race Management training to participants who are interested in

learning the background knowledge to organising races. The lecturer will be Mr William Bell, an International Race Officer from Yachting Australia. Further details and applications are available on the HKSF website [www.sailing.org.hk](http://www.sailing.org.hk) 



## WAGLAN 6 Words and photos by Philippe de Manny

**Date:** Sunday, 15 January 2012.

**Start:** 11:00hrs, Deepwater Bay

**Conditions:** NE 6kts mean wind, 300 yards visibility due to heavy fog, and a flowing tide of 1.5m.

These were the conditions just before the start of Waglan 6, it felt like the start of a long, hard day and indeed it proved to be.


Right after the start, under a sudden promising 12kts of wind, all boats rounded the windward mark on Deepwater Bay with *Jailbreaker* closing the leg. The fog was clearing and the wind seemed to be picking up when suddenly the entire fleet ran into a huge wind hole just off Chung Hom Kok and stalled there for half an hour.

Eventually the fleet escaped Deepwater Bay and found reasonable wind until the first mark at Chesterman Buoy. Sadly, the fog came back with a vengeance and visibility dropped to 300 yards in places. By 13:00, I was out looking for the fleet and

planning to shorten the race at Castle Rock, the last mark before the finish. Unfortunately I got there too late as *Red Eye*, the fastest boat on the day, had just rounded it and I had no choice but to let the race carry on.

Of the 18 boats that took the start, only eight finished the race due to bad weather conditions and the many wind holes encountered along the course.

The prize giving took place in the Four Peaks Restaurant for the first time, due to the unexpectedly big turn out and the closure of other outlets. *Kei Lun* took first place in both IRC and HKPN. *Elektra* and *Yacht O* took second and third place respectively in IRC, while *Yacht O* and *Red Eye* took second and third in the HKPN Division.

It should be noted that four J/80's entered the race but only one finished it, namely *FG3* who, in this humble RO's opinion, should receive a prize for perseverance for completing this race. 





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## WAGLAN 7 Words and photos by Philippe de Manny



**Date:** Sunday 12 February 2012.

**Start:** 11:00hrs, Deepwater Bay.

**Course:** 8 (start Deepwater Bay, Chesterman buoy rounding port, ABC mark South of Lamma passing port, Cheung Chau rock rounding starboard, ABC mark passing starboard, Chesterman buoy rounding starboard then finish).

**Conditions:** N-NE wind 10kts, a steady flowing tide 1.2m high until 12:30, with 50 to 80cm waves.


We arrived on Sunday at the usual starting spot in Deepwater Bay with a nice steady wind of 10 to 12kts blowing from the North East. As usual the course selection was the result of a concerted discussion with experienced sailors prior to the race, and was vetted by one of our prominent committee members. After setting the windward mark the flags for course number 8 were raised.

15 yachts joined this race, pretty much all the usual suspects plus two newly acquired yachts who came along to 'stretch their sails' for the first time. They were *Cata Kam Loong*, Jacques Malle's old *Kam Loong* with a new name and new owner, and *Bleu de toi*, a little Archambault surprise bought just the day before by Gegg Daffner and Philip Jeffrey.

Just before the start the wind shifted to full Northerly, putting the windward mark totally out of place. It was swiftly removed, changing the profile of the race from an up-wind start to a reaching start. Before clearing Chung Hung Kok the fleet had already split into two packs which more or less matched the two divisions. This split remained for the whole race, to the disadvantage of the smaller boats that reached Cheung Chau at ebb tide and fell into a hole, denying them any chance to lift the silverware. After rounding Chesterman buoy to port the fleet had two options, one to the South and one more Westerly with the latter proving to be a better, steadier path.

On that particular leg, *The Farr Side* displayed a super goose-wing on the way to Cheung Chau, I'm not entirely sure if it was intentional or due to a problem with the 'blue target' spinnaker usually on show, but it was definitely a good move as she managed to catch up with the faster boats using this technique.

In light of the discrepancy in boat performance, and therefore the big gap between the first and the last yacht, the race was shortened at Chesterman buoy on the way back to the finish. This allowed the maximum number of yachts to finish the race within the allocated time.

In the end the J/80 winner was *FG3*, the HKPN Winner was *Diamond Queen*, and the IRC Winner was *Elektra*. 





# Celebrate at ABC

Planning an office party, function, children's party, wedding, anniversary or get together?

To discuss venue availability, reservations and menu requirements contact Terry Mung, F&B Manager on 2555 6216, or email [fnb@abclubhk.com](mailto:fnb@abclubhk.com)



**Chris Craft Launch 32**  
Heritage edition / Very clean profile / Bow-seater with casual overnight accommodation / Star of the '2012 Miami Boat Show  
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\$ 88,000 / 7,000 lb cap.  
\$ 120,000 / 11,000 lb cap.

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14 Shum Wan Road, Aberdeen, HK.  
Email: [info@rainbow-marine-int.com](mailto:info@rainbow-marine-int.com)  
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## ABC FROSTBITE SERIES RACE REPORT

Words by Bruce Perkins, Photo by Philippe de Manny

This January, ABC introduced a new race series to the Hong Kong calendar specifically aimed at the J/80 fleet, of which ABC now has four boats. The racing was run out of Middle Island, the home base for most of the fleet, and was run over the last four Saturdays in January. The J/80 fleet is used to sailing windward/leeward courses, and while this was catered for within the series we also introduced some different race formats to mix things up and add variety.

### Races 1-3, Saturday 7th January

The first day of racing in the series stuck to the traditional format of standard windward/leeward courses. However, the fleet was encouraged to swap crews for the day so that they had the opportunity to see how things were done on other boats. With the date being close to the Christmas holidays there was never going to be a large entry, however four boats braved the cold weather and enjoyed a good day's sailing with *J Chi* throwing down an early gauntlet, securing three bullets.

### Races 4-6, Saturday 14th January

The second day of racing saw the fleet grow to six boats with several challengers vying with *J Chi* for line honours. Race four went to the Class Secretary Dan Tulberg in *Hakawati* with *Tigrina* coming second, however *J Chi* soon regained control of the series winning the next two races, albeit only by seconds, from *Hakawati*. As with all the races, prize giving was held back at Middle Island where hot mulled wine revived sailor's spirits that might have been flagging due to the cold weather.

### Race 7, Saturday 21st January

The third day of racing for the series was designed as an Islands style course. With a slightly earlier start time of 11:00 a course

was selected from our standard Summer Series courses that would ensure the fleet finished at Po Toi where a class lunch was planned at the popular Ming Kee restaurant. For this race, boats had the chance to race either fully crewed or 'double-handed'. The course took boats out to Chesterman, back to Tai Tam Bay and then out to Po Toi via Castle Rock. With the wind reaching in excess of 20kts the fleet enjoyed an exhilarating sail out to Po Toi, with some interesting broaches along the way as crews got to grips with the large asymmetric sails. Victory went to Rob Tanner's new boat named *Epekwi't'k* with *Hakawati* in second and *JeNa PaBe* (a Waglan Series regular) coming in third. ABC club members Elaine and Stephen just missed the top three with a respectable fourth in their boat *FG3*. A good lunch was had at Po Toi and an informal race back to the clubhouse was arranged. Some boats just can't cruise!

### Races 8-12, Saturday 28th January

The final race day of the series took the format of 'Drag Racing' which is a series of short races that included a windward mark, leeward gate (giving boats the option of a starboard or port rounding) and then a beat back up to the finish boat mid way between the marks. This style of racing typically allows crews to practice multiple starts and to hone their kite hoist and drop techniques within the pressure of a short, tight race. As expected, racing was extremely competitive and at very close quarters. With races lasting no more than 20 minutes, boats were finishing within seconds of each other with everything to play for on the last beat. Overall victory went to *Hakawati*, with *Epekwi't'k* second and *Jelignite* in third place. Prize giving was again held at Middle Island with ABC getting great feedback on their inaugural series for the J/80 fleet. ✨





# Waglan

SERIES

2011/2012

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MARINE

**2011**

27 November  
11 December

**2012**

15 January  
12 February  
26 February  
11 March

25 March  
Re-sail date

Organised by the  
Aberdeen Boat Club  
[www.abclubhk.com](http://www.abclubhk.com)

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## 2012 ABC EASTER YOUTH SAILING PROGRAMME

The Easter school holidays are about the best time to sail with great wind! Easter tends to be our most popular time to sail and as the holiday is only two weeks long most courses, especially our Optimist Junior activities, fill up rapidly, so apply early. As usual full details are on our website, [www.abclubhk.com](http://www.abclubhk.com) and also from Angela at [SailingSecretary@abclubhk.com](mailto:SailingSecretary@abclubhk.com)

Date & Time	Activity	Eligibility	HK\$ Member/ Non-member
<b>Optimist Junior Sailing Programme</b>			
Mon 2 – Fri 6 Apr AM	Optimist Stage 1	Age 7 – 11	800 / 1,064
Mon 2 – Fri 6 Apr PM	Optimist Stage 3	Age 7 – 11. Pass Optimist Stage 2	800 / 1,064
Mon 9 – Fri 13 Apr AM	Optimist Stage 1	Age 7 – 11	800 / 1,064
Mon 9 – Fri 13 Apr PM	Optimist Stage 2	Age 7 – 11. Pass Optimist Stage 1	800 / 1,064
Mon 9 – Fri 13 Apr PM	Optimist Racing Course	Age 7 – 14. Pass Optimist Stage 3	800 / 1,064
<b>Youth Sailing Programme</b>			
Mon 2 – Fri 6 Apr	Improvers HKSF Lev 3	Age 12 – 18. Hold HKSF Beginner L2 with additional experience	2,400 / 3,200
Mon 2 – Wed 4 Apr	RS Feva Introduction	Age 12 – 18. Hold HKSF Beginner L2 with additional experience	1,440 / 1,920
Thur 5 – Sat 7 Apr	Laser I Introduction Course	Age 12 – Adult. Hold HKSF Beginner L2 with additional experience	1,440 / 1,920
Sun 8 Apr	Dinghy Sailing Trip	Age 12 – Adult. Hold HKSF Beginner L2	480 / 640 560 / 750
Mon 9 – Tue 10 Apr	RS Feva Gennaker Sailing	Age 12 – 18. Pass RS Feva Intro	960 / 1,280
Mon 9 – Fri 13 Apr	High Performance Advanced Skills, HKSF Level 4	Hold HKSF Level 3 & 1 year of sailing since	2,400 / 3,200
Mon 9 – Thur 12 Apr	ABC Intro to High Performance Sailing	Pass HKSF Level 3	1,920 / 2,560
Mon 9 – Fri 13 Apr	Beginners HKSF Lev 1 & 2	Age 12 – 18	2,400 / 3,200
<b>Youth Windsurfing Programme</b>			
Mon 9 – Tue 10 Apr	Basic & Intermediate Windsurfing	Age 9 – Adult	960 / 1,280
Wed 11 – Thur 12 Apr	Advanced Windsurfing	Age 9 – Adult. Pass Intermediate level	960 / 1,280
Fri 13 Apr	Windsurfing Practice day	Age 9 – Adult. Pass Junior Basic	480 / 640

## FRENCH INTL SCHOOL MID-TERM BREAK SAILING

This year, ABC is offering additional courses to coincide with the FIS mid-term break in May. Further details and application forms are available on our club web site.

Date & Time	Junior Course	Activity	Eligibility	HK\$ Member/ Non-member
Mon 21 – Fri 25 May AM	✓	Optimist Stage 1	Age 7 – 11	800 / 1,064
Mon 21 – Fri 25 May PM	✓	Optimist Stage 2	Age 7 – 11 Pass Optimist Stage 1	800 / 1,064
Mon 21 – Fri 25 May PM	✓	Optimist Introduction to Racing Course	Age 7 – 14 Pass Optimist Stage 3	800 / 1,064
Thur 24 – Fri 25 May		2 day Topper / Pico / RS Feva Supervised Practice	Age 12 – 18 Hold HKSF Beginner L2	960 / 1,280
Thur 24 – Fri 25 May		Basic & Intermediate Windsurfing	Age 9 – Adult	960 / 1,280







# Solving Mysteries

a technical report on the waglan mini series and scoring system.

Words and photo by Philippe de Manny, with thanks to the COAHK and HKSF.

To start with, a few words on sailing management for the non-initiated. The two scoring systems we use for most of our cruiser races use a similar format. Results are calculated using the IRC, a system of handicapping racing sailboats managed by the Royal Ocean Racing Club (RORC), in the United Kingdom. The rating calculation is done by measuring the boat; her length, weight, draft, sail area, etc. The result of this measurement, and the application of a 'secret formula', gives each boat her Time Corrector ratio.

The other handicap system used by our Club is the Hong Kong Pin Number, also known as the HKPN, managed by a section of the Cruiser Owner Association. This system is based on the Royal Yachting Association's Portsmouth Yardstick System (PYS). There is no measurement of boats this time but an accepted boat and crew performance calculated again by computer which gives a performance number (PN) for each yacht. This rating changes as the performance and results of the boat and its crew changes.

While still on this rating system, a mark of appreciation must be given to the HKPN committee for their splendid work on adjusting our local ratings after each race that every club runs. With such a busy Hong Kong sailing calendar, the amount of hours spent doing this work is colossal and requires dedication and passion for the sport.

After a race, each boat's elapsed time (the time she has taken to complete the course) is multiplied by her IRC or HKPN rating, which gives her corrected time. The boat with the shortest corrected time is the winner of the race.


Now that the uncertainty over result calculations has been resolved, let's look at our Club's premier competition scoreboard for the first half of the series.

The Waglan Series is composed of 10 races, of which only two can be disregarded for the overall results. Over the course of the whole series two other 'competitions within the competition' are running, called the mini series. After the first five races are completed the first mini series results are calculated. The same applies to the second mini series of the Waglan series.

Only one race can be disregarded for these mini series. The principle is very simple; a boat finishing first on a race scores 1 point, the second 2 points and so on. If a boat does not finish the race her score will be the number of boats participating in this race plus one. For example, on a race of 15 yachts if one boat cannot complete the race or retires her score will be 16. After five races a mini series result is calculated by adding all the five scores and removing the worst score.

The first Mini Series last year was taken by *Redeye* in HKPN with *Yacht O* and *The Farr Side* as first and second runner up, while *Elektra* led the IRC followed by *Red Eye* and *Yacht O*, but this year it looks like the competition has new leaders with *Yacht O*, *Crystal* and *Kei Lun* for the HKPN and *Elektra*, *Kei Lun* and *Red Eye* in IRC.

*Kei Lun* seems to be bringing a serious challenge for the usual top racer, but remember last year *Chota Scye* came from bottom to top and won the series overall. Nothing is over until the last race, and the more races you do the more chances you have to take the big title.

If anyone is not familiar with our racing scene and is interested in seeing these boats in action, or learning about race management, I would be more than happy to take you on board the Committee Boat on a Sunday and share with you the excitement of being a Race Officer. 





# ABC Christmas & New Year Festivities

Good food, good company, good times at the ABC.











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25  
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A2

DM





# Aberdeen Boat Club Four Peaks Race

Words by Elaine Morgan | Photos by Philippe de Manny, Barry Hill & Eric Bouveron





The West Island School Scouts (28th) camped up on Violet Hill to run the Four Peaks checkpoint there. As soon as the sun went down, the wind and the chill came in and we started putting on layers of jackets and trousers as the night went by. We had great fun chatting to the runners as they showed us their necessary things. Some of the runners gave whisky to our Scout leader Michiyo Ross. However I don't think that she could finish three bottles! Despite the darkness and the freezing wind, we kept cheery, and we hope to do it next year, as it was great fun!

Lucy Ross (28th Scout)







The Aberdeen Boat Club 4Peaks Race is one of the toughest events on Hong Kong's sporting calendar. Eighty challenging sea miles, four rugged peaks for a total of 2,422m ascent, and the winter weather all combine to make this race a world renowned extreme sports challenge.

This year the defending champion was *Wicked*, skippered by Tristan Stewart. Hot contenders, *Red Kite II* (Olivier Descamps), *Whiskey Jack* (Nick Southward) and *Blackjack* (Glenn Smith), were out to snatch the top prize as the fleet got away at 11:00 on Saturday, 4 February, in a brisk breeze from the start in Tai Tam Bay. Dark horse *Circus* (Angus Harris), new to the race and well out in the lead as the yachts passed Cape d'Aguiar, was another to watch.

But *Blackjack* was already on the way to winning as they reached Ma On Shan. They had a killer app. Unseen by the others, they launched a kayak and runners Daniel Brown and Pierre Arnaud Lemagnan streaked ashore while the leading boats struggled with almost no wind. Even flying spinnakers to within metres of their chosen landing points could not get *Wicked* or *Red Kite's* runners ashore fast enough to regain the lead.

Through the long, testing hours ahead, the wind dropped as Violet Hill and Lantau Peak were ticked off the list. Still *Blackjack* held on to its lead. Then, just south of Cheung Chau at 03:00 on Sunday morning, they parked up for 50 minutes. No wind.

*Red Kite II* reeled them in and hit the beach for Lamma Island's Mt Stenhouse just 10-15 minutes behind them. *Wicked* was just five minutes away. At the finish, one and a half intense hours later, *Blackjack's* once seemingly unassailable 53 minute

lead was down to just seven and they had just missed a clean sweep of the three top prizes. The premier IRC Handicap prize was snatched by *Red Kite II*. *Blackjack* took line honours and the HK Performance Handicap prizes. *Wicked* took 3rd place, cementing a three year record of a top three place.

In the B Division for the smaller, slower and older boats, 49 year old *Koala* had to retire when rough seas opened some of the seams between the planks of her hull. That left a battle between relative newcomer *Banter* (Rob Sallons) and seasoned campaigner and long term champion *Rhapsody* (Jack Ng Wing Hung). *Banter* took an early lead and held onto it through Violet Hill, Mt Stenhouse and Peak 300 at Hok Tsui to the finish. It wasn't enough to hold off *Rhapsody* on handicap, so the little Sonata 8 took the B Division trophy – back on a winning streak after last year's retirement following gear failure.

Herman Wong, first-time Four Peaks skipper of *Fuzzy Duck* dealt with many problems, including hitting a rock, but finished the race at 17:50, the last boat home. For this he wins the Fiddlers Folly Flask, given by Race Officer, Stephen Davies in 1986. Herman said, "It seemed impossible for us to finish in time, then we heard we could keep going till 19:00. That was the greatest news. All the clouds above us cleared."

The prize giving party, held at ABC on Friday 10 February, was well attended and enjoyed by all. The usual banter and race stories were, as expected, peppered with challenges for next year's race. And so, with grudge matches set and the beginnings of race tactics starting to take shape, preparations for the next ABC 4Peaks Race started anew.

# RESULTS OF THE FOUR PEAKS RACE

Yacht	Corrected Time	Place
<b>Division A HKPN Results</b>		
Blackjack	22:58:57	1
Red Kite II	23:57:08	2
Wicked	24:32:33	3
Kei Lun	26:48:03	4
Darling	27:16:49	5
Whiskey Jack	28:35:42	6
The Farr Side	29:52:16	7
Brizo	30:17:36	8
Tardis	30:22:42	9
Fuzzy Duck	30:26:40	10
Circus	30:34:28	11
Red Kite	RTD	
Legende	RTD	
Sowulo	RTD	
<b>Division B Results</b>		
Rhapsody	15:33:40	1
Banter	16:11:56	2
Koala	RTD	

Yacht	Corrected Time	Place
<b>Division A IRC Results</b>		
Red Kite II	20:23:25	1
Black Jack	21:14:04	2
Wicked	21:36:20	3
Whiskey Jack	24:31:59	4
Kei Lun	24:42:04	5
Circus	26:39:05	6
Darling	26:49:11	7
The Farr Side	27:36:12	8
Brizo	28:59:40	9
Red Kite	RTD	10
Legende	RTD	11
Sowulo	RTD	12



4PR HKPN Blackjack



4PR IRC Winer Red Kite II

## DEVELOPMENT COMMITTEE UPDATE

Further to the Commodore's letter in the Jan/Feb issue of Horizons and the club's commitment to keep members informed, the following progress has been made in relation to the Middle Island redevelopment project. As mentioned the club is now deep in a period of consultations, documentation and planning.

A "Government Task Group" has been set up to do the following:

- Commence dialogue with the District Lands Officer and review provisional plans for the Middle Island redevelopment.
- Investigate the recruitment of 3rd party team members to assist with all required Government submissions and documentation
- Update the Development Committee and General Committee on progress, issues and revised time lines.

As the club moves along with the process, the Development Committee will post findings for members in

Horizons, by email and on the club website. More detailed designs will follow on from Government feedback, Committee feedback and Member feedback.

In the short term the Development Committee is looking at modest functional enhancements to the changing rooms and lavatories situated on Middle Island to assist with the current level of usage. This is likely to take place after Easter, and an update will be included in the next issue of Horizons.

Finally, the Development Committee welcomes comments from all members and volunteers. Please feel free to let us know in your email your particular interests and your ability to volunteer to help us improve Middle Island.

Thank you.

David Tait  
Development Committee





## COCKTAIL & MOCKTAIL OF THE MONTH

### Green Ginger Spritzer

Green Ginger Wine, Fresh Lemonade, Fresh Ginger  
\$40

### Green Tea Latte

Japanese Green Tea, Fresh Milk  
\$32



Aberdeen Boat Club 香港仔遊艇會



# yoga for beginners

Stretch your back, sharpen your focus

- Easy-to-manage yoga poses to stretch your back, realign your spine and tone your muscles
- Holistic health: treat your body to the best exercise, from the outer muscles to the inner organs
- Practical breathing techniques to relax and focus

**Date:** March 7, 14, 21 & 28 (Weds)

**Time:** 10-11:15 am

**Venue:** Harbour Room

**Fee:** \$800 for 4 sessions and \$220 for single visit

## Teacher: Higy Fung

Experienced Registered Yoga Teacher 500 with Yoga Alliance, USA



## CHEF'S RECOMMENDATION

### Starter

Twins Soup – Lobster and wild caught South China Sea Urchin Soup | \$58

Dill Salmon Gravlax with Salad | \$78

### Main course

16oz Prime Ribs with Baked Potato and Tomato Salad | \$198

Navarin Braised Lamb Flanks with Turnips and Pearl Onions | \$138

Shrimp and Garoupa Stew with Orange Saffron | \$168

Braised Chicken with Rosé Wine and Mushroom Stew | \$128

Roasted Venison Rack with Lyonnais Potatoes and Cauliflower | \$198

### Dessert

Honey glazed Roselle stuffed with Cheese and Tomato | \$48

Chocolate Pecan Pie | \$48

Vanilla, Chocolate, Mango or Strawberry Soufflé | \$48  
(Around 20 minutes cooking time)



Aberdeen Boat Club 香港仔遊艇會

## OUT WITH THE OLD, IN WITH THE NEW

The new look Coffee Shop is modern, open and spacious with clean lines and a stylish colour palette.



## ON A SADDER NOTE



On the same evening as the staff promotions were announced we also said a poignant farewell to four long serving and popular staff members, two from the restaurant and two kitchen staff.

Martin Yu has been with us for 15 years and is a familiar face to generations of Club members. Andy Tsui, who despite being at the Club for just two years is loved by kids and parents alike. The renowned Chef Singh who has been part of the ABC family for 14 years and whose Indian cuisine has been the source of interclub bragging rights for many years, and Coffee Shop Senior Chef Choi Pui Key, who has been delighting Club diners for 15 years.

All four of them have joined forces to open their own restaurant near Sheung Wan called 'Peel 35 Café'. I am sure you can figure out the address. I speak for us all when I wish them all the very best in their endeavours. I would also like to encourage you all to visit them often to help support this brave new venture.

Philippe de Manny  
GM





# \$15

## OYSTER PROMOTION

Date: Every Wednesday Evening  
Venue: The Four Peaks Restaurant

Freshly shucked imported Oysters at \$15 each  
Served with homemade Mango Salsa, Tomato Salsa and  
Shallot Vinaigrette, or simply on their own.

So make your reservation now as only a limited number of oysters  
are available each night. For reservations please call the Four Peaks  
Restaurant on 2553 3422.



Aberdeen Boat Club 香港仔遊艇會



## SEAFOOD & STEAK BBQ NIGHT

Date: Friday, 30 March 2012  
Time: 6:30pm to 9:30pm  
Venue: The Patio

Rock Oysters, Prawns, Scallops and  
Angus Rib-eye Steaks from the barbecue.

**\$298 per adult & \$188 per child 3-12 years**

All drinks charged to member's account.



Aberdeen Boat Club 香港仔遊艇會



## HOT POT EVENING

Date: Saturday, 10 & 24 March 2012  
Time: 6:30pm to 9:00pm  
Venue: The Patio

Warm up with this steaming hot winter treat.

**\$168 per adult & \$88 per child 3-12 years**

All drinks charged to member's account.



Aberdeen Boat Club 香港仔遊艇會



## LAMB ON A SPIT EVENING

Date: Friday, 16 March 2012  
Time: 6:30pm to 8:30pm  
Venue: The Patio

All you can eat tender juicy whole  
Australian Lamb on a spit with Salad Bar.

**Only \$188 per adult & \$118 per child 3-12 years**

Free premium English ale tasting, all other drinks charged to  
member's account. For reservations please call the Coffee Shop  
on 2554 9494.



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## HOME WINE DELIVERY MARCH 2012

	Bottle \$	Quantity	Amount
<b>Wines</b>			
<b>Gancia P. Rosé Oltrepò Pavese – Italy</b> This pinot nero varietal wine features a wide, intense bouquet with hints of rose, cherry and fresh yeasts. Dry, with a fresh acidity, good structure and a floral, plum aftertaste.	\$110		
<b>Gavi di Gavi DOCG Villa Sparina 2010 – Italy</b> This classic Gavi is soft and fruity, with an apple, cream and honey character. Medium bodied with a bright citrus acidity it enjoys a medium finish of lemon skin and straw flavours.	\$205		
<b>Château Talbot 2005 Saint-Julien – France</b> A strong effort for Talbot, the 2005 is showier and more forward than most wines of this vintage. While there is plenty of tannin, it is sweet and well-concealed behind an intriguing bouquet of sweet herbs, liquorice, smoked game, black currants, and cherries. This fleshy, medium to full-bodied St.-Julien exhibits a silky sweetness to its texture and tannins.	\$730		
<b>Château Bellefont-Belcier 2004 Saint-Emilion – France</b> A sleeper of the vintage, this impressive St.-Emilion, made by Dominique Hébrard, exhibits a pure nose of red and black fruits intertwined with spice box, dried herbs and subtle wood. Medium-bodied, beautifully concentrated and pure with good acidity as well as ripe tannin, it should drink well for 12-15 years.	\$635		
<b>Volnay 1er Cru “Les Santenots” 2006, Lupé-Cholet – France</b> This high quality pinot-noir boasts notes of red fruit (strawberries and red currants), hints of rosé and is slightly woody. It is well-balanced and fleshy with a great body of noble tannins.	\$480		
<b>Barolo 2007, Massolino – Italy</b> Redolent of perfumed, sweet fruit, violets, spices, tar, new leather, menthol and herbs, this medium-bodied, firm Barolo offers outstanding elegance and purity. It is a terrific effort at this level.	\$440		
<b>Barbera del Monferrato DOC Villa Sparina 2008 – Italy</b> Scents of black cherries, mint, pepper and vanilla give this wine a wide and profound nose. It is elegant in the mouth, full-bodied, rich and delicate and has a medium length, fruity aftertaste.	\$185		

Member Name: _____	Membership Number: _____
Tel (Office): _____	Tel (Home): _____
Delivery Address: _____	
Delivery Date: _____	Member Signature: _____

Minimum order 12 bottles. Mixed cases available.

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 2555 6216 or Fax: 2873 2945.

Free Delivery for orders over HK\$1,200. Please allow 3 working days for delivery.

All wines are subject to availability.

## Wine Tasting

All of the above wines will be available for free tasting at the Galley on Saturday 10 March from 6:00pm.







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**Available now at the ABC Club Shop**





They say that the only constant in life is change. The Galley won't be the same following the departure of Chef Choi, Chef Singh, Martin and Andy. They all helped to create the friendly atmosphere and quality fare that we have enjoyed for years, and were proud to share with our friends and guests. The renovation of the Galley itself underscores this, and seems to make their loss more poignant. Of course, saying goodbye to the familiar and welcoming the new is a part of life, and talent must be allowed to flourish. We can all visit them at their restaurant and play a small part in their new adventure.

At this time of year we tend to think that

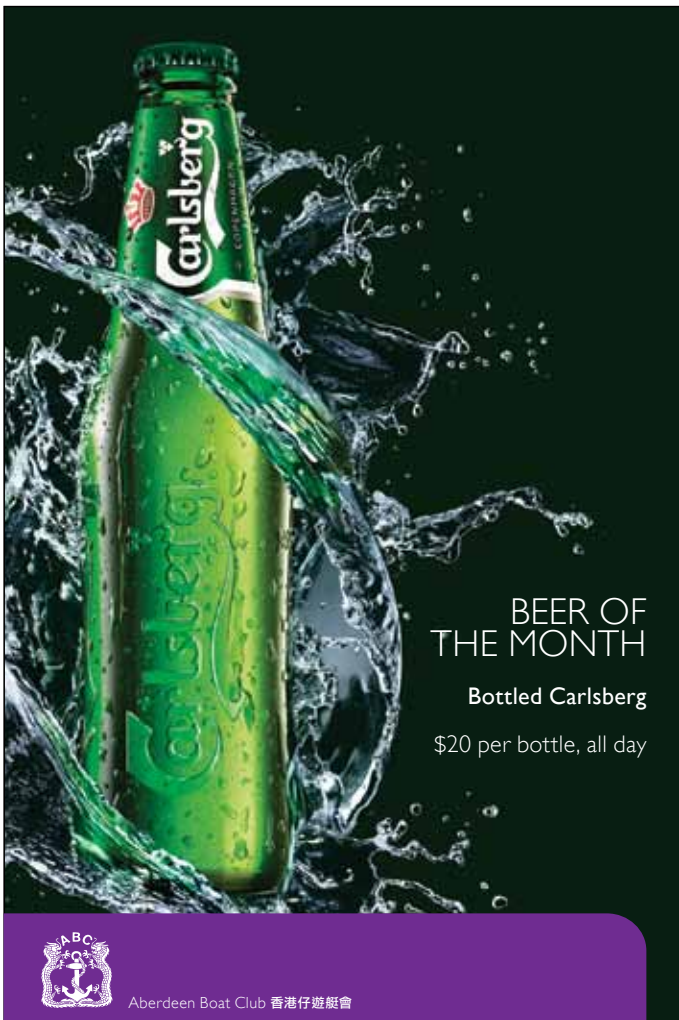
the stronger, more reliable NE monsoon winds will generally make sailing better. Be aware however that while the wind may be more predictable, the water has become very chilly. An MOB could very well be hypothermic by the time you get them back on board and knowing what to do is vital. Why not check out [www.firstaidplus.com](http://www.firstaidplus.com) for details of their boat focused first aid courses. At least two people aboard should be trained in first aid, as sod's law dictates that if only one person knows what to do they will be the one who goes over the side.

This month's quote is for the hardy souls who competed in this year's ABC 4PR. Well done and we'll see you again next year.

**“People sail for fun and no one has yet convinced me that it's more fun to go slow than it is to go fast.”**


– Dick Newick

## PUGWASH



**BEER OF THE MONTH**

Bottled Carlsberg  
\$20 per bottle, all day



Aberdeen Boat Club 香港仔遊艇會



**WINE OF THE MONTH**



**2010 Umani Ronchi Passetto**  
Trebiano Chardonnay  
\$32/glass \$150/bottle



**2010 Umani Ronchi Podere**  
100% Montepulciano  
\$32/glass \$150/bottle



Aberdeen Boat Club 香港仔遊艇會





## How to solve the Questions of Class

325   355   385   <sup>New</sup> 415   **445**   495   545   630e

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