

Aberdeen Boat Club Limited

SWIMMING GALA - SATURDAY 8th April 2023

Please return the completed form to the office no later than Tuesday 4th April 2023

Name: _____ A/C No.: _____

Child's Name: _____ Age: _____ Sex: _____

Please tick as appropriate. If additional forms are required, please obtain a photocopy or pick one up from the Office. Heats will be held where necessary and finals will be inserted into the programme. BOOK THROUGH BOOKING@ABCLUBHK.COM

1. Boys & Girls	4 years & under	(1 width) with kickboard	[]
2. Boys & Girls	6 years & under	(1 width) with kickboard	[]
3. Boys & Girls	4 years & under	1 width (no swimming aids	[]
4. Boys & Girls	6 years & under	1 width i.e. no armbands)	[]
5. Boys & Girls	5 years & under	1 length front crawl	[]
6. Boys & Girls	6 to 8 years old	1 length front crawl	[]
7. Boys & Girls	9 to 12 years old	1 length front crawl	[]
8. Boys & Girls	5 years & under	1 length breast stroke	[]
9. Boys & Girls	6 to 8 years old	1 length breast stroke	[]
10. Boys & Girls	9 to 12 years old	1 length breast stroke	[]
11. Boys & Girls	5 years & under	2 lengths front crawl	[]
12. Boys & Girls	6 to 8 years old	2 lengths front crawl	[]
13. Boys & Girls	9 to 12 years old	2 lengths front crawl	[]
14. Boys & Girls	5 years & under	2 lengths breast stroke	[]
15. Boys & Girls	6 to 8 years old	2 lengths breast stroke	[]
16. Boys & Girls	9 to 12 years old	2 lengths breast stroke	[]
17. Boys & Girls	9 to 12 years old	1 length backstroke	[]
18. Boys & Girls	9 to 12 years old	2 lengths backstroke	[]
19. Boys & Girls	6 years & under	Rubber Ring Race	[]
20. Boys & Girls	9 years & under	Rubber Ring Race	[]
21. Boys & Girls	12 years & under	Rubber Ring Race	[]

Medley (1 length butterfly, backstroke, breast stroke, front crawl)

22. Girls	6 to 8 years old	[]
23. Boys	6 to 8 years old	[]
24. Girls	9 to 12 years old	[]
25. Boys	9 to 12 years old	[]

Family Relay Race – 2 parents/2 children (1 length each) []

The Gala will start at 11:00 a.m.; the prize giving will be held after the competition.

Entries are HK\$50.00 for each event entered.